
October 2026 Newsletter Eva Nansen Lodge 46 no

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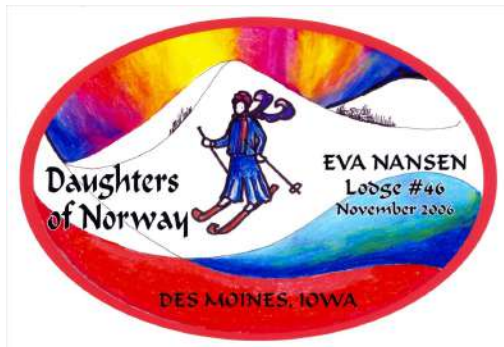
Lee Ann Bakros, Communications chair <don.eva.nansen.lodge46@107948566.mailchimpapp.com>

Sun, Oct 4, 2026 at 8:30 PM

Reply-To: don.eva.nansen.lodge46@gmail.com

To: Kirsten <dofnorway@gmail.com>

October 2026 Lodge Newsletter



What's inside:
Christkindlmarket
program; September
photos; Taste of
Norway; & more!

Programming



October Meeting, Tuesday, Oct. 6, 2026

6:30 PM: Social time

7:00 PM: Program followed by business meeting

Where: Faith Lutheran Church, 10395 University Ave, Clive

Program: Christkindlmarket history and highlights

Christkindlmarket founder and director Suzanne Hull will talk about the annual event.

Upcoming Meeting Dates

- Dates: Meetings are the 1st Tuesday of the month except November which is on the 2nd Tuesday. There are no meetings in June and July but June will have an activity.
- Times: 6:30 PM Social, 7:00 PM Program followed by a Business Meeting
- Location: Faith Lutheran Church, 10395 University Ave, Clive

All programs are on our Facebook page so you can share the events with interested friends.

Upcoming 2026 Programs

- Oct. 6, 2026: Christkindlmarket Des Moines History and Highlights by Suzanne Hull, founder/director
- Nov. 10, 2026 (note this is the 2nd Tuesday due to the election): Eva Nansen Lodge #46 20th Anniversary Celebration

- Dec. 1, 2026: Christmas Potluck

If you missed our September meeting, here's what you missed.

Lodge sisters shared recipes for Scandinavian sweets and tricks for baking. Recipes are available on the lodge's website.





Countdown: 13 Days to Taste of Norway

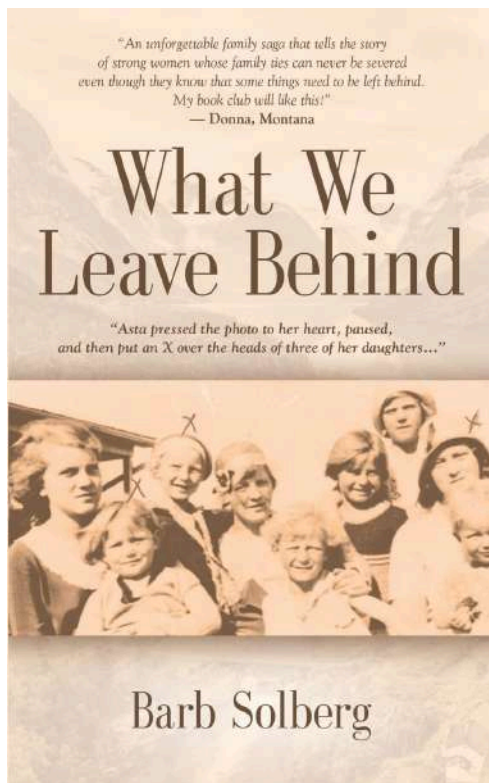


Taste of Norway

Saturday, Oct. 17, from 9:00 AM-3:00 PM

Valley High School, 3650 Woodland Ave, West Des Moines

Scandinavian Book Club



Our Scandinavian book club will meet at 2:00 PM on Sunday, Nov. 15, at the Johnston Public Library, 6700 Merle Hay Rd, to discuss *What We Leave Behind* by Barb Solberg.

NOTE THE CHANGE IN LOCATION

The book club is open to members and non-members, and meets every other month at 2:00 PM on the third Sunday of the month. We are exploring possible new locations now that Des Moines Public Library is closed on Sundays.

- Nov. 15, 2026: *What We Leave Behind* by Barb Solberg

Direct questions and suggestions to [Lee Ann Bakros](#).

2027 Book Club Dates & Titles

Jan. 17, 2027: *The Weaver and the Witch Queen* by Genevieve Gornichee

Mar. 21, 2027: *Kristin Lavransdatter: The Bridal Wreath* (book 1 of the Kristin Lavransdatter series) by Sigrid Undset

May 16, 2027: *Heritage of Darkness* by Kathleen Ernst

July 18, 2027: *Norse Mythology* by Neil Gaiman

Sept. 19, 2027: *The Bell in the Lake* by Lars Mytting

Nov. 21, 2027: *Snowblind* by Ragnar Jonasson

October Birthdays

Happy birthday from your lodge Sisters to you!



Michelle Henderson

Carol Lunde

Diana O'Leary

Cynthia Prior

Donna Ragner

Stacy Simonsen

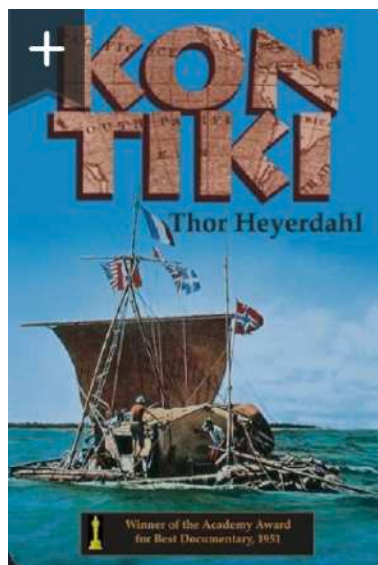
May your birthday and every day be filled with the warmth of sunshine, the happiness of smiles, the sounds of laughter, the feeling of love, and the sharing of good cheer.

Norwegian Minute



Vesterheim Bokprat

Vesterheim hosts a monthly Norwegian-American bokprat, or book club. This free, online discussion is facilitated by Luther College Nordic Studies professor Dr. Maren Johnson. The discussions are often recorded and available on the museum website. Upcoming discussions, 7:00-8:15 PM, are *The Wild Duck* by Henrik Ibsen on Oct 28, *Lady from the Sea* by Henrik Ibsen on Nov. 11, and *The Bell in the Lake* by Lars Mytting on Dec. 16. [Click here for upcoming events.](#)



Our book club read Thor Heyerdahl's *Kon Tiki* last month and found it to be a real-life Indiana Jones adventure. The 1950 documentary by Heyerdahl won an Oscar. A 2012 theatrical film from Norway based on the documentary was a Best Foreign Language Oscar nominee. Both films are available for free on a variety of streaming services including Kanopy and are available for a small fee on Prime. The theatrical film has an English language version; each scene was shot twice, once in Norwegian and once in English.

Lodge Lending Library

Did you know your lodge has a lending library? We have more than 50 titles including fiction, mystery, mythology, children's books, history, rosemaling and hardanger designs, cookbooks, and travel booklets. We even have language and music CDs, a travel DVD, and a puzzle!

Each month, librarian Naomi Payer brings the items to the meeting so you can pick something out to take home.

[Click here to see our list of items.](#)

Want to check out an item or donate your item to the lending library? See [Naomi Payer](#) at one of our monthly meetings.

Bits and Pieces

1. Email November **newsletter articles** no later than Friday, Oct. 23, to [Lee Ann Bakros](#)
 2. **If you know of a Sister who is ill, having surgery, or experiencing other health issues**, inform Sunshine Chair [Alexa Mitchell](#).
 3. Take a moment to LIKE us on [Facebook](#) and see what is happening.
 4. View our [Daughters of Norway's Lodge webpage](#). Members can sign in through the Members Page. The username and password is in our monthly lodge minutes. Contact [Ann Hanigan Kotz](#) for access to our lodge's private, member-only website.
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Eva Nansen Lodge #46 2026 Officers

2026 Officers

President: Ann Hanigan Kotz

Vice President: Sheryl Farrand

Judge: (vacant)

Secretary: Kay Sacquitne

Financial Secretary: Danette Kobolt

Treasurer: Ann Campbell

Cultural Director: Rebecca Butler Mona

Marshall: Carol Lunde

1-year Trustee: Bev Rosenbeck

2-year Trustee: Irene Simonsen

3-year Trustee: Vanna Johnson

2026 Non-elected Positions

Communications: Lee Ann Bakros

Greeters: Cheryl Newsom, Lois Wergeland

iPad coordinators: Carol Lunde, Michelle Henderson, Mandy Kubik

Librarian: Naomi Payer

Musician: Lee Ann Bakros

Scribe: Lisa Hamilton

Sunshine: Alexa Mitchell



2026 Eva Nansen Lodge Officers: Vanna Johnson, Rebecca Butler Mona, Kay Sacquitne, Ann Hanigan Kotz, Danette Kobolt, Sheryl Farrand, Carol Lunde, Bev Rosenbeck, Irene Simonsen; not pictured Ann Campbell

About Eva Nansen



Lodge 46 was named in honor of famous Norwegian romance opera singer, Eva Helene Sars Nansen (born Dec. 17, 1859 in Christiania, Akershus, Norway, and died Dec. 9, 1907 in Lysaker, Bærum, Akershus, Norway).

Eva was the youngest of 21 children of Michael Sars and Maren Cathrine Welhaven. At age 28, she left for Berlin to study opera with a contemporary of Tchaikovsky. Eva knew Norwegian composer Edvard Grieg and she performed his music beautifully.

Eva was relatively short but very athletic and became a pioneer in mountain and cross-country skiing. She was a smart and practical woman and realized the need for women to stop wearing only dresses while practicing the sport. Thus, she became the first woman in Norway to wear “trousers” while skiing!



Eva married ski pioneer, famous Norwegian explorer and scientist, Fridtjof Nansen on Sept. 6, 1889. They were a very “modern” couple, both continuing their individual vocations after their marriage. Eva not only continued to sing in operas at home and in other parts of Europe and Scandinavia, but she also gave lessons when at home.

At the age of 49 (1907), Eva sang a final concert in a well-received performance in London. Not long afterwards that same year, Eva died suddenly of pneumonia. That left her husband a widower with five relatively young children to raise: Liv (14), Kåre (10), Irmelin (7), Odd (6), and Åsmund (4).



Share



Share

Lodge president Ann Hanigan Kotz shared stories of notable Norwegian women.



This is your official Eva Nansen Lodge 46 Newsletter emailed the first of each month to all Sisters.

STAY SUBSCRIBED.

All Sisters are welcome to submit news articles and photos to editor [Lee Ann Bakros](#).

Our email address is: don.eva.nansen.lodge46@gmail.com

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