



Lodge #52
Willamette Valley, Oregon
Producer & Editor: Jean Payne
This may be viewed by the public

Meetings



Board Meeting: 2nd Saturday, April 11, 10:00 am online .
Kae will send out a reminder on or near Wed. , April 8 with log-in info.

General Meeting: 3rd Saturday, April 18, 10:00 am at Faith Lutheran Church, 926 W 6th Ave., Junction City.
Kae will send out a reminder on or near Wed. April 15

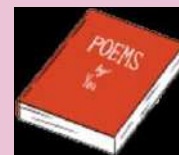


April-Beginning of Spring



What part of the chocolate bunny do 76% of the people eat first?

Easter & Poetry



Candice & I will be focusing on Easter of course, but since April is National Poetry Month we are going to add poetry also. I will continue with the Brainteasers on each page with the answers on the last page.

Name Days & Name Meanings

Celebrating April Name Days

Nancy: April 4-Norway

Linda: April 15-Finnish

Name Meanings

Lynn: English/Welch: lake

Calendar Name from Kae

Lynn: Kjellaug and Kjellrun.



In consideration of our Sensitive Sisters we are asking anyone coming to an in person meeting to please refrain from using/wearing scented products to the meeting-
PLEASE NO PERFUME

Thank you
Tusen Takk

Stay Connected



Email: daughtersofnorway52@gmail.com

Face Book: <http://www.facebook.com/groups/amw52>

Email us with questions or comments. Check out our Face Book page. We try to post Scandinavian items often & we do post pictures of our in-person meetings.

Information (Informasjon)

Edla's Service

Emmaus Lutheran will hold a rite of remembrance for Edla during their regular church service on April 19. Service starts at 9:30am -- 1250 W. 18th Ave., Eugene.

OR

There is a live-stream of the worship from : <http://www.emmaseugene.org>.

It will NOT be a Memorial service, but a brief commendation & prayer after the sermon.



Special Meeting

Kathy called a special meeting on Sat., March 28. It was kept short but decisions were made about CCB including jurying & liaisons as well as a Festival Committee was formed. We will decide if we want to jury crafts at the meeting.

We will be jurying : Bread, Cake, Pea Soup, Cookies & Bars. We only need 1 item per category. Bakers have volunteered.

CCB Liaisons: Linda, & Amey.

Festival Committee: Amey as head, Kathy, Ellen, Katrine, & Linda as consultant.

Questions or suggestions contact 1 of the above.



Lodge Trip to Oregon Gardens, Silverton

Saturday, May 6

Guests: You are welcome to bring a guest.

Entrance Fee & Tram: will be covered by the lodge for members only. If you are bringing a guest, they will be responsible for these fees.

Time: to be determined at April meeting.

Travel: arrangements will be determined at the April meeting, it will be ride sharing. There are no parking fees.

Picnic Lunch: Bring a sack lunch. If weather is bad we may have lunch elsewhere, indoors.

Dress: plan for multiple weather conditions. We are requesting you wear a Daughters of Norway shirt, Norway clothing or accessory of some kind, Norwegian colors (red, white & blue) as an opportunity to show others who we are.

Daughters of Norway!



Our Library

Managed by Shirley

We have a number of books in our library, including Bill Sullivan's complete Viking Series & some of Randi's. Check out something from the Library. Be sure to check them out with Shirley.



Stamps for the Wounded

<https://www.stampsforthewounded.org/>

Representative Shirley



KEEP COLLECTING & SAVING THOSE STAMPS!

We will continue saving stamps for *Stamps for the Wounded Project*. Please save all of your stamps & bring stamps to the meeting. The box to put them in will be next to the door. Or you can save them at home & bring them all at once to the October meeting.

FaithLutheranChurch News

<https://www.faithlutheranjc.org/newsletters>

Ongoing Sharing Opportunities

Sisters, we can donate too. Our Marshal, Lamae will see that they get to the right place.

- **Bunches of Lunches:** Fruit cups and/or applesauce cups.
- **Donate money to BOL:** make check to Faith Lutheran & indicate the money is for BOL.
- **Egg cartons:** for Local Aid.
- **Warm socks, hats, gloves:** for Low Income Pets & their people.
- **Used Blankets, Sheets & Bath Towels:** for pet shelters.
- **Returnable cans & bottles:** Use the blue bags found in the parish hall.
- **Pet food (cat, dog, bird):** donate to Local Aid. They are also in need of boxes & paper bags.



Who is the best selling poet of all time?

Information (Informasjon)

Looking For A Good Read?

Submitted by Amey

We shared favorite titles, authors, genres or series at our March meeting. It was really nice to hear from absolutely everyone in the room.

