



2026 Newsletter  
 Agnes Mathilde Wergeland  
[Daughtersofnorway#52@gmail.com](mailto:Daughtersofnorway#52@gmail.com)  
 Lodge #52  
 Willamette Valley, Oregon  
 Producer & Editor: Jean Payne  
 This may be viewed by the public



Northern Lights, Norway, in February

## Meetings



Board Meeting: 2<sup>nd</sup> Saturday, February 14, 10:00 am online . Kae will send out a reminder on or near Wed. , Feb. 11 with log-in info.

General Meeting: 3<sup>rd</sup> Saturday, February 21, 10:00 am at Faith Lutheran Church, 926 W 6<sup>th</sup> Ave., Junction City. Kae will send out a reminder on or near Wed. Feb. 18

## February Celebrations



## Name Days & Name Meanings

Amey suggested we try this, so here goes. Many countries have name days so this year I will endeavor to find what day & country your name falls too (Nordic countries only) plus if possible what your name means. I will highlight your name for name days (which can be any month not necessarily birth months) & also use birthdays to give name meaning.

### Celebrating February Name Days

Ellen - Feb. 10, Finland

Randi - Feb. 12, Norway

Jill - Feb. 16, Norway

### Name Meanings

Lauren: English of Hebrew origins meaning Love

Jill: English, meaning Youthful or Child of God.

Sonia: Greek & Russian meaning Wisdom

Colleen: Irish, meaning Young Girl

Which country does Dani travel to in "Midsommar"?

## Movie Month

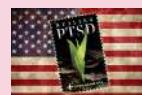


GLOBAL MOVIE DAY is the Second Saturday in February, therefore Candice & I decided to make our February theme Movies along with Valentines. Though the Oscars don't take place until March 15. I am also going to continue with Brain Teasers throughout, just for fun (the answers will be on the last page and they relate to movies).

## Stamps for the Wounded

<https://www.stampsforthewounded.org/>

Representative Shirley



### KEEP COLLECTING & SAVING THOSE STAMPS!

Shirley has sent 2025's.

We will continue saving stamps for Stamps for the Wounded Project. Please save all of your stamps bring stamps to the Feb. meeting. The box will be next to the door to put them in.

# Information (Informasjon)

## Sisters

### Edla Johnson



Our dear Edla passed on December 30, 2025 after suffering a heart attack on Christmas Eve. We had a short memorial at our Jan. meeting. The Lodge has donated \$25 to the GL Scholarship Fund in her name.



Karin Custance by Kathy  
On January 7, I lost a great friend. I will truly miss her with all my heart. A Frida Hansen member who made my bunad & many others.



Princess Désirée, the sister of King Carl XVI Gustaf of Sweden, has passed away at the age of 87.

H.M The King's sister Princess Désirée,  
Baroness Silfverschiöld, of Sweden passed away peacefully in her home at Koberg in Västergötland on Wednesday, January 21st, 2026, surrounded by her family. The Princess was 87 years old.

Our condolences to all concerned.



2016



2022



2016

### Sue Scott



Oct. 2025



A Welcome Table



A Raffle Table



A Sale Table

It is with a very sad, heavy heart that I need to inform you of the passing of Sue Scott. She passed on January 25, 2026. We were informed by her sister on the 24<sup>th</sup> that she had been placed in Hospice. Traci had planned to see her on the 25 but she passed before that could happen. What a wonderful sister Sue was. She joined our Lodge February 25, 2012. She served as Greeter in 2013 & became Head Greeter 2014-2024, she rarely missed a meeting & always made sure the Welcome table was "Welcoming" as well as usually set up the sale & raffle tables. She also set up & maintained our Face Book page. She contracted Cancer & could no longer attend meetings in 2024. Thankfully she did attend our October 2025 meeting where she looked pretty well. Sue was always our go-to craft person. She & her talents will be Greatly missed. Our sympathies & prayers go to her family.

## Stay Connected

Email: [daughtersofnorway52@gmail.com](mailto:daughtersofnorway52@gmail.com)

Face Book: <http://wwwfacebook.com/groups/amw52>

Email us with questions or comments. Check out our Face Book page. We try to post Scandinavian items often & we do post pictures of our in-person meetings.



