



2026 Newsletter
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 Lodge #52
 Willamette Valley, Oregon
 Producer & Editor: Jean Payne
 This may be viewed by the public



Northern Lights, Norway, in February

Meetings



Board Meeting: 2nd Saturday, February 14, 10:00 am
 online . Kae will send out a reminder on or near Wed. ,
 Feb. 11 with log-in info.

General Meeting: 3rd Saturday, February 21, 10:00 am at
 Faith Lutheran Church, 926 W 6th Ave., Junction City.
 Kae will send out a reminder on or near Wed. Feb. 18

February Celebrations



Movie Month



GLOBAL MOVIE DAY is the Second Saturday in February, therefore Candice & I decided to make our February theme Movies along with Valentines. Though the Oscars don't take place until March 15. I am also going to continue with Brain Teasers throughout, just for fun (the answers will be on the last page and they relate to movies).

Name Days & Name Meanings

Amey suggested we try this, so here goes. Many countries have name days so this year I will endeavor to find what day & country your name falls too (Nordic countries only) plus if possible what your name means. I will highlight your name for name days (which can be any month not necessarily birth months) & also use birthdays to give name meaning.

Celebrating February Name Days

Ellen-Feb. 10, Finland
 Randi-Feb. 12, Norway
 Jill-Feb. 16, Norway

Name Meanings

Lauren: English of Hebrew origins meaning Love
 Jill: English, meaning Youthful or Child of God.
 Sonia: Greek & Russian meaning Wisdom
 Colleen: Irish, meaning Young Girl

Stamps for the Wounded

<https://www.stampsforthewounded.org/>

Representative Shirley



**KEEP COLLECTING & SAVING THOSE
 STAMPS!**

Shirley has sent 2025's.

We will continue saving stamps for Stamps for the Wounded Project. Please save all of your stamps bring stamps to the Feb. meeting. The box will be next to the door to put them in.

Which country does Dani travel to in "Midsommar"?

Information (Informasjon)

Sisters

Edla Johnson



Our dear Edla passed on December 30, 2025 after suffering a heart attack on Christmas Eve. We had a short memorial at our Jan. meeting. The Lodge has donated \$25 to the G.L. Scholarship Fund in her name.



Karin Eustance by Kathy.
On January 7, I lost a great friend. I will truly miss her with all my heart. A Frida Hansen member who made my bunad & many others.



HM The King's sister Princess Désirée, Baroness Silfverschiöld, of Sweden passed away peacefully in her home at Koberg in Västergötland on Wednesday, January 21st, 2026, surrounded by her family. The Princess was 87 years old.

Our condolences to all concerned.

Stay Connected

Email: daughtersofnorway52@gmail.com

Face Book: <http://www.facebook.com/groups/amw52>

Email us with questions or comments. Check out our Face Book page. We try to post Scandinavian items often & we do post pictures of our in-person meetings.



Some of Our Favorite Movies

- Carol-Sound of Music
- Judy-American Graffiti & Hawaii Oslo
- Colleen-Casablanca
- Kae-Blue Thunder & Die Hard
- Candy-Beaches & What Dreams May Come
- Linda-most Sci-Fi.
- Jean- Fiddler on the Roof & Mama Mia



Review of The Commoner by Karin



I watched a series on Prime video that was great! Called 'The Commoner'. It's about King Harald and Queen Sonja. I learned about the monarchy and changing culture. I recommend it!

What year was the movie Gone With The Wind released?



2016



2022



2016



Oct. 2025

Sue Scott



A Welcome Table



A Raffle Table



A Sale Table

It is with a very sad, heavy heart that I need to inform you of the passing of Sue Scott. She passed on January 25, 2026. We were informed by her sister on the 24th that she had been placed in Hospice. Traci had planned to see her on the 25 but she passed before that could happen. What a wonderful sister Sue was. She joined our Lodge February 25, 2012. She served as Greeter in 2013 & became Head Greeter 2014-2024, she rarely missed a meeting & always made sure the Welcome table was "Welcoming" as well as usually set up the sale & raffle tables. She also set up & maintained our Face Book page. She contracted Cancer & could no longer attend meetings in 2024. Thankfully she did attend our October 2025 meeting where she looked pretty well. Sue was always our go-to craft person. She & her talents will be Greatly missed. Our sympathies & prayers go to her family.

Faith Lutheran Church News

<https://www.faithlutheranjc.org/newsletters>

Giving Opportunities, Sisters we can also help. Bring donations to the Meeting. Our Marshall Lamae will see that they are put in the proper places.