Linda enjoys reading through Books 2 Go, **Shirley** does Kindle and **Karin L.** likes audiobooks because it's easier for travel and she doesn't want to hold a paper book any more. **Carol** emphatically declared she loves holding a physical book, and many others nodded in agreement. **Ellen** likes the Norwegian author Ann Holt and the Hanne Wilhelm series. She wanted to read them in order, but couldn't when getting books from the library. **Shirley** likes all books about Bigfoot. **Lynn** likes Michael Connelly and books with Private Investigator Harry Bosch, especially when set in Washington State, because it's fun to compare what she knows from living there. She suggests *The Reversal*.

Colleen prefers period books, specifically set in WWII with a female heroine, especially a spy. She suggests *Annelies* by David Gillham, imagining Anne Frank survived the Holocaust. The book revived a visit she took to Amsterdam five years ago. **Carol** prefers nonfiction, and suggested *The Betrayal of Anne Frank* by Rosemary Sullivan and *Neil Armstrong: A Life of Flight* by Jay Barbree. **Katrine** is reading *Silence of the Girls*, the first in a trilogy by Pat Barker that retells Homer's *Iliad* from the perspective of the captured women. She is looking forward to reading after she finishes moving. **Becky** likes nonfiction, specifically diaries of pioneer women and slave narratives. **Amey** read *The Abercrombie Trail* series by Candace Simar, about Norwegian pioneers in Minnesota, which prompted her to delve into *Deep River* by Karl Marlantes, about Finnish immigrants logging in Washington. **Randi** prefers to write books than read them, but did mention she's read all the *Outlander* series.

Ellen, Jill and Lynn love all books by J.A. Jance. **Kae** loves Harlan Coben, Lee Child, and Jo Nesbø (until they get too violent). **Jill** likes many Scandinavian authors and crime novels, but also doesn't like when they get too violent. She has three books going at a time. As sometimes happens with avid readers, she started a book she got from the library, only to realize she already had it at home! **Karin L.** likes Charles Martin and suggests *The Women* by Kristin Hannah, about nurses in Vietnam, she is currently reading *The Cold Millions* by Jess Walter. **Candice** likes nonfiction, but is reading Kristin Hannah's *Firefly Lane* after she saw the series on Netflix. **Kathy** likes self-help books but also David Baldacci, Dan Brown and recommends *Deception Point*. **Linda** suggests *Jury #3* by James Patterson. **Jean** has read all of the *In Death* series by J.D. Robb (a pseudonym of Nora Roberts). After 64 books, she feels like the characters are friends, and enjoys the almost non-existent time gap between books. She has restarted the series with **Candice**, and they each listen to a chapter a night on audiobook, which equates to 30 minutes. They have both also read many of Nora Roberts books. **Happy reading to everyone!**

When was the first CHOCOLATE egg was produced?

Film Suggestions

Jean: *Snow Treasure: Norwegian Kids Outsmart the Nazis in Occupied Norway.* 1:36

<https://youtu.be/-6bAPFW4dvY?si=oBO8kG6m2GujTZMG>

Karin: *The Time of Their Lives: An Australian series on Acorn TV.* 13 part series.

Carol: *Song Sung Blue:* a movie, based on a true story, two down-on-their-luck musicians (Hugh Jackman and Kate Hudson) form a joyous Neil Diamond tribute band.

Amey: *The Swedish Connection:* on Netflix, about loopholes of bureaucracy and Swedish neutrality that secured immigration to Sweden in WWII for thousands of Jews.

Jill: *The Chaperone* on PBS about a 15-year-old Louise Brooks (who would become an actress and an icon of the flapper culture).

Several Members: are looking forward to the new Netflix series based on Jo Nesbø's books about Harry Hole.



Candice

I had a wonderful birthday this year. It started with my son coming and spending the night with me the night before. Then we got up in the morning and met my parents and brother for brunch. We all transported back to their house to hang out for the day. I went home in time for my bestie to come over and we shared some Chinese food & started watching *Bridgerton*. I ended the night with a delicious buntlet.



Amey

Amey played a house concert to celebrate Saint Patty's Day which happened to fall on Pi Day (March 14), so there was an assortment of Celtic music, pies and audience members.



Linda

a few of us went to CCM Bakery after our meeting and had lunch . Beef & cabbage soup.