## Some of Our Favorite Movies

- Carol - Sound of Music
- Judy - American Graffiti & Hawaii Oslo
- Colleen - Casablanca
- Kae - Blue Thunder & Die Hard
- Candy - Beaches & What Dreams May Come
- Linda - most Sci-Fi.
- Jean - Fiddler on the Roof & Mama Mia



## Review of The Commoner by Karin



I watched a series on Prime video that was great! Called 'The Commoner'. It's about King Harald and Queen Sonja. I learned about the monarchy and changing culture.

I recommend it!

## What year was the movie Gone With The Wind released?

# Information (Informasjon)

## Faith Lutheran Church News

<https://www.faithlutheranjc.org/newsletters>

Giving Opportunities, Sisters we can also help. Bring donations to the Meeting. Our Marshall Lamee will see that they are put in the proper places.

**Bunches of Lunches:** (BOL) Leave your donations of fruit cups and/or applesauce cups in the blue tote in the hall.

Bring your empty egg cartons to the hall, Larry will deliver to Local Aid for use.

**Help For Low Income Pets & their people.** Collecting warm socks, hats and gloves for people on the street (neighbors in Christ), place your donations in the marked box in the fellowship hall. Also, pet food (Kitty and Fido didn't like the new food you bought?) donate it... I take opened bags! Sandy W.

Donate your returnable cans and bottles. Use the blue bags found in the parish hall.



### Check It Out



 The love story of Snøfrid and King Harald:  
<https://www.facebook.com/photo/?fbid=122234551574167296&set=gm.1814123422525189&id=845687382702136>



Fat Day Buns- Swedish Semlor-  
<https://www.christinascucina.com/semlor-traditional-swedish-fat-tuesday-buns-semla/>



All about popcorn:  
<https://www.popcorn.org/Recipes>



Oldest known love poem info:  
<https://www.ibtimes.co.uk/read-oldest-love-poem-world-1612688>



Norsk Hostfest in Minot, SD is ending:  
<https://hostfest.com/>

Candice: A good site for info on locations in Iceland w/ pics. <https://guidetoicealand.is/history-culture/movie-locations-in-iceland>



What is the highest grossing horror film of all time?

### Winter Olympics

<https://www.si.com/winter-olympics/why-do-the-winter-olympics-start-days-before-opening-ceremony>



The Milan Cortina Games begin on Fri., Feb. 6 but fans who can't wait for Olympic action will be able to tune in and watch up to two days early as multiple sports will get started before the cauldron is lit. If you're wondering why some events in the 2026 Winter Olympics are starting ahead of the Opening Ceremony, you're not alone. It turns out that the two weeks between the opening and closing ceremonies just isn't enough time to finish every event. By the time you wake up on Thurs., Feb. 5 morning in America you'll be able to watch actual Olympic action streaming on Peacock and then on USA long before the torch enters Milan's San Siro Stadium on Friday. The above web site gives a lengthy explanation of the above plus an opening week schedule of events. And for those interested Shirley discovered the:

USA vs. Norway mixed doubles curling will begin at about 2:00 local time on CNBC (channel 746-xfinity) on Thurs., Feb. 5.

I am reasonably sure there will be several events of USA vs. a Scandinavian country televised so check your local listings for date, time & channel.

# Information (Informasjon)

## An Affair to Remember

February is also "An Affair to Remember" month.

February, the month for romance and Valentines, is also An Affair to Remember

Month, remembering the classic 1957 romantic tearjerker starring Cary Grant and Deborah Kerr. An Affair to Remember opened in theaters in the summer of 1957.

The saga of the two lovers, both already engaged to another and how they find, lose and then rediscover one another, has been called one of the most beautiful romances ever filmed by the American Film Institute.

Like many of the film's fans, Cary Grant would later admit that he would break into tears watching it.

A similar, more modern take of this movie is Sleepless in Seattle, starring Meg Ryan and Tom Hanks.

Try watching them as a double feature!



