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## September 2026 Newsletter Eva Nansen Lodge 46 no

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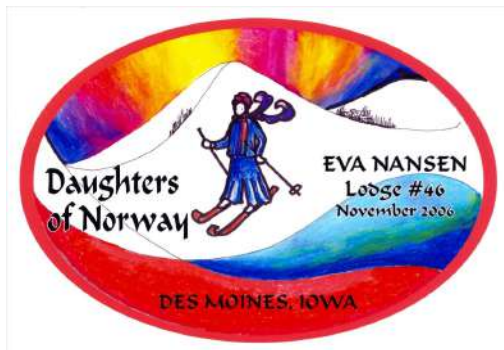
**Lee Ann Bakros, Communications chair** <don.eva.nansen.lodge46@107948566.mailchimpapp.com>

Fri, Aug 28, 2026 at 9:20 PM

Reply-To: don.eva.nansen.lodge46@gmail.com

To: Kirsten <dofnorway@gmail.com>

## September 2026 Lodge Newsletter



What's inside:  
Norwegian Goodies  
program; August  
photos; & more!

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## Programming



## **September Meeting, Tuesday, Sept. 1, 2026**

**6:30 PM:** Social time

**7:00 PM:** Program followed by business meeting

**Where:** Faith Lutheran Church, 10395 University Ave, Clive

### **Program: How to Bake a Variety of Norwegian Goodies**

Sisters will share tips and hints on baking a variety of Scandinavian cookies.

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### **Upcoming Meeting Dates**

- Dates: Meetings are the 1st Tuesday of the month except November which is on the 2nd Tuesday. There are no meetings in June and July but June will have an activity.
- Times: 6:30 PM Social, 7:00 PM Program followed by a Business Meeting
- Location: Faith Lutheran Church, 10395 University Ave, Clive

All programs are on our Facebook page so you can share the events with interested friends.

### **Upcoming 2026 Programs**

- Sept. 1, 2026: How to Bake an Assortment of Norwegian Goodies by lodge members
- Oct. 6, 2026: Christkindlmarket Des Moines History and Highlights by Suzanne Hull, founder/director
- Nov. 10, 2026 (note this is the 2nd Tuesday due to the election): Eva Nansen Lodge #46 20th Anniversary Celebration

- Dec. 1, 2026: Christmas Potluck
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**If you missed our August meeting, here's what you missed.**

Lodge president Ann Hanigan Kotz shared stories of notable Norwegian women.



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**Save the Date: Taste of Norway**



## Taste of Norway

Saturday, Oct. 17, from 9:00 AM-3:00 PM

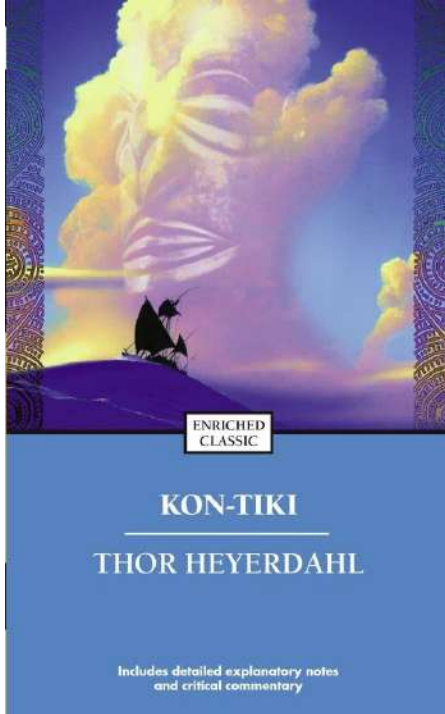
Valley High School, 3650 Woodland Ave, West Des Moines

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## Scandinavian Book Club

Our Scandinavian book club will meet at 2:00 PM on Sunday, Sept. 20, at the Franklin Avenue Library, 5000 Franklin Ave, to discuss *Kon Tiki* by Thor Heyerdahl.

At the September meeting, we'd like to pick books for 2027. [Click here for a list of potential titles.](#) Books already suggested for 2027 include *Heritage of Darkness* by Kathleen Ernst, *The Bell in the Lake* by Lars Mytting, *My*



*Friends* by Fredrik Backman,  
and *Storyteller: The Authorized  
Biography of Roald Dahl* by  
Donald Sturrock.

The book club is open to  
members and non-members,  
and meets every other month at  
2:00 PM on the third Sunday of  
the month at Franklin Avenue  
Library.

- Sept. 20, 2026: *Kon Tiki*  
by Thor Heyerdahl
- Nov. 15, 2026: *What We  
Leave Behind* by Barb  
Solberg

Direct questions and  
suggestions to [Lee Ann  
Bakros](#).

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## September Birthdays

Happy birthday from your lodge Sisters to you!

Lois Wergeland

Christy Wilkins

*May your birthday and every  
day be filled with the warmth of  
sunshine, the happiness of  
smiles, the sounds of laughter,  
the feeling of love, and the  
sharing of good cheer.*



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## Norwegian Minute



HM King Harald V

1937 - 2026

It is with deep grief that we announce that His Majesty King Harald has passed away. King Harald died peacefully at Oslo University Hospital Rikshospitalet Friday 28 August at 6:35 AM.



## Norway's Royal Family

Crown Prince Haakon, 53, became King Haakon VIII when his father, King Harald V, died Friday, Aug. 28, at the age of 89. Haakon adopted the motto "All for Norway" that dates back to his great-grandfather. His wife became Queen Mette-Marit and his oldest child became Crown Princess Ingrid Alexandra and heir to the throne. Haakon's mother became Dowager Queen Sonja.

As King Harald aged and his health failed in recent years, then Crown Prince Haakon stepped in as the country's regent on several occasions. King Haakon's tasks will include stabilizing Norway's monarchy and boosting the royal family's popularity after his wife's past contacts with Jeffrey Epstein, his stepson's rape conviction, and his sister's marriage to an American shaman and healer. In 2022, Norway's *Dagbladet* newspaper showed 68% of poll respondents wanted to keep the monarchy, down from 81% in 2017.

Haakon said in 1998 that as a child he dreamed of owning a toy shop. He holds a bachelor's degree in political science from the University of California at Berkeley and a master's degree in development studies with a specialization in international trade and Africa from the London School of Economics and Political Science. He graduated from the Royal Norwegian Naval Academy and completed the foreign ministry's training for diplomats. Haakon is an avid surfer, skier, sportsman, and music lover (rock, rap).



When Crown Princess Ingrid Alexandra, 22, succeeds her father, she will be the first Queen of Norway in more than 600 years. In 1990, Norway adopted primogeniture, meaning the firstborn reigns regardless of gender. This year, the future queen transferred from the University of Sydney (Australia), where she was studying social sciences, to the University of Oslo to be closer to her mother, Mette-Marit, who is suffering from pulmonary fibrosis. Ingrid Alexandra is a surfer, skier, and kickboxer.



## **PBS Presents Norwegian Soprano at the Met**

On Sunday, Sept. 13, *Great Performances at the Met* on Iowa PBS presents Wagner's *Tristan Und Isolde*. Norwegian soprano Lise Davidsen stars as the Irish princess Isolde with tenor Michael Spyres as Tristan.

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# Lodge Lending Library

**Did you know your lodge has a lending library?** We have more than 50 titles including fiction, mystery, mythology, children's books, history, rosemaling and hardanger designs, cookbooks, and travel booklets. We even have language and music CDs, a travel DVD, and a puzzle!

Each month, librarian Naomi Payer brings the items to the meeting so you can pick something out to take home.

[Click here to see our list of items.](#)

Want to check out an item or donate your item to the lending library? See [Naomi Payer](#) at one of our monthly meetings.

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## Bits and Pieces

1. Email October **newsletter articles** no later than Friday, Sept. 25, to [Lee Ann Bakros](#)
  2. **If you know of a Sister who is ill, having surgery, or experiencing other health issues**, inform Sunshine Chair [Alexa Mitchell](#).
  3. Take a moment to LIKE us on [Facebook](#) and see what is happening.
  4. View our [Daughters of Norway's Lodge webpage](#). Members can sign in through the Members Page. The username and password is in our monthly lodge minutes. Contact [Ann Hanigan Kotz](#) for access to our lodge's private, member-only website.
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## Eva Nansen Lodge #46 2026 Officers

### 2026 Officers

President: Ann Hanigan Kotz  
Vice President: Sheryl Farrand  
Judge: (vacant)  
Secretary: Kay Sacquitne

Financial Secretary: Danette Kobolt  
Treasurer: Ann Campbell  
Cultural Director: Rebecca Butler Mona  
Marshall: Carol Lunde  
1-year Trustee: Bev Rosenbeck  
2-year Trustee: Irene Simonsen  
3-year Trustee: Vanna Johnson

### **2026 Non-elected Positions**

Communications: Lee Ann Bakros  
Greeters: Cheryl Newsom, Lois Wergeland  
iPad coordinators: Carol Lunde, Michelle Henderson, Mandy Kubik  
Librarian: Naomi Payer  
Musician: Lee Ann Bakros  
Scribe: Lisa Hamilton  
Sunshine: Alexa Mitchell



2026 Eva Nansen Lodge Officers: Vanna Johnson, Rebecca Butler Mona, Kay Sacquitne, Ann Hanigan Kotz, Danette Kobolt, Sheryl Farrand, Carol Lunde, Bev Rosenbeck, Irene Simonsen; not pictured Ann Campbell

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## **About Eva Nansen**

Lodge 46 was named in honor of famous Norwegian romance opera singer, Eva Helene Sars Nansen (born Dec. 17, 1859 in Christiania, Akershus, Norway, and died Dec. 9, 1907 in Lysaker, Bærum, Akershus, Norway).

Eva was the youngest of 21 children



of Michael Sars and Maren Cathrine Welhaven. At age 28, she left for Berlin to study opera with a contemporary of Tchaikovsky. Eva knew Norwegian composer Edvard Grieg and she performed his music beautifully.

Eva was relatively short but very athletic and became a pioneer in mountain and cross-country skiing. She was a smart and practical woman and realized the need for women to stop wearing only dresses while practicing the sport. Thus, she became the first woman in Norway to wear “trousers” while skiing!



Eva married ski pioneer, famous Norwegian explorer and scientist, Fridtjof Nansen on Sept. 6, 1889. They were a very “modern” couple, both continuing their individual vocations after their marriage. Eva not only continued to sing in operas at home and in other parts of Europe and Scandinavia, but she also gave lessons when at home.

At the age of 49 (1907), Eva sang a final concert in a well-received performance in London. Not long afterwards that same year, Eva died suddenly of pneumonia. That left her husband a widower with five relatively young children to raise: Liv (14), Kåre (10), Irmelin (7), Odd (6), and Åsmund (4).



Share



Share

Lodge president Ann Hanigan Kotz shared stories of notable Norwegian women.



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This is your official Eva Nansen Lodge 46 Newsletter emailed the first of each month to all Sisters.

**STAY SUBSCRIBED.**

All Sisters are welcome to submit news articles and photos to editor [Lee Ann Bakros](#).

**Our email address is:** [don.eva.nansen.lodge46@gmail.com](mailto:don.eva.nansen.lodge46@gmail.com)

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