Sonia

celebrated her birthday by getting a boxer puppy from a boxer rescue. His name is Copper. We had to help our 12 year dog, Sheldon, cross the rainbow bridge at the beginning of this year. Not a good start. We still have a 2 year old female Boxer, Luna, so we wanted to get another dog for her to play with. We decided on a puppy through Northwest Boxer Rescue which makes it the third one we have adopted from them. We picked him up in Washington in January on the day of the DON meeting, which is why I missed it! I'd say at this time his personality is a cross between a velociraptor and the cartoon character the Tasmanian devil!!! We are used to the Boxer breed but he jumps, puppy bites and boxes more than any puppy/dog we have had. He uses our living room as a park of course, and he even included me in one of his runs around the room. It's a good thing I practice Tai Chi for balance. He is really smart so we are doing mental games with him, and taking him to training classes. He is a work in progress so it has been a bit chaotic at our house! It's a good thing he is a cutie!



Member News

Emily

First fermentation attempt. Apples in honey and spices and cabbage with 2% salt. Not too sure if the apples will work, but the cabbage is already getting juicy! Also, remember those pickles from a few weeks ago? Well I ate them all already, but I never let good brine go to waste, so I cut up a large Persian cucumber and it filled all 3 jars!



Shirley

My son and grandson from Washington were in Portland for March madness games March 19th-21st. They had Friday the 20th off so they came to see us. We had a good visit and went to lunch. He brought us some hot sauce he made and took some of my strawberry jam and cookies and brownies home for his family. It was good to see them. They will be back in September for a few days to see an Oregon Ducks home game. They usually come down for one home football game.



Disree

So sorry to report Disree has decided not to join our Lodge at this time. Perhaps in the future.



Jill

had a birthday dinner with her sons Tim and Ryan at Olive Garden February 22.



Other News-Compiled from Meeting Questionnaire by Amey

General: Amey performed at 2 concerts the past month. A House Concert with Doug on PI Day, they performed Celtic Music & her orchestra concert where she performed some of Grieg's music. Carol attended the "Dueling Pianos" concert at Olsen Run. It was great!

Travel: Carol took the train to Portland & enjoyed a visit with a friend.

Friends & Family: Karin's daughters visited in Feb. for a long weekend. They had lots of girl fun! Jean & Shirley with their husbands enjoy a game day weekly including lunch out somewhere. Always a great afternoon of fun!

Meeting Information (møteinformasjon)

March Meeting—March 21, 2026

Culture was a Book Exchange this month. Once again we had a well attended meeting with 10 officers, 5 members & 1 guest. Our guest was Amey's mother, Mary Herman. Kathy led us in the pledge & Ja vi Elsker. Then opened the meeting by reading our Installation Pledge to remind us what we have pledged to be a Daughter. We wished & sang Happy Birthday to Candice. We set up our Discretionary Fund Committee of Amey, Linda & Candice. Amey gave out a paper with all the info about the Field Trip (see page 2). We broke for snacks brought by Linda, Shirley & Jill (thank you...good as usual). When we reconvened we each shared about a book we are or have just finished reading (see page 3). Some very interesting books being read by our members. Several books were brought & some were taken home. Those that were left Amey will take to the JC Library. We finished with Officer Reports & Carol speaking about the Fika Tea (see page 12) we will have 2 tables, Kae & Lynn will be heads of the tables & plan decorations, etc. Karin was delighted to win the door prize, a jacket & skirt ensemble donated by Randi. Thank you very much to Randi for the generous door prize!



Culture (Kultur)

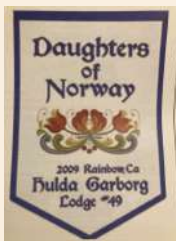
Our Sister Lodge

<https://www.daughtersofnorway.org/>

Submitted by Amey

Hulda Garborg #49

near San Diego, California was instituted in 2009. They have a lodge newsletter, and you can find it on the main Daughters of Norway website. They meet the third Saturday of the month. The meeting is at 10am, the cultural program is at 11am, and lunch is at noon. They do not meet in July or August. The lodge participates with the Sons of Norway in the yearly Viking Festival in September. Several members sing in the Southern California Damekor, a Norwegian women's choir founded by one of the lodge's charter members.



Lodge Name

Hulda Garborg (1862-1934) was born on a farm in Hedmark, Norway. She was a part of the "radical youth" and became a prominent female political figure. She was interested in many aspects of traditional Norwegian culture, writing 40 books and numerous articles for magazines and newspapers on many topics. She is credited with reviving the bunad both for men and women. She founded the leikarring dance group in 1900, and the Norwegian Fiddlers' Society, which became The Norwegian National Theater. As the musicians and dancers toured the country together, she encouraged people to bring back their regional bunads, which led to her authoring the first book on the topic in 1903.



Culture for April

Submitted by Cultural Director Amey



We have a guest speaker! Samantha Mudd, a current OSU student, is a granddaughter of one of Jill's cousins. She attended Norwegian camp as a child and spent a year in Norway during high school. Bring your questions and curiosity !

Ja Vi Elsker

1. Ja, vi elsker dette landet,
Ya, vee EL-skur DET-tuh LAHN-duh

2. som det stiger frem,
somm deh STEE-gur frem

3. furet, værbitt over vannet,

FOO-ret, VAIR-bit OH-vur VAHN-nuh



Finland today-April 9



Today the flags fly in Finland to celebrate Mikael Agricola Day and Day of the Finnish Language! Agricola, known as the father of the written Finnish language, was a reformer who translated the New Testament into Finnish. Agricola's 1543 primer, Abckiria or ABC book, was the first book ever printed in Finnish:

<https://kansallisbiografia.fi/english/person/14>

Happy Licorice Day-April 12

Glad Lakritsdagen/Happy Licorice Day! Which licorice is your favorite? Salt? Sweet? Mine is definitely the salty kind, the saltier the better. Swedish Djungelvrål and Finnish Tyrkisk Peber are never wrong in my book.



Only in Finland!

How do you send Easter greetings?

Culture (Kultur)

Poetry--Submitted by Gandice

“Poetry is an art, lifted above the suffering of life and, in the truest sense freed from it”- Agnes Mathilde Wergeland



Can you read this?

Nobel Poets

With one exception, these poets are Nobel Laureates:

US- Joseph Brodsky, Bob Dylan, TS Eliot

Sweden- Tomas Tranströmer, Pär Lagerkvist, Harry Martinson, Nelly Sachs, Verner von Heidenstram, Erik Axel Karlfeldt

Norway- Bjørnstjerne Bjørnson, Jon Fosse

Iceland - Halldór Laxness

Denmark- Karl Adolf Gjellerup

Faroe Islands - William Heinesen (after he heard he was nominated he asked to be taken out of the running since he wrote in Danish, not Faroese.)

Nationally Celebrated Poets

These poets are celebrated by their country annually by having a special day or events to honor them:

1/15 In The Faroe Islands they celebrate William Heinesen.

1/21 Readings Day in Oregon for William Stafford.

2/5 In Finland, it is a Flag Day, called Runeberg Day for Johan Ludvig Runeberg, who is their national poet and wrote their national anthem. They even bake special tortes in his honor.

3/26 In the US, the Library of Congress holds a special celebration in honor of Robert Frost.

4/2 is International Children's Book Day. In honor of Hans Christian Andersen.

5/31 in New York state, they celebrate Walt Whitman with a special birthday walk.

7/6 is a Flag Day in Finland for Eino Leino.

7/28 they hold a festival for Gunnar D. Hansson in Sweden.

10/17 in the US is Black Poetry Day in honor of Jupiter Hammon.

11/16 is the day of Icelandic language in honor of Jonas Hallgrímsson.

Types of Poetry Forms

There are nearly 170 Different forms of poetry. They can be divided into many categories such as by rhyme scheme, meter, stanza structure, theme, region, genre, and many others. Here are a few you probably know:

- haiku
- sonnets
- lyrical
- epics
- odes
- acrostic
- ballads
- limerick
- villanelle
- free verse
- visual

Famous Poems

Denmark- There is a Lovely Country (National Anthem).

Faroe Islands - Bird Ballad.

Finland- The Kalevala. Nocturne.

Iceland- Island. Gunnar's Holm.

Norway - Yes, We Love This Land (anthem). It Is That Dream. Everyday. Rye.

Sweden -Allego. Half Finished Heaven. Under Pressure. Opened & Closed Spaces.

US - No Man is an Island. The Road Not Taken. Stopping By Woods On A Snowy Evening. The Raven. Still I Rose. The Wasteland. Oh Captain, My Captain!, Hope Is A Thing With Feathers. Because I Could Not Stop For Death. The Red Wheelbarrow.

Poetry Websites

For reading:

PoetryFoundation.org

Poets.org

[Poems.com \(Poetry Daily\)](http://Poems.com (Poetry Daily))

Poetryarchive.org

For writing/community:

PoetrySociety.org

<https://www.poetryinternational.com/en/>

Allpoetry.com

poetizer.com

Hellopoetry.com

writerssafe.org

Culture (Kultur)



Norway's Future Queen

Princess Ingrid Alexandra, the future Queen of Norway, has officially completed her 15-month military training in the Norwegian Armed Forces. Her father, Haakon, the Crown Prince of Norway, inspected her during a ceremony at Skjold Camp on April 2, 2025. At the event, the Princess received the Military Merit Medal from her battalion commander Bjørn Kråkstad. She served in the Engineer Battalion of Brigade Nord, Norway's main combat brigade based in the northern part of the country. After completing her service, she was formally discharged from the Armed Forces. Princess Ingrid Alexandra's decision to serve reflects a long tradition in the Norwegian royal family, where future monarchs gain military experience and leadership training before taking on greater national responsibilities.

A future queen who has already served her country in uniform.



Sørlandet

In February we welcomed the magnificent Norwegian tall ship Sørlandet to Charleston, SC & New York. Fullriggeren Sørlandet is the world's oldest operating full-rigged tall ship and it is bringing with it nearly a century of maritime heritage. Built in 1927 and now home to A+ World Academy, this remarkable vessel serves as a floating high school where international students in grades 10–12 study while sailing to more than 15 ports across three continents.



Did You Know? Valkyrie

Poulsbo, WA welcomed the Valkyrie into Port last July. There's no better place for her to be moored than here in the waters of Dogfish Bay. She is so deeply rooted in passion, history and love. The Valkyrie is the very first U.S. Coast Guard-approved Viking ship in the country.

<https://northwestvikingship.com/>

Sweden's Future Queen



Crown Princess Victoria Celebrates Her Name Day on March 12, 2026, Victoria, Crown Princess of Sweden celebrated her Name Day at the inner courtyard of the Royal Palace of Stockholm, dressed in her military uniform. For the second year in a row, the Crown Princess marked the occasion alone, without her family present.

Name Day is a long-standing Swedish cultural tradition, different from a birthday. For the future queen, it carries special significance. The celebration includes a military salute from the Swedish Armed Forces and a ceremony featuring the army's music corps. During the event, the Crown Princess warmly greeted the public and received flowers and well-wishes from the crowd, many of whom waved small Swedish flags as they celebrated the future monarch.

Oscar-Norway's 1st Win!

We did last month's newsletter about movies & look at this! An Oscar for *Sentimental Value*. Has anyone seen it, do you plan too? Let us know & send us a review.



I am a net for catching intruders,
A weapon for a cold blooded murder
An elegant plate for eating supper
And a mode of transport that is super.

What am I?

Culture (Kultur)



I, Up They Soar

Inger Christensen-Danish



I

Up they soar, the planet's butterflies,
pigments from the warm body of the earth,
cinnabar, ochre, phosphor yellow, gold
a swarm of basic elements aloft.

Is this flickering of wings only a shoal
of light particles, a quirk of perception?
Is it the dreamed summer hour of my childhood
shattered as by lightning lost in time?
No, this is the angel of light, who can paint
himself as dark mnemosyne Apollo,
as copper, hawkmoth, swallowtail.
I see them with my blurred understanding
as feathers in the coverlet of haze
in Brajcino Valley's noon-hot air.

Poetry



Songs of March

by Eino Leino-Finnish

IN WORRIES SIGHING



The whole forest is ringing with singing,
it's love in the mating season,
so jubilant the chaffinch and bunting
as having lost their reason.
But from one tree the birds shy away,
abhorring, I don't know why –
there, unhappy me, I sit all day,
my worries I sigh and sigh.



It is That Dream

by Olav H. Hauge-Norwegian



It is that dream we carry
that something wonderful will happen,
that it must happen –
that time will open up,
that the heart will open up,
that doors will open up,
that springs will burst –
that the dream will open up,
that we, one morning, will sail into
a narrow inlet we did not know about.



Blue-Butterfly Day

by Robert Frost-American



It is a blue-butterfly day here in spring,
And with these sky-flakes down in flurry on flurry
There is more unmixed color on the wing
Than flowers will show for days unless they hurry.
But these are flowers that fly and all but sing:
And now from having ridden out desire
They lie closed over in the wind and cling
Where wheels have freshly sliced the April mire.

A Toast To Iceland

by Jonas Hallgrímsson-Icelandic



Our land of lakes forever fair
below blue mountain summits,
of swans, of salmon leaping where
the silver water plummets,
of glaciers swelling broad and bare
above earth's fiery sinews --
the Lord pour out his largess there
as long as earth continues!

What is Metrophobia & Metromania?

Open and Closed Spaces

by Tomas Tranströmer-Swedish

A man feels the world with his work like a glove.
He rests for a while at midday having laid aside the gloves on the shelf.
There they suddenly grow, spread
and black-out the whole house from inside.

The blacked-out house is away out among the winds of spring.

'Amnesty,' runs the whisper in the grass: 'amnesty.'

A boy sprints with an invisible line slanting up in the sky
where his wild dream of the future flies like a kite bigger than the suburb.
Further north you can see from a summit the blue endless carpet of pine forest
where the cloud shadows are standing still.

No, are flying.



Food and Recipes (Mat og oppskrifter)

Poetic Food

Since this is National Poetry Month I thought it appropriate to write some thoughts about Poetic food. It elevates eating from a necessity to a sensory experience, often evoking nostalgia, culture, and emotion through descriptive, metaphor-rich language. It transforms mundane ingredients into "sensory teas," using techniques like alliteration to make dishes feel artistic and memorable.

Key aspects of food as poetry include:

- Sensory Experience: Descriptions focus on texture, color, and sound—such as a "pale pink section" of grapefruit or the "sizzling" of a pan.
- Memory and Emotion: Foods are linked to personal history, such as the smell of apple crisp representing childhood.
- Literary Connection: Many famous poets, including Emily Dickinson, have written extensively about food, often incorporating it into their daily lives.
- Artistic Expression: Poetry X Hunger uses poetry to inspire action against hunger.

Examples of Poetic Descriptions:

- Pineapple: "Brown prickly football / shelters juicy golden / surprise".
- Oranges: "10,000 balloons exploding with tart juicy splendor".
- Arugula: "viridian lace / summer garden adornment".

Common Themes in Food Poetry

- Sensory Detail: Focusing on the physical, visual, and auditory aspects of food.
- Metaphor: Using food to represent deeper emotional or social meanings.
- Cultural Context: Highlighting the traditional and personal significance of certain dishes.

Chocolate
by Rita Dove

Velvet fruit, exquisite square
I hold up to sniff
between finger and thumb -
how you numb me
with your rich attentions!
If I don't eat you quickly,
you'll melt in my palm.
Pleasure seeker, if i let you
you'd liquefy everywhere.
Knotted smoke, dark punch
of earth and night and leaf,
for a taste of you
any woman would gladly
crumble to ruin.
Enough chatter: I am ready
to fall in love!



Judy's Recipe Corner

Since it is Easter time & eggs are the thing we are doing this from Sons of Norway Recipes

Lois Toftemark-- Skidne Æg (Smiling Eggs In Mustard Sauce) (serves 2)

Ingredients:

- 4 eggs
- 4 tablespoons butter
- 4 tablespoons flour
- 1/2 liter milk (16 oz)
- 3 tablespoon mustard (your favorite kind)
- salt to taste

Serving suggestions:

toasted dark rye bread (Rugbrød), fresh fried chopped bacon, top with chives

Directions:

Bring a small pot of water to a boil. Add eggs and boil until soft boiled (cooking time varies depending on egg size. I used a size large egg and boil it for 7 minutes). When done boiling, pour out boiling water, add cold water and let sit for 1 minute. Peel eggs and set aside.

Meanwhile in a small pan, melt butter. Once butter is melted add flour and whisk vigorously while cooking for 1-2 minutes. Add milk in increments while stirring until you have a slightly thick Bechamel sauce. Add mustard, stir and let simmer for another two minutes. Season with salt to taste. Add boiled eggs to sauce and allow to heat through. Serve with toasted dark rye bread and enjoy!



I am so very dark
and moist inside,
My round
structure may
crumble on all
sides,
Yet people love
to visit every
day,
And they often
take a drink on
the way.

Brain Food Page (morsom side)

NATIONAL POETRY MONTH WORD SEARCH

I I O R N C T H E M E M J M U N Q E H B
 P F O Y K N A R R A T I V E S X T A I M
 R X E S L A M T O N E U S I M F I M T S
 N H O T P L Q S D T H O M E J K A B T G
 O J Y K M L F H T T U I T M U G A A W W
 I L E M R I S W L N L A X Q E L N R X D
 S V L S E T Y R D E P A U R L Z W T Q K
 S W C Z Z E M C J H L H Y A A T H I Z Q
 E B Q S G R B M O Y Y J D D D N X S E D
 R H D H F A O R V E R I P S N I Q T P B
 P A H J Q T L A E K I K C Y G D N B I J
 X O P X T I H M R F C H D J M D O T C B
 E I L P F O K N S R H Y T H M F E O S W
 X T S T W N D Q E P I T Y M B N S E M G
 O A M T S P Z A H G N K E G N R N L H Q
 F K C I R E M I L J Q B E O E C W L A Q
 Z W F N O I T O M E F L S Y P L O L I M
 Q F U L V V I L L A N E L L E G E F B Z
 N M C R E A T I V I T Y Z L V R S G L J
 M E T E R A D K S L N S D W C R W H U O

WORD LIST:

ALLITERATION	HAIKU	NARRATIVE	STANZA
ARTIST	IMAGERY	POET	SYMBOL
BALLAD	INSPIRE	RHYME	THEME
CREATIVITY	LIMERICK	RHYTHM	TOPE
ELEGY	LYRIC	SIMILE	VERSE
EMOTION	METAPHOR	SLAM	VILLANELLE
EPIC	METER	SONNET	
EXPRESSION	MOOD	SOUND	



UFISBRETLTE _____
 DAPEAR _____
 OTH SORSC NUSB _____
 ZEPLER _____
 LASCHPA ADECLN _____
 KSCCIH _____
 NEBNOT _____
 MLPA CSEBHNR _____
 SROSC _____
 WNE LOHSETC _____
 BMAL _____
 GOWODDO _____
 GSEG _____
 ARESET KABTSE _____
 YBNUN _____
 ILSEIL _____

WORD BANK

BONNET	CROSS	HOT CROSS BUNS	PALM BRANCHES
BUNNY	DOGWOOD	LAMB	PARADE
BUTTERFLIES	EASTER BASKET	LILIES	PASCHAL CANDLE
CHICKS	EGGS	NEW CLOTHES	PRETZEL



a) What philosophers writings formed the basis for poetry?

JOKE OF THE MONTH (Månedens Vits)

off the mark.com by Mark Parisi



b) I have every color, but I'm not a rainbow. I can be sweet and sour. What am I?

Did You Know?

Why are eggs & the bunny linked for Easter?



<https://www.chaseoaks.org/articles/the-easter-bunny-whats-the-history-behind-this-tradition>

Easter eggs are a symbol of resurrection and new life — the same themes at the center of the Easter story. Just as a shell breaks open to reveal new life inside, the resurrection of Jesus broke through death to bring new life to all who believe.

The Easter Bunny's roots trace back to old Germanic folklore and the spring goddess Eostre (also spelled Ostara). Eostre was a mythological figure associated with spring, fertility, and renewal. Both hares and eggs were symbols connected to her because they represented fertility and the return of life after winter. In early German Christian tradition, the rabbit took on a specific role: the "Osterhase" (Easter Hare) was said to act as a kind of judge for children — evaluating whether they had been good or disobedient throughout the year. Well-behaved children would find their nests (later, baskets) filled with colored eggs, candy, and sometimes small toys.

German immigrants who settled in Pennsylvania in the 1700s are widely credited with bringing this tradition to America. Over the following centuries, the Easter Hare evolved into the Easter Bunny we know today: cheerful, candy-bearing, and decidedly less judgmental.

Upcoming Events (Kommende arrangementer)

Scandinavian Cultural Foundation

<https://junctioncityscandia.org/aebleskiver-breakfast-fundraiser/>

Aebleskiver Breakfast & Egg Hunt

**April 4
9:00am**



The Norsemen Chorus Lapskaus Dinner and Mini Concert

April 12



It's Lapskaus Dinner time again!

All-you-can-eat "family style" Lapskaus (Norwegian Stew), with carrots, bread, flatbread, cooked carrots, cake, coffee, tea, milk.

And The Norsemen will sing for you!

There are two seatings. One at **4:00 pm** and one at **5:30 pm**. For online credit/debit sales, please follow the link to sonjalodge.org/lapskaus. For check sales, please email lapskaus@sonjalodge.org OR leave a message at (541) 344-1064.

How does Easter end?



<https://vesterheim.org/OnlineFolkArtCourses>

<https://vesterheim.org/folk-art-school/>

Online Classes—enrollment deadlines in **blue** at end

April 1: Natural-Dyed Eggs

April 12: Historical Lichen Dyes (Webinar)

April 18: Norwegian Success Tart (Suksessterte) (Online) - **April 3.**

April 23: Introduction to the Basic Strokes of Rosemaling: New Project in the Hallingdal Style! - **April 2**

April 26: Rosemaling a Basket for Spring (Online) - **April 13.**

May 1: New Cocktails for Syttende Mai (Online) - **April 17.**

May 2: Kolrosing Inspired by Norwegian, Sámi, and Viking Designs (Online), - **April 17.**

May 6: Scandinavian Flat-Plane Figure Carving: Sea Captain (Online), - **April 22.**

May 9: Scandinavian Almond Cakes (Online); - **April 24**

May 13: May Bokprat: How May 13: Iceland Changed the World – The Big History of a Small Island by Egill Bjarnason (Online), - **April 29.**



THE JUNCTION CITY SCANDINAVIAN CULTURAL FOUNDATION PRESENTS THE THIRD ANNUAL LADIES FIKA TEA

Saturday, May 2-1:00-3:00 Fletchall Hall

There is no charge to participate but donations are appreciated & will go to SCF to support other Scandinavian cultural events in our community. We also will have a number of baskets for a fundraising raffle. Coffee has always been more than a drink in Scandinavian countries – it's a tradition, a pause, a moment of connection. SCF invites you to celebrate this cherished ritual with coffee, tea, sweet treats, & good company. Scandinavian Gatherings cookbook author Melissa Bahen will join us as our special guest, offering stories, insights, & delicious inspiration drawn from her celebrated recipes and crafts. Copies of her cookbook will be available for purchase & she'll be happy to sign them for you.

Fun fact: The word fika began as 19th century Swedish slang by flipping the syllables of kaffi (an old spelling of kaffe, or coffee)



Nordic Northwest Events for April

https://www.nordicnorthwest.org/upcoming_events

April 3: Nordic Nights 2026

April 4: Papercut Greeting Cards

April 9: Nordic Game Night

April 10: Bunad & Bandweaving: A Nordic Folk Art Journey

April 11 & 12: Nordic Pickup Band Weaving

April 14, 21, 28: Murder Scandinavian Style: A Film Screening Series

April 16: Finnish Flavors: Walla Walla itä Wines Tasting and Bites

April 17: Raising Bilingual Children

April 18: Kids Woodcarving Adventure: Walking Sticks & Danish Lore

April 22: Moomin Story Time for Kids

April 23: The Land of Ice and Fire: Dynamic Geology of Iceland



There are also multiple knitting, conversation, etc. events on a regular basis

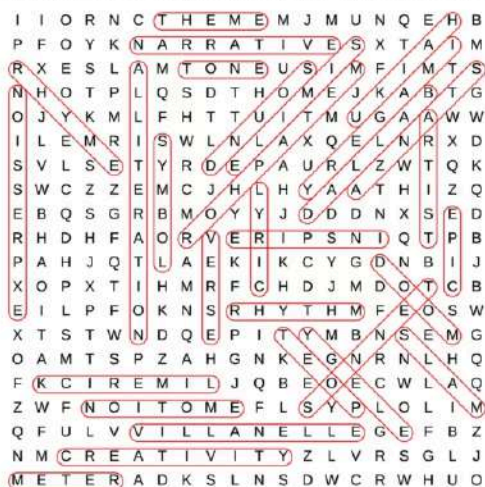
On Demand Classes

- First Cuts: Scandinavian Flat Plane Figure Carving
- Norwegian Language for Travelers
- Sølje-Inspired Earrings



Answers & Extras (svar og tillegg)

NATIONAL POETRY MONTH WORD SEARCH



WORD LIST:

ALLITERATION	HAIKU	NARRATIVE	STANZA
ARTIST	IMAGERY	POET	SYMBOL
BALLAD	INSPIRE	RHYME	THEME
CREATIVITY	LIMERICK	RHYTHM	TOPE
ELEGY	LYRIC	SIMILE	VERSE
EMOTION	METAPHOR	SLAM	VILLANELLE
EPIC	METER	SONNET	
EXPRESSION	MOOD	SOUND	



UFISBRETLTE	BUTTERFLIES
DAPEAR	PARADE
OTH SORSC NUSB	HOT CROSS BUNS
ZEPLETR	PRETZEL
LASCHPA ADECLN	PASCHAL CANDLE
KSCCIH	CHICKS
NEBNOT	BONNET
MLPA CSEBHNAR	PALM BRANCHES
SROSC	CROSS
WNE LOHSETC	NEW CLOTHES
BMAL	LAMB
GOWODDO	DOGWOOD
GSEG	EGGS
ARESET KABTSE	EASTER BASKET
YBNUN	BUNNY
ILSEIL	LILIES

WORD BANK	BONNET	CROSS	HOT CROSS BUNS	PALM BRANCHES
	BUNNY	DOGWOOD	LAMB	PARADE
	BUTTERFLIES	EASTER BASKET	LILIES	PASCHAL CANDLE
	CHICKS	EGGS	NEW CLOTHES	PRETZEL



Brain Teaser Answers

- page 1: the ears
- page 2: William Shakespeare with roughly 4 billion books sold.
- page 3: 1873, in UK by Fry's
- page 4: one who is responsible for writing poems for national occasions.
- page 5: A Peep
- page 6: by Hare mail
- page 8: a spider web
- page 9: It is the fear of poetry & the compulsion to write poetry
- page 10: Chocolate or Chocolate Chip Cookie
- page 11 a): Aristotle b): Jelly Beans
- page 12: with an "r".

MY HEART THE
SAME AS AN
UPTURNED
FLAME
PAGE 7



HAPPY EASTER

God påske, Hyvää pääsiäistä, Gledilega påska, Glad påsk

A BIG THANK YOU TO ALL WHO HAVE HELPED WITH

THE NEWSLETTER THIS MONTH..TUSÉN TAKK 13