## Movie Review

### "Greenland" & "Greenland 2"

Submitted by Linda

The most recent movie I've seen is "Greenland 2" starring Gerard Butler & Marina Baccarin. It's a lowkey action movie that takes place 5 years after the first movie "Greenland". To recap "Greenland" - earth has been hit by asteroids resulting in humans being practically wiped out and one of the remaining habitable safe locations is the US Air Force base located on Greenland. The first movie follows Butler trying to get his family to the air force base on Greenland. The second movie finds the air force base getting caught in major earthquakes that are destroying it. A few remaining scientists believe the impact crater site can sustain life so the adventure to get to the crater begins. It's 1 hr 35 min and a great escape.



## An Affair to Remember-Trivia

1. Who performed the theme song?
2. Who directed the original movie?
3. What was the name of the original movie & the remake?
4. How many Academy Awards was it nominated for?
5. On which ocean liner did Terry & Nickie meet?

Answers on page 13

## Oldest Known Love Poem

At around 4,000 years old, "Istanbul #2461", as it's unceremoniously called, is the oldest surviving love poem in the world. See [Check It Out on page 3](#) for more info.

Bridegroom, dear to my heart,  
Goodly is you beauty, honeysweet,  
Lion, dear to my heart,  
Goodly is your beauty, honeysweet.  
You have captivated me, let me stand  
tremblingly before you.

Bridegroom, I would be taken by you to the  
bedchamber,  
You have captivated me, let me stand  
tremblingly before you.  
Lion, I would be taken by you to the  
bedchamber.

Bridegroom, let me caress you,  
My precious caress is more savoury than  
honey,

In the bedchamber, honey-filled,  
Let me enjoy your goodly beauty,  
Lion, let me caress you,  
My precious caress is more savoury than  
honey.

Bridegroom, you have taken your pleasure of  
me,

Tell my mother, she will give you delicacies,  
My father, he will give you gifts.

Your spirit, I know where to cheer your spirit,  
Bridegroom, sleep in our house until dawn,  
Your heart, I know where to gladden your  
heart,

Lion, sleep in our house until dawn.

You, because you love me,  
Give me pray of your caresses,  
My lord god, my lord protector,  
My Shu-Sin, who gladdens Enlil's heart,  
Give my pray of your caresses.

Your place goodly as honey, pray lay (your  
hand on it,

Bring (your) hand over like a gishban-  
garment,

Cup (your) hand over it like a gishban-sikin-  
garment.

# Information (Informasjon)

## Sinners Movie Review Submitted by Linda

My favorite movie of 2025 is **SINNERS**. I wanted to see this movie because I like Michael B. Jordan who's playing twin brothers. I was surprised as it was a story about 2 brothers who wanted to establish a juke joint. Along the way they encountered vampires. Sounds odd but boy does this movie deliver a fantastic storyline and music and the cast are fantastic.



## More Sinners Info Submitted by Candice

The Movie Sinners has set a new record for most nominations at 16 this year. The previous record was 14. These are the categories it is up for:

Picture  
Director  
Actor  
Supporting actor  
Supporting actress  
Original screenplay  
Cinematography  
Costume design

Production design  
Original song  
Film editing  
Makeup and hair styling  
Sound  
Visual effects  
Casting  
Original score

Hollywood Actress  
<https://www.facebook.com/photo/?fbid=924487506819059&et=a.183508407583643>



"In 1975, a Hollywood actress walked into a refugee camp with beautiful nails. What happened next created a \$10 billion industry and changed the lives of hundreds of thousands of families."

The first Mickey Mouse film from 1928 entered the public domain in 2024. What is the name of that movie?

## Member News (Medlemsnyheter)

### Kathy

January, I loved performing music... This is me performing as principal clarinetist at Clark College.

<https://www.youtube.com/watch?v=2qBRi0Qd4ZA>



### Candice & Jean

We enjoyed a fun "Liquid Lunch Tea" at Candy's. Menu was Icelandic Blueberry Soup (made with Iceland Water too), Vanilla White Chocolate Scones, Liquid Candy & Yorkshire Gold Tea.



