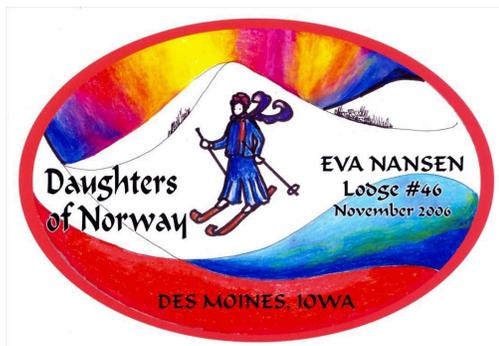

March 2026 Newsletter Eva Nansen Lodge 46 no

1 message

Lee Ann Bakros, Communications chair
<don.eva.nansen.lodge46@107948566.mailchimpapp.com>
Reply-To: don.eva.nansen.lodge46@gmail.com
To: Kirsten <dofnorway@gmail.com>

Sat, Feb 28, 2026 at 6:59
PM

March 2026 Lodge Newsletter



What's inside:

March program,
February photos, &
more!

Programming



March Meeting, Tuesday, Mar. 3, 2026

6:30 PM: Social time

7:00 PM: Program followed by business meeting

Where: Faith Lutheran Church, 10395 University Ave, Clive

Our March program, via Zoom, will be Weaving Bewitchment: Gerhard Munthe's Folk-Tale Tapestries by Laurann Gilbertson, Chief Curator, Vesterheim Museum

Upcoming Meeting Dates

- Dates: Meetings are the 1st Tuesday of the month except November which is on the 2nd Tuesday. There are no meetings in June and July but June will have an activity.
- Times: 6:30 PM Social, 7:00 PM Program followed by a Business Meeting
- Location: Faith Lutheran Church, 10395 University Ave, Clive

All programs are on our Facebook page so you can share the events with interested friends.

Upcoming 2026 Programs

- Mar. 3, 2026: Weaving Bewitchment: Gerhard Munthe's Folk-Tale Tapestries by Laurann Gilbertson, Vesterheim Museum
- Apr. 7, 2026: Tips and Resources for Researching your Heritage and Ancestry by Iowa Genealogical Society
- May 5, 2026: Norwegian Hardanger Fiddler Informance by Eden Ehm of Decorah
- June: Trip to Norway House in Minneapolis
- Aug. 4, 2026: Scandinavian Women by sister Ann Hanigan Kotz
- Sept. 1, 2026: How to Bake an Assortment of Norwegian Goodies by lodge members
- Oct. 6, 2026: Christkindlmarket Des Moines History and Highlights by Suzanne Hull, founder/director
- Nov. 10, 2026 (note this is the 2nd Tuesday due to the election): Eva Nansen Lodge #46 20th Anniversary Celebration
- Dec. 1, 2026: Christmas Potluck

[If you missed our February meeting, here's what you missed.](#)

Gina Nylund of Bunad Creations in Spokane, WA, spoke to the group about bunad styles and etiquette.



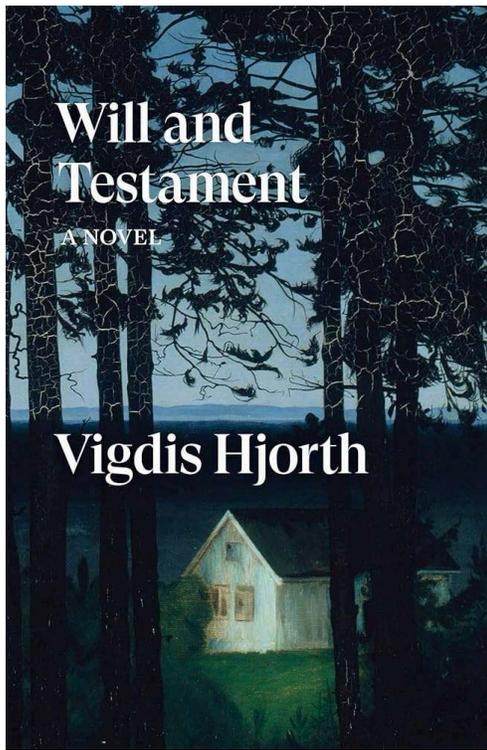
BUNAD ETIQUETTE

From top to bottom

1. Wear the specific bunad with its accessories—don't mix with other bunads.
2. Wear the headpiece or hat that belongs to the bunad—keep hair style simple, wear natural makeup and simple bunad earrings.
3. Wear a white generic cotton bunad shirt or linen embroidered bunad specific shirt with an authentic bunad. A cotton everyday bunad can wear the plaid work shirt.
4. Most bunads need a silver neck pin, silver cufflinks and a main sølje on the chest.
5. Wear the purse that belongs to the bunad or if it doesn't have one, wear a simple small black leather handbag.
6. Use a cotton petticoat to keep skirt full.
7. Wear black opaque kneesocks—some bunads use other colors.
8. Please wear appropriate black bunad shoes or if fit is an issue, wear simple black pumps.
9. Outerwear—wear a black coat or cape. If rain, use a black simple umbrella.
10. Think of the bunad as a uniform, following the specific guidelines.

Scandinavian Book Club

Our Scandinavian book club meets on Sunday, Mar. 15, to discuss *Will and Testament* by Vigdis Hjorth.



The book club is open to members and non-members, and meets every other month at 2:00 PM on the third Sunday of the month at Franklin Avenue Library.

- Mar. 15, 2026: *Will and Testament* by Vigdis Hjorth - NOTE this is a change from *Berlin Poplars* due to the unavailability of that title
- May 17, 2026: *The Journey of Karoline Olsen* by Ann Hanigan Kotz
- July 19, 2026: *Giants in the Earth* by OE Rolvaag
- Sept. 20, 2026: *Kon Tiki* by Thor Heyerdahl
- Nov. 15, 2026: *What We Leave Behind* by Barb Solberg

[Click here for a list of researched titles.](#)

Direct questions and suggestions to [Lee Ann Bakros](#).

March Birthdays

Happy birthday from
your lodge Sisters to
you!

Mary Dopt



Gail Fagen

Sheryl Farrand

Helen Roush

May your birthday and every day be filled with the warmth of sunshine, the happiness of smiles, the sounds of laughter, the feeling of love, and the sharing of good cheer.

Norwegian Minute



Norwegian Opera Star Lise Davidsen

New York's Metropolitan Opera will present *Tristan and Isolde* in March with Norwegian soprano Lise Davidsen, pictured above, as Isolde. **The opera will be broadcast live on Saturday, Mar. 21, at The Varsity Cinema by Drake University in Des Moines and at Century 20 Jordan Creek in West Des Moines. An encore recording will be presented Wednesday, Mar. 25, at Jordan Creek only.**

The 39-year-old Davidsen was born in Stokke in the Sandefjord municipality south of Oslo. She received her bachelor's degree from the Grieg Academy of Music in Bergen and went on to study at the Royal Opera Academy in Copenhagen. In 2015, she won several prestigious opera awards, including the Queen Sonja Competition and the Operalia competition in London. She made her debut at La Scala in 2021.

Davidsen records for the Decca label and, in addition to opera recordings, has an album of Grieg songs accompanied by Norwegian pianist Leif Ove Andsnes.

The New York Times says the Norwegian "has become one of opera's biggest box office draws." Peter Gelb, general manager of The Met, says Davidsen is "in a league of her own."

Davidson will be back for The Met's 2026-27 season, playing Lady Macbeth in *Macbeth*.

Follow-up to February's newsletter: Norway and the Olympics

Once again, Norway topped the winter Olympics medal charts with 41 medals. With 18 of their medals being gold, Norway broke the previous record, also held by Norway, of 16 gold medals in one winter Olympics. Anna Odine Stroem became the first woman to win two individual ski-jumping events in the same games. Johannes Hoesflot Klaebo received his ninth career gold medal, also a record for the winter games.

Lodge Lending Library

Did you know your lodge has a lending library? We have more than 50 titles including fiction, mystery, mythology, children's books, history, rosemaling and hardanger designs, cookbooks, and travel booklets. We even have language and music CDs, a travel DVD, and a puzzle!

Each month, librarian Naomi Payer brings the items to the meeting so you can pick something out to take home.

[Click here to see our list of items.](#)

Want to check out an item or donate your item to the lending library? See [Naomi Payer](#) at one of our monthly meetings.

Bits and Pieces

1. Email April **newsletter articles** no later than Friday, Mar. 20, to [Lee Ann Bakros](#)

2. **If you know of a Sister who is ill, having surgery, or experiencing other health issues**, inform Sunshine Chair [Alexa Mitchell](#).
 3. Take a moment to LIKE us on [Facebook](#) and see what is happening.
 4. View our [Daughters of Norway's Lodge webpage](#). Members can sign in through the Members Page. The username and password is in our monthly lodge minutes. Contact [Ann Hanigan Kotz](#) for access to our lodge's private, member-only website.
-

Eva Nansen Lodge #46 2026 Officers

2026 Officers

President: Ann Hanigan Kotz
Vice President: Sheryl Farrand
Judge: (vacant)
Secretary: Kay Sacquitne
Financial Secretary: Danette Kobolt
Treasurer: Ann Campbell
Cultural Director: Rebecca Butler Mona
Marshall: Carol Lunde
1-year Trustee: Bev Rosenbeck
2-year Trustee: Irene Simonsen
3-year Trustee: Vanna Johnson

2026 Non-elected Positions

Communications: Lee Ann Bakros
Greeters: Cheryl Newsom, Lois Wergeland
iPad coordinators: Carol Lunde, Michelle Henderson, Mandy Kubik
Librarian: Naomi Payer
Musician: Lee Ann Bakros
Scribe: Lisa Hamilton
Sunshine: Alexa Mitchell



2026 Eva Nansen Lodge Officers: Vanna Johnson, Rebecca Butler Mona, Kay Sacquitne, Ann Hanigan Kotz, Danette Kobolt, Sheryl Farrand, Carol Lunde, Bev Rosenbeck, Irene Simonsen; not pictured Ann Campbell

About Eva Nansen

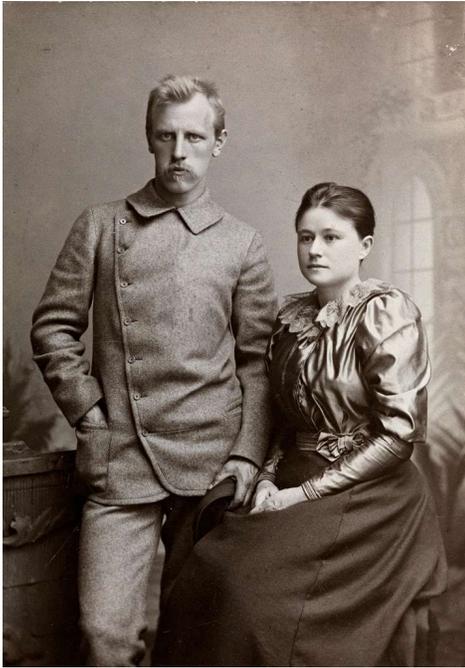


Lodge 46 was named in honor of famous Norwegian romance opera singer, Eva Helene Sars Nansen (born Dec. 17, 1859 in Christiania, Akershus, Norway, and died Dec. 9, 1907 in Lysaker, Bærum, Akershus, Norway).

Eva was the youngest of 21 children of Michael Sars and Maren Cathrine Welhaven. At age 28, she left for Berlin to study opera with a contemporary of Tchaikovsky. Eva knew Norwegian composer Edvard Grieg and she performed his music beautifully.

Eva was relatively short but very athletic and became a pioneer in mountain and cross-country skiing. She was a smart and practical woman and realized the need for women to stop wearing only

dresses while practicing the sport. Thus, she became the first woman in Norway to wear “trousers” while skiing!



Eva married ski pioneer, famous Norwegian explorer and scientist, Fridtjof Nansen on Sept. 6, 1889. They were a very “modern” couple, both continuing their individual vocations after their marriage. Eva not only continued to sing in operas at home and in other parts of Europe and Scandinavia, but she also gave lessons when at home.

At the age of 49 (1907), Eva sang a final concert in a well-received performance in London. Not long afterwards that same year, Eva died suddenly of pneumonia. That left her husband a widower with five relatively young children to raise: Liv (14), Kåre (10), Irmelin (7), Odd (6), and Åsmund (4).



Share



Share

This is your official Eva Nansen Lodge 46 Newsletter emailed the first of each month to all Sisters.

STAY SUBSCRIBED.

All Sisters are welcome to submit news articles and photos to editor [Lee Ann Bakros](#).

Our email address is: don.eva.nansen.lodge46@gmail.com

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You can [update your preferences](#) or [unsubscribe from this list](#).