Bunches of Lunches: (BOL) Leave your donations of fruit cups and/or applesauce cups in the blue tote in the hall.

Bring your empty egg cartons to the hall, Larry will deliver to Local Aid for use.

Help For Low Income Pets & their people. Collecting warm socks, hats and gloves for people on the street (neighbors in Christ), place your donations in the marked box in the fellowship hall. Also, pet food (Kitty and Fido didn't like the new food you bought?) donate it... I take opened bags! Sandy W.

Donate your returnable cans and bottles. Use the blue bags found in the parish hall.



Check It Out



The love story of Snøfrid and King Harald:

<https://www.facebook.com/photo/?fbid=122234551574167296&set=gm.1814123422525189&id=845687382702136>



Fat Day Buns-Swedish Semlor-

<https://www.christinascucina.com/semlor-traditional-swedish-fat-tuesday-buns-semla/>



All about popcorn:

<https://www.popcorn.org/Recipes>



Oldest known love poem info:

<https://www.ibtimes.co.uk/read-oldest-love-poem-world-1612688>



Norsk Hostfest in Minot, SD is ending:

<https://hostfest.com/>

Candice: A good site for info on locations in Iceland w/ pics. <https://guidetoiceland.is/history-culture/movie-locations-in-iceland>



Winter Olympics

<https://www.si.com/winter-olympics/why-do-the-winter-olympics-start-days-before-opening-ceremony>



The Milan Cortina Games begin on Fri., Feb. 6 but fans who can't wait for Olympic action will be able to tune in and watch up to two days early as multiple sports will get started before the cauldron is lit. If you're wondering why some events in the 2026 Winter Olympics are starting ahead of the Opening Ceremony, you're not alone. It turns out that the two weeks between the opening and closing ceremonies just isn't enough time to finish every event. By the time you wake up on Thurs., Feb. 5 morning in America you'll be able to watch actual Olympic action streaming on Peacock and then on USA long before the torch enters Milan's San Siro Stadium on Friday. The above web site gives a lengthy explanation of the above plus an opening week schedule of events. And for those interested Shirley discovered the:

USA vs. Norway mixed doubles curling will begin at about 2:00 local time on CNBCD (channel 746-xfinity) on **Thurs., Feb. 5.**

I am reasonably sure there will be several events of USA vs. a Scandinavian country televised so check your local listings for date, time & channel.

An Affair to Remember

February is also "*An Affair to Remember*" month.

February, the month for romance and Valentines, is also *An Affair to Remember* Month, remembering the classic 1957 romantic tearjerker starring Cary Grant and Deborah Kerr. *An Affair to Remember* opened in theaters in the summer of 1957. The saga of the two lovers, both already engaged to another and how they find, lose and then rediscover one another, has been called one of the most beautiful romances ever filmed by the American Film Institute.

Like many of the film's fans, Cary Grant would later admit that he would break into tears watching it.

A similar, more modern take of this movie is *Sleepless in Seattle*, starring Meg Ryan and Tom Hanks.

Try watching them as a double feature!



Movie Review

"Greenland" & "Greenland 2"

Submitted by Linda

The most recent movie I've seen is "Greenland 2" starring Gerard Butler & Marina Baccarin. It's a lowkey action movie that takes place 5 years after the first movie "Greenland". To recap "Greenland" - earth has been hit by asteroids resulting in humans being practically wiped out and one of the remaining habitable safe locations is the US Air Force base located on Greenland. The first movie follows Butler trying to get his family to the air force base on Greenland. The second movie finds the air force base getting caught in major earthquakes that are destroying it. A few remaining scientists believe the impact crater site can sustain life so the adventure to get to the crater begins. It's 1 hr 35 min and a great escape.



An Affair to Remember-Trivia

1. Who performed the theme song?
2. Who directed the original movie?
3. What was the name of the original movie & the remake?
4. How many Academy Awards was it nominated for?
5. On which ocean liner did Terry & Nickie meet?

Answers on page 13

Oldest Known Love Poem

At around 4,000 years old, 'Istanbul #2461', as it's unceremoniously called, is the oldest surviving love poem in the world. [See Check It Out on page 3](#) for more info.

Bridegroom, dear to my heart,
Goodly is you beauty, honeysweet,
Lion, dear to my heart,
Goodly is your beauty, honeysweet.
You have captivated me, let me stand
tremblingly before you.

Bridegroom, I would be taken by you to the
bedchamber,

You have captivated me, let me stand
tremblingly before you.

Lion, I would be taken by you to the
bedchamber.

Bridegroom, let me caress you,
My precious caress is more savoury than
honey,

In the bedchamber, honey-filled,
Let me enjoy your goodly beauty,
Lion, let me caress you,

My precious caress is more savoury than
honey.

Bridegroom, you have taken your pleasure of
me,

Tell my mother, she will give you delicacies,
My father, he will give you gifts.

Your spirit, I know where to cheer your spirit,

Bridegroom, sleep in our house until dawn,

Your heart, I know where to gladden your
heart,

Lion, sleep in our house until dawn.

You, because you love me,

Give me pray of your caresses,

My lord god, my lord protector,

My Shu-Sin, who gladdens Enlil's heart,

Give my pray of your caresses.

Your place goodly as honey, pray lay (your)
hand on it,

Bring (your) hand over like a gishban-
garment,

Cup (your) hand over it like a gishban-sikin-
garment.

Information (Informasjon)

Sinners Movie Review Submitted by Linda

My favorite movie of 2025 is *SINNERS*. I wanted to see this movie because I like Michael B. Jordan who's playing twin brothers. I was surprised as it was a story about 2 brothers who wanted to establish a juke joint. Along the way they encountered vampires. Sounds odd but boy does this movie deliver a fantastic storyline and music and the cast are fantastic.



More Sinners Info Submitted by Candice

The Movie *Sinners* has set a new record for most nominations at 16 this year. The previous record was 14. These are the categories it is up for:

Picture
Director
Actor
Supporting actor
Supporting actress
Original screenplay
Cinematography
Costume design

Production design
Original song
Film editing
Makeup and hair styling
Sound
Visual effects
Casting
Original score

Hollywood Actress

<https://www.facebook.com/photo/?fbid=924487506819059&set=a.183508407583643>



The first Mickey Mouse film from 1928 entered the public domain in 2024. What is the name of that movie?

Member News (Medlemsnyheter)

Kathy

January, I loved performing music... This is me performing as principal clarinetist at Clark College.

<https://www.youtube.com/watch?v=2qBRi0Qd4ZA>



Candice & Jean

We enjoyed a fun "Liquid Lunch Tea" at Candy's. Menu was Islandic Blueberry Soup (made with Iceland Water too), Vanilla White Chocolate Scones, Liquid Candy & Yorkshire Gold Tea.



Traci

Another fabulous yearly thaw in beautiful Mexico, including great food, good friends PLUS a sister-in-law! – favorite chefs, sunrises and sunsets, creatures, books, boogie boards, and football playoff games on an iPad wherever we happen to be!



Linda
Peter the Great
"Pete or Petey"
05/18/11-
12/29/25



Meeting Information (møteinformasjon)

January Meeting-January 10, 2026

We had a well attended (10 officers, 8 members & 1 guest.) very productive meeting. We had a brief Memorial to Edla. The Charter was draped, Karen P. played the DofN "Mourning Song", several of us spoke of memories of Edla & finished with a moment of silence. We then proceeded with the Pledge of Allegiance, sang *Ja Vi Elsker*, & learned the first line of *Ja Vi Elsker* (see page 7 if you want to practice it). Kathy then recognized Loretta & Karen P. birthdays & we sang *Happy Birthday*. Karen modeled her new Norwegian cape. Linda introduced her guest; her grand-niece 14 year old Cassidie Peterson (she is considering joining). We then proceeded with installation of 2026 officers; broke to go upstairs for pictures. Upon returning we continued with an interesting talk about the History of Daughters of Norway for culture. Taking a short refreshment break, we enjoyed Dill Cashews & crackers provided by Shirley, cheese provided by Amey, Cinnamon Twists provided by Karin, Kringle provided by Kathy & Hardanger Lefse provided by Kae (see recipe page 11). We then proceeded with the Business meeting. The Budget will be submitted at the Feb. Meeting & our May Field Trip destination will be announced at that time also (it was voted on by ballot). Finishing with drawing the door prize, a Cookbook donated by Kathy & won by Ellen.



Drift Team - Valkyrien # 1



By 1924 the D of N PC had set up 24 lodges



What color did Frenchy dye her hair in Grease?

Culture (Kultur)

Fat Day–Fettisdagen

Feb. 17

The semla, a small, wheat flour bun, flavored with cardamom and filled with almond paste and whipped cream, has become something of a carb-packed icon in Sweden. The traditions of semla are rooted in fettisdag (Shrove Tuesday, or Fat Tuesday) when the buns were eaten at a last celebratory feast before the Christian fasting period of Lent. At first, a semla was simply a bun, eaten soaked in hot milk (known as hetvägg)

See Check it Out page 3 for link to recipe & further info



Ja Vi Elsker

First Line

Yah, vee elsker det-teh lán-neh

What was the first James Bond movie ever made?

The Sauna Song

<https://www.facebook.com/watch/?ref=saved&v=4062601744026839>



National Sauna Week

is celebrated annually to honor and promote the Finnish sauna tradition. In 2026, it is scheduled from February 15 to February 21.



Our Sister Lodge

<https://www.daughtersofnorway.org/>

Submitted by Amey

Eva Nansen Lodge #46

in Des Moines, Iowa was founded in 2006. They meet at a church the first Tuesday of the month at 7pm, skipping a formal meeting in February, June and July. Forty-six charter members representing Norwegian, Danish and Swedish ancestries started the lodge. They have a 13-member board, and all members contribute throughout the year by serving on committees, hosting, leading cultural presentations or providing food. The lodge welcomes guests and families to celebrate Syttende Mai and Julefest, and they sponsor a Taste of Norway in October. The first weekend in December they participate in the Christkindlmarket in Des Moines, where they decorate a Norwegian-themed tree for the silent auction. The area has Scandinavian roots since the 1830s, so there is a Sons of Norway, and Danish and Swedish organizations.

Lodge Name

Eva Nansen was a famous Norwegian romance opera singer. She was born in 1859 in Oslo, the youngest of 21 children. Her father was a priest and a zoologist, and her mother ran cultural gatherings for intellectuals. Growing up in a creative and political atmosphere, Eva was raised to become a strong and independent woman. At age 28 she went to Berlin to study opera. She knew Grieg and often performed his music, and toured throughout Scandinavia. She became a pioneer in mountain and cross country skiing, helping women earn the right to participate in winter sports on equal terms with men, and wearing pants under a shortish skirt while skiing. She even met her future husband (Arctic explorer Fridtjof Nansen) while skiing : he helped her out of a snowdrift after she attempted a bold maneuver. She wanted to accompany her husband on his expedition to the North Pole, but stayed behind and toured instead. She died suddenly of pneumonia in 1907, leaving her husband to care for their four children.





Culture (Kultur)

Movies Submitted by Candice



Oscars By the Numbers

\$130,000,000-Amount Of L.A.'s Economic boom from the Oscars
6 min-Longest Speech, 1943
45 seconds-Maximum length of acceptance speech (Since 1943)
8.5 lbs-Weight of an Oscar
13.5"-Height of an Oscar
59-Most nominations, Walt Disney (He won 22 +4 honorary)
54-Most nominations, living, John Williams (he has won 5)
\$266,000-\$10m-Average cost of complete attire for actress attending(\$266,000 for first timers, \$1.5m for regular attendees, \$10m+ for A-listers)
\$18.1m-Most expensive attire worn, Cate Blanchett 2014
1-Movie won every Oscar It was nominated for(11), Lord of the Rings:The Return of the King 2003
91 years-Oldest Oscar nominee, John Williams 2024
7 years-Youngest Oscar nominee, Justin Henry, 1979
10 years-Youngest Oscar winner, Tatum O'neal 1973 (But Shirley Temple won an honorary Oscar at 6)
89 years-Oldest Oscar winner, James Ivory 2018
16-Most nominations for a single movie, Sinners 2026
4 hrs 23 min-longest Oscar show 2002
\$105,000-cost for a couple to attend the Vanity Fair after party
500 feet-Length of the red carpet
33 feet-Width of Red carpet
900 working hours-How long it takes 18 people to set up the red carpet
3-number of Oscars refused- Dudley Nichols, George C. Scott, Marlon Brando
9000-Average number of voters
\$1m-cost per movie to physically put out nominated films to voters
\$12,400- Cost per movie to stream nominated films to voters



Scandinavians in the Film

Industry

You may have heard of:
 Liv Ullmann-Norway
 Greta Garbo-Sweden
 Ingrid Bergman-Sweden
 Stellan Skarsgård-Sweden
 Max Von Sydow-Sweden
 Mads Mikkelsen-Denmark
 Lena Olin-Sweden
 Alexander Skarsgård-Sweden
 Lars Mikkelsen-Denmark
 Ann Margaret-Sweden
 Viggo Mortensen-Denmark
 Ingmar Bergman-Sweden
 Lars von Trier-Denmark
 Nicolaj Coster Waldau-Denmark
 Scarlett Johansson-Denmark
 Bibi Andersson-Sweden
 Aksel Hennie-Norway
 Peter Franzén-Finland
 Anders Danielsen Lie-Norway
 Júlíus Kemp-Iceland
 Ingvar Sigurðsson-Iceland
 Ólafur Darri Ólafsson-Iceland
 Egill "Eagle" Egilsson-Iceland

Sentimental Value



Sentimental Value is a Norwegian film that has been nominated for nine Oscars this year. It is part comedy part drama about a family. It follows two sisters and their estranged father who was once a well respected director.

Nominations:

Best Picture
 Best International Feature Film
 Lead Actress-Renate Reinsve
 Supporting Actress-Elle Fanning
 Supporting Actress- Inga Ibsdotter
 Lilleaas
 Supporting Actor-Stellan Skarsgård
 Director-Joachim Trier
 Original Screenplay
 Editing

Top Movies Through the Decades

Denmark: *Qivitoq* -1956
Pelle the Conqueror-1987
Another Round -2020
 Finland: *The Unknown Soldier* - 1955
The Match Factory Girl - 1990
Man Without a Past -2002
 Iceland: *When the Raven Flies*-1984
Children of Nature -1991
Of Horses and Men -2013
 Norway: *The Pinchcliffe Grand Prix*-1975
The Other Side of Sunday-1996
The Worst Person in the World-2021
 Sweden: *Seventh Seal*-1957
Fanny and Alexander-1982
Let the Right One In- 2008

The idea to set up an Academy Awards organization was created during a luncheon at the home of which movie studio leader& in what year?

Movies Filmed in Iceland

see check it out on page 2



The Northman

A View to A Kill-1985
Judge Dredd-1995
Lara Croft: Tomb Raider-2001
Die Another Day-2002
Batman Begins-2005
Journey to the Center of the Earth-2008
Thor: The Dark World-2013
Star Trek: Into Darkness-2013
Noah-2014
Interstellar-2014
Star Wars: The Force Awakens-2015
Captain America: Civil War-2016
Rogue One: A Star Wars Story-2016
The Fate of the Furious-2017
Justice League-2017
The Northman-2022
Against the Ice-2022
Heart of Stone-2023

Culture (Kultur)

Under cover of darkness on **February 27, 1943**, a small team of commandos skied into Nazi-occupied Norway. By sunrise, their sabotage had crippled Hitler's atomic ambitions—without a single shot being fired.



Hitler's atomic bomb program was crippled in one night. A team of 11 Norwegian commandos skied into a Nazi-occupied plant in 1943, destroying Germany's heavy water supply and crippling Hitler's nuclear ambitions without firing a shot.

Finnish National Sisu Day-Feb. 28

A national day to recognize the Finnish spirit? Absolutely. That's sisu. Sisu is more than resilience—it's determination, quiet strength, and unwavering courage in the face of all odds. It has carried Finns through wars, poverty, and endless winters. It's not loud or reckless; it simply endures. That's the beauty of it. May you find your inner sisu when challenges arise. Push forward, persevere, and come out stronger.



Embassy of Finland in the U.S

Looking for your new favorite movie or TV show? Check out our Finnish cinema recommendations.

Films & TV series:

"Sisu: Road to Revenge"



"To Cook a Bear"



"The Summer Book"



"Deadwind"



"Little Siberia"



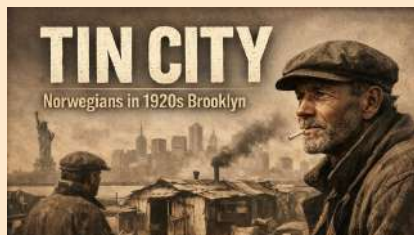
The movies and TV shows are available across different streaming platforms in the U.S.

a) How many Pixar animated films have been released?

Tin City

An interesting documentary about immigration from Norway & life in Brooklyn, NY in the 1920s. 1 hour in Norwegian with subtitles.

<https://youtu.be/MbGvQp2UoSs>



b) What is the name of the fictional kingdom where Frozen takes place?

Did You Know?

Oregon State Symbols

Submitted by Linda

<https://lookouteugene-springfield.com/story/arts-culture/2026/01/07/oregons-state-symbols-from-the-pie-to-the-crustacean/>



Here's a guide to Oregon's official symbols, from soup to nuts. Well, actually there isn't a state soup. But there is indeed a state nut. And there isn't a state bird — because there are two. Proponents of these symbols say they help build pride and unity, even in a divided society.

- 2 Birds: Meadowlark & Osprey
- animal: American beaver
- beverage: Milk
- crustacean: Dungeness crab
- dance: Square dance
- fish: Chinook salmon
- flower: Oregon grape
- fruit: Pear
- gemstone: Oregon sunstone
- insect: Oregon swallowtail butterfly
- mushroom: Pacific golden chanterelle
- nut: Hazelnut, or filbert
- microbe: Brewer's yeast
- pageant: Happy Canyon Pageant
- pet: rescue cats and dogs
- pie: Marionberry
- rock: Thunderegg
- seashell: Hairy triton
- soil: Jory soil
- song: "Oregon, My Oregon"
- steak: The T-bone
- tree: Douglas fir
- vegetable: Potatoes, all varieties

Food and Recipes (Mat og oppskrifter)

Movie Food

**It's Movie Month so what do we do when we watch movies?
Eat!**

Classic Movie Theater Snacks

- **Popcorn:** The undisputed king, with variations like caramel or cheese-flavored. (See Check it Out on pg. 3)
- **Candy:** Reese's Pieces, M&Ms, gummy candies, and chocolate.
- **Nachos:** Often served with cheese sauce and jalapeños, great for sharing.
- **Hot Dogs & Pizza:** Heartier options found at many cinemas.
- **Drinks:** Soda, milkshakes, and even coffee drinks.



Movie Night at Home Ideas

- **Dips:** Buffalo chicken, spinach-artichoke, or hummus for chips and veggies.
- **Wings:** Spicy or savory chicken wings.
- **Loaded Fries:** With cheese, bacon, or marinara.
- **Sweet Treats:** Homemade caramels, cookies, or decadent milkshakes.

What to eat while watching An Affair to Remember



To enhance the experience of watching *An Affair to Remember*, consider enjoying classic, elegant, and nostalgic foods that echo the sophisticated tone and key scenes of the film:

- Champagne & Strawberries
- Charcuterie Board
- French Pastries
- Chocolates, especially Truffles
- Ice Cream Sundae
- Warm, soft pretzel with cheese sauce
- Grapes, red wine & chocolates
- Pink Champagne cupcakes

Judy's Recipe Corner

Upplandskubben is a Swedish Bread From the 1920s

<https://matklubben.se/recept/upplandskubb-2/>

it was cooked on the stove; practical when not all households had their own oven. It was created because people wanted to make bread that could be cooked when not everyone had access to an oven. Its characteristic shape comes from placing the dough in a cylindrical saucepan, like an old milk jug or enamel pot with handles, and then placing the whole thing in a water bath in a larger pot. The result was a stump, or rather a cube, which was divided into quarters to form triangles of bread. The recipe has now been updated so that Upplandskubben can be baked in the oven. The bread is moist and keeps well.



Ingredients

- 3 ½ Tablespoons (50 g) yeast
- 14 oz.(4 dl) water
- 2/3 teaspoon salt
- ¾ cup (2 dl) syrup (See note)
- 4 ¼ cup (1 l) fine rye flour
- About 1 ¼ cups (3 ½ dl) wheat flour



Directions

1. Crumble the yeast into a mixing bowl and stir it in with a few tablespoons of the water.
2. Warm the rest of the water and pour it over the yeast.
3. Stir in the salt, syrup and rye flour. Add the wheat flour in batches and knead the dough until it is smooth and elastic. It should not be too firm.
4. Place the dough in a greased and floured bowl. Cover and let it rise until it has almost doubled in size.
5. Cook the bread in a water bath in the oven (200 degrees) or in a jam kettle on the stove for about 4 hours. The water should be 2/3 of the way up the pan.
6. Turn the loaf out and let it cool wrapped in a baking cloth. Cut it crosswise into four pieces.

Note

When a Swedish recipe calls for sirap/syrup - these are the ones we are talking about. Lyle's Golden also works. All can be found on Amazon.

Which original members of ABBA make cameos in the Mamma Mia! films?



Bestemor Ellingsen's Hardanger Lefse

Submitted by Kae

Directions

1. Mix eggs with sugar, add Karo, baking powder, soda, buttermilk & melted butter, salt, and about 5+ cups flour. *(Dough should be pliable but not sticky so it can be rolled out easily.) Use remaining flour when rolling out. Bake about 1-1/2 mins at 475° in bottom of oven or use lefse griddle at 450° or 475° (some griddles don't go to 475).
2. * Make batter the night before. Store in refrigerator overnight in flour-lined bowl. Dust with flour overall so batter doesn't dry out or stick to the bowl. Put wax paper on top of dough and then cover bowl with foil.
3. When you take the dough out the next day, make round balls from it about the size of a coffee cup bottom and about a fist size. You will be able to determine what the right size is when you start rolling it out, but it should easily fit your griddle pan. You can make them whatever size you want, of course. Make sure to roll out the dough ball thin!

Ingredients

- 3 eggs (not beaten)
- 1/2 cup sugar
- 3/4 cup White Karo
- 1-1/2 tsp. Baking Powder
- 1 tsp. Baking Soda
- 1 cup buttermilk plus 1/4 cup melted butter
- Pinch of salt
- 6-8 cups flour

Filling

Put layer of filling to cover completely, then fold in two sides so they touch; put another layer of filling on the new parts, turn the other ends in a bit and put a little filling on, then fold in half lengthwise and cut into individual lefse. You get 4-6 pieces of lefse from one sheet. This filling mix is faster but I prefer to put butter on first then shake on the sugar/cinnamon.

Use plenty of flour on the board when rolling out. We usually use a stocking cover over the rolling pin, too. Not sure whether this really makes a difference. You do need a lefse stick to slide under the rolled-out dough to place it on the griddle. First, make rounded patties from the dough, then roll out round and thin, but not too thin – the size should end up being about the circumference of the lefse griddle. Also keep the dough cold; if it gets warm, it will stick. The lefse sheets will be very stiff after baking. For best results, keep the lefse for a week or more before adding the filling. (It also can be made months ahead of time.) When you're ready to add the filling (see below), first put several layers of dishtowels on a table and have others to put on top. Then, wet the lefse lightly under the tap (if it's wet too much it becomes sticky), lay out singly on the towels and cover with one towel. They should be ready for the filling application in about 30-45 minutes. The lefse has to be pliable enough to bend without breaking but not so soggy that you can't spread the filling!

Notes:

Upcoming Events (Kommernde arrangementer)

a) Who plays Zoey Baker in Cheaper by the Dozen (2022)?



Amey's Concert

an orchestra concert that includes Grieg's suite from Peer Gynt
Sunday March 8, 3pm, Willamette HS in Eugene. More info:

escorchestra.org



Nordic Northwest Events for February [https://www.nordicnorthwest.org/upcoming-](https://www.nordicnorthwest.org/upcoming-events) [events](https://www.nordicnorthwest.org/upcoming-events)

Go to website for more info, tickets, etc.

- Feb. 2- Scandinavians in New Netherland: with Author Sandra Freels
- Feb. 15-Fastelavn: Nordic Kid's Carnival
- Feb. 18 & 19-National Sauna Week Livestreams
- Feb. 20-The Teachers' Protest
- Feb. 21-Kids Winter Wonderland Using LEGO
- Feb. 22-The Fantastic Art of Paper Cutting

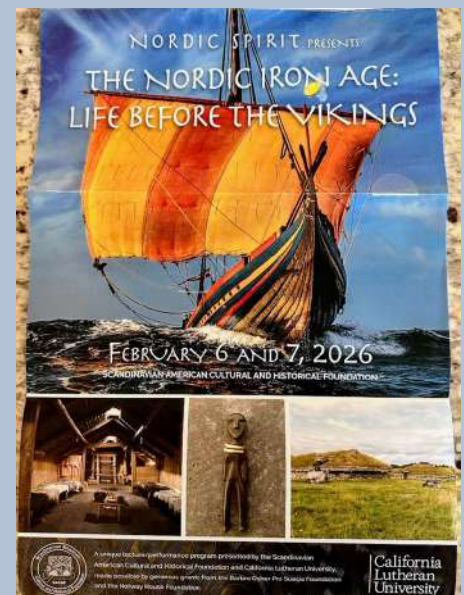


There are also multiple knitting, conversation, etc. events on a monthly basis

Life Before the Vikings-Feb. 6 & 7

Submitted by Traci

<https://scandinaviancenter.org/nordic-spirit-symposium/>



b) What famous star produced Barbie? 11

Making Movies

Word Search Puzzle



ACTORS	HOLLYWOOD	SCREENPLAY
CAMERA	LIGHTING	SCRIPT
CLOSE UP	LOCATION	SOUND STAGE
COSTUME	MAKE-UP	SPECIAL EFFECTS
DIALOGUE	MUSIC	STORYBOARD
DIRECTOR	PRODUCTION	STUDIO
EDITING	PROPS	STUNTS
FILM CREW	SCENES	WARDROBE



Valentine Word Scramble

The following mixed-up words have something to do with Valentine's Day. Unscramble the letters to identify them all.

1. Evlo _____
2. Scelocatho _____
3. Swelfor _____
4. Eссор _____
5. Eatd Thing _____
6. Theastrewe _____
7. Dynac _____
8. Reggiten Dracs _____
9. Figt _____
10. Meancro _____
11. Tinas Linnevat _____
12. Scarvenitoon _____
13. Nightcalled _____
14. Skiess _____
15. Ninred Tou _____
16. Stinntem _____
17. Sugh _____
18. Tonicaffe _____
19. Ducip _____
20. Shippanes _____

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JOKES OF THE MONTH (Månedens Vits)

Ole, the poet
I stole a kiss da udder night
My conscience hurts, alack.
I think I'll go again tonight,
And put da blame thing back!



A Few Fun Facts About Movies

- The snow in *The Wizard of Oz* was actually asbestos
- Humphrey Bogart improvised *Casablanca*'s most famous line "Here's looking at you, kid."
- Alan Rickman's reaction to falling in *Die Hard* was real.
- Gene Kelly was ill when he filmed his famous Singin' in the Rain scene
- *Pretty in Pink* was filmed at the same Los Angeles high school where they filmed *Grease*.

DID YOU KNOW? (VISSTE DU?)

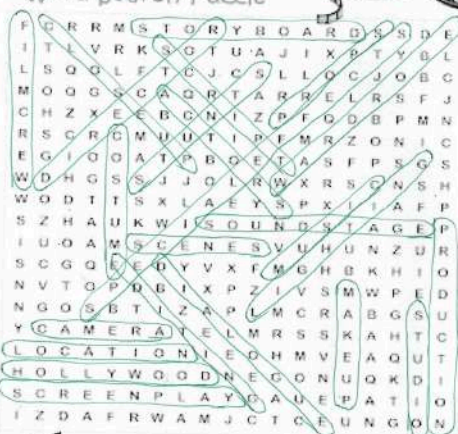
Valentines

- In 1537, England's King Henry VII officially declared February 14 the holiday of St. Valentine's Day.
- About 1 billion Valentine's Day cards are exchanged each year.
- Valentine's Day and Mother's Day are the biggest holidays for giving flowers.
- 189 million stems of roses are sold in the U.S. on Valentine's Day.
- Richard Cadbury created the first known heart-shaped box of chocolates for Valentine's Day in 1868.
- Four states have a city named "Valentine". Arizona, Nebraska, Texas and Virginia.
- Red roses are considered the flower of love because the color red stands for strong romantic feelings.

Answers & Extras (svar og tillegg)

Making Movies

Word Search Puzzle



ACTORS	HOLLYWOOD	SCREENPLAY
CAMERA	LIGHTING	SCRIPT
CLOSE UP	LOCATION	SOUND STAGE
COSTUME	MAKE-UP	SPECIAL EFFECTS
DIALOGUE	MUSIC	STORYBOARD
DIRECTOR	PRODUCTION	STUDIO
EDITING	PROPS	STUNTS
FILM CREW	SCENES	WARDROBE

Valentine Word Scramble

The following mixed-up words have something to do with Valentine's Day. Unscramble the letters to identify them all.



1. Evlo Love
2. Scelocatho Chocolates
3. Swelfor Flowers
4. Eссор Roses
5. Eatd Thing date night
6. Theastrewe Sweetheart
7. Dynac Candy
8. Reggiten Dracs Greeting card
9. Figt Gift
10. Meancro Romance
11. Tinas Linnevat Saint valentine
12. Scarvenitoon converation
13. Nightcalled candlelight
14. Skiess Kisses
15. Ninred Tou dinner out
16. Stinnteem Sentiment
17. Sugh Hugs
18. Tonicaffe Affection
19. Ducip Cupid
20. Shippanes Happiness

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Brain Teasers

- page 1: Sweden
page 2: 1939
page 3: *It* (2017)
page 5: Steamboat Willie
page 6: pink
page 7: Dr. No
page 8: Louis B. Mayer, in 1927
page 9a: 27
page 9b: Arendelle
page 10: Benny Andersson and Björn Ulvaeus
page 11a: Gabrielle Union
page 11 b: Margot Robbie
page 12: The Kragle

Trivia: *An Affair to Remember*

1. Vic Damone
2. Leo McCarey
3. Love Affair
4. 4
5. SS Constitution



**A BIG THANK YOU TO ALL WHO HAVE
HELPED WITH THE NEWSLETTER
THIS MONTH..TUSEN TAKK**