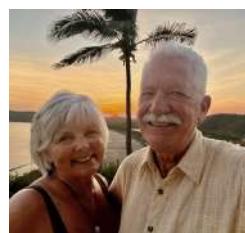
### Linda

Peter the Great  
"Pete or Petey"  
05/18/11-  
12/29/25



### Traci

Another fabulous yearly thaw in beautiful Mexico, including great food, good friends PLUS a sister-in-law! – favorite chefs, sunrises and sunsets, creatures, books, boogie boards, and football playoff games on an iPad wherever we happen to be!



# Meeting Information (møteinformasjon)

## January Meeting—January 10, 2026

We had a well attended (10 officers, 8 members & 1 guest.) very productive meeting. We had a brief Memorial to Edla. The Charter was draped, Karen P. played the DofN "Mourning Song", several of us spoke of memories of Edla & finished with a moment of silence. We then proceeded with the Pledge of Allegiance, sang *Ja Vi Elsker*, & learned the first line of *Ja Vi Elsker* (see page 7 if you want to practice it). Kathy then recognized Loretta & Karen P. birthdays & we sang *Happy Birthday*. Karen modeled her new Norwegian cape. Linda introduced her guest; her grand-niece 14 year old Cassidie Peterson (she is considering joining). We then proceeded with installation of 2026 officers; broke to go upstairs for pictures. Upon returning we continued with an interesting talk about the History of Daughters of Norway for culture. Taking a short refreshment break, we enjoyed Dill Cashews & crackers provided by Shirley, cheese provided by Amey, Cinnamon Twists provided by Karin, Kringle provided by Kathy & Hardanger Lefse provided by Kae (see recipe page 11). We then proceeded with the Business meeting. The Budget will be submitted at the Feb. Meeting & our May Field Trip destination will be announced at that time also (it was voted on by ballot). Finishing with drawing the door prize, a Cookbook donated by Kathy & won by Ellen.



# Culture (Kultur)

## Fat Day-Fettisdagen

Feb. 17



The semla, a small, wheat flour bun, flavored with cardamom and filled with almond paste and whipped cream, has become something of a carb-packed icon in Sweden. The traditions of semla are rooted in fettisdag (Shrove Tuesday, or Fat Tuesday) when the buns were eaten at a last celebratory feast before the Christian fasting period of Lent. At first, a semla was simply a bun, eaten soaked in hot milk (known as hetvägg).

See Check it Out page 3 for link to recipe & further info



What was the first James Bond movie ever made?

## The Sauna Song

<https://www.facebook.com/watch/?ref=saved&v=4062601744026839>



## Ja Vi Elsker

First Line

Yah, vee elsker det-teh lán-neh

## National Sauna Week

is celebrated annually to honor and promote the Finnish sauna tradition. In 2026, it is scheduled from February 15 to February 21.



## Our Sister Lodge

<https://www.daughtersofnorway.org/>

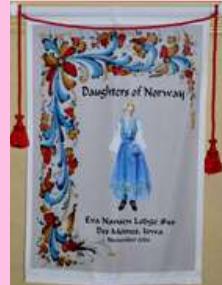
Submitted by Amey

## Eva Nansen Lodge #46

in Des Moines, Iowa was founded in 2006. They meet at a church the first Tuesday of the month at 7pm, skipping a formal meeting in February, June and July. Forty-six charter members representing Norwegian, Danish and Swedish ancestries started the lodge. They have a 13-member board, and all members contribute throughout the year by serving on committees, hosting, leading cultural presentations or providing food. The lodge welcomes guests and families to celebrate Syttende Mai and Julefest, and they sponsor a Taste of Norway in October. The first weekend in December they participate in the Christkindlmarket in Des Moines, where they decorate a Norwegian-themed tree for the silent auction. The area has Scandinavian roots since the 1830s, so there is a Sons of Norway, and Danish and Swedish organizations.

### Lodge Name

Eva Nansen was a famous Norwegian romance opera singer. She was born in 1859 in Oslo, the youngest of 21 children. Her father was a priest and a zoologist, and her mother ran cultural gatherings for intellectuals. Growing up in a creative and political atmosphere, Eva was raised to become a strong and independent woman. At age 28 she went to Berlin to study opera. She knew Grieg and often performed his music, and toured throughout Scandinavia. She became a pioneer in mountain and cross country skiing, helping women earn the right to participate in winter sports on equal terms with men, and wearing pants under a shortish skirt while skiing. She even met her future husband (Arctic explorer Fridtjof Nansen) while skiing: he helped her out of a snowdrift after she attempted a bold maneuver. She wanted to accompany her husband on his expedition to the North Pole, but stayed behind and toured instead. She died suddenly of pneumonia in 1907, leaving her husband to care for their four children.





# Culture (Kultur)

## Movies Submitted by Candice



### Oscars By the Numbers



**\$130,000,000**-Amount Of L.A.'s Economic boom from the Oscars

**6 min**-Longest Speech, 1943

**45 seconds**-Maximum length of acceptance speech (Since 1943)

**8.5 lbs**-Weight of an Oscar

**13.5"**-Height of an Oscar

**59**-Most nominations, Walt Disney (He won 22 +4 honorary)

**54**-Most nominations, living, John Williams (he has won 5)

**\$266,000-\$10m**-Average cost of complete attire for actress attending (\$266,000 for first timers, \$1.5m for regular attendees, \$10m+ for A-listers)

**\$18.1m**-Most expensive attire worn, Cate Blanchett 2014

**1**-Movie won every Oscar It was nominated for (11), Lord of the Rings: The Return of the King 2003

**91 years**-Oldest Oscar nominee, John Williams 2024

**7 years**-Youngest Oscar nominee, Justin Henry, 1979

**10 years**-Youngest Oscar winner, Tatum O'Neal 1973 (But Shirley Temple won an honorary Oscar at 6)

**89 years**-Oldest Oscar winner, James Ivory 2018

**16**-Most nominations for a single movie, Sinners 2026

**4 hrs 23 min**-longest Oscar show 2002

**\$105,000**-cost for a couple to attend the Vanity Fair after party

**500 feet**-Length of the red carpet

**33 feet**-Width of Red carpet

**900 working hours**-How long it takes

18 people to set up the red carpet

**3**-number of Oscars refused- Dudley Nichols, George C. Scott, Marlon Brando

**9000**-Average number of voters

**\$1m**-cost per movie to physically put out nominated films to voters

**\$12,400**- Cost per movie to stream nominated films to voters

### Scandinavians in the Film Industry

You may have heard of:

Liv Ullmann-Norway

Greta Garbo-Sweden

Ingrid Bergman-Sweden

Stellan Skarsgård-Sweden

Max Von Sydow-Sweden

Mads Mikkelsen-Denmark

Lena Olin-Sweden

Alexander Skarsgård-Sweden

Lars Mikkelsen-Denmark

Ann Margaret-Sweden

Viggo Mortensen-Denmark

Ingmar Bergman-Sweden

Lars von Trier-Denmark

Nicolaj Coster Waldau-Denmark

Scarlett Johansson-Denmark

Bibi Andersson-Sweden

Aksel Hennie-Norway

Peter Franzén-Finland

Anders Danielsen Lie-Norway

Július Kemp-Iceland

Ingvar Sigurðsson-Iceland

Ólafur Darri Ólafsson-Iceland

Egill "Eagle" Egilsson-Iceland

### Sentimental Value



**Sentimental Value** is a Norwegian film that has been nominated for nine Oscars this year. It is part comedy part drama about a family. It follows two sisters and their estranged father who was once a well respected director.

#### Nominations:

Best Picture

Best International Feature Film

Lead Actress-Renate Reinsve

Supporting Actress-Elle Fanning

Supporting Actress- Inga Íbsdóttir

Lilleaas

Supporting Actor-Stellan Skarsgård

Director-Joachim Trier

Original Screenplay

Editing

### Top Movies Through the Decades

**Denmark:** Qivitoq -1956

*Pelle the Conqueror*-1987

*Another Round* -2020

**Finland:** *The Unknown Soldier* - 1955

*The Match Factory Girl* - 1990

*Man Without a Past* -2002

**Iceland:** *When the Raven Flies*-1984

*Children of Nature* -1991

*Of Horses and Men* -2013

**Norway:** *The Pinchcliffe Grand Prix*-1975

*The Other Side of Sunday*-1996

*The Worst Person in the World*-2021

**Sweden:** *Seventh Seal*-1957

*Fanny and Alexander*-1982

*Let the Right One In* - 2008

*The idea to set up an Academy Awards organization was created during a luncheon at the home of which movie studio leader & in what year?*

### Movies Filmed in Iceland

see check it out on page 2



*The Northman*

*A View to A Kill*-1985

*Judge Dredd*-1995

*Lara Croft: Tomb Raider*-2001

*Die Another Day*-2002

*Batman Begins*-2005

*Journey to the Center of the Earth*-2008

*Thor: The Dark World*-2013

*Star Trek: Into Darkness*-2013

*Noah*-2014

*Interstellar*-2014

*Star Wars: The Force Awakens*-2015

*Captain America: Civil War*-2016

*Rogue One: A Star Wars Story*-2016

*The Fate of the Furious*-2017

*Justice League*-2017

*The Northman*-2022

*Against the Ice*-2022

*Heart of Stone*-2023

# Culture (Kultur)

Under cover of darkness on **February 27, 1943**, a small team of commandos skied into Nazi-occupied Norway. By sunrise, their sabotage had crippled Hitler's atomic ambitions—without a single shot being fired.



Hitler's atomic bomb program was crippled in one night. A team of 11 Norwegian commandos skied into a Nazi-occupied plant in 1943, destroying Germany's heavy water supply and crippling Hitler's nuclear ambitions without firing a shot.

**Embassy of Finland in the U.S**  
Looking for your new favorite movie or TV show? Check out our Finnish cinema recommendations.

#### Films & TV series:

**"Sisu: Road to Revenge"**



**"To Cook a Bear"**



**"The Summer Book"**



**"Deadwind"**



**"Little Siberia"**



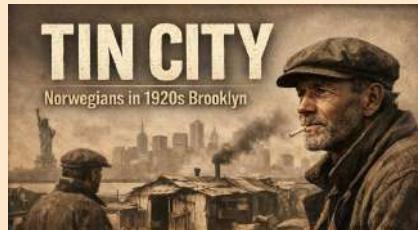
The movies and TV shows are available across different streaming platforms in the U.S.

a) How many Pixar animated films have been released?

## Tin City

An interesting documentary about immigration from Norway & life in Brooklyn, NY in the 1920s. 1 hour in Norwegian with subtitles.

<https://youtu.be/MbGvQp2UoSs>



b) What is the name of the fictional kingdom where Frozen takes place?

## Finnish National Sisu Day-**Feb. 28**

A national day to recognize the Finnish spirit? Absolutely. That's sisu.

Sisu is more than resilience—it's determination, quiet strength, and unwavering courage in the face of all odds. It has carried Finns through wars, poverty, and endless winters. It's not loud or reckless; it simply endures. That's the beauty of it.

May you find your inner sisu when challenges arise. Push forward, persevere, and come out stronger.



## Did You Know?

### Oregon State Symbols

Submitted by Linda



<https://lookouteugene-springfield.com/story/arts-culture/2026/01/07/oregons-state-symbols-from-the-pie-to-the-crustacean/>

Here's a guide to Oregon's official symbols, from soup to nuts. Well, actually there isn't a state soup. But there is indeed a state nut. And there isn't a state bird — because there are two. Proponents of these symbols say they help build pride and unity, even in a divided society.

- 2 Birds: Meadowlark & Osprey
- animal: American beaver
- beverage: Milk
- crustacean: Dungeness crab
- dance: Square dance
- fish: Chinook salmon
- flower: Oregon grape
- fruit: Pear
- gemstone: Oregon sunstone
- insect: Oregon swallowtail butterfly
- mushroom: Pacific golden chanterelle
- nut: Hazelnut, or filbert
- microbe: Brewer's yeast
- pageant: Happy Canyon Pageant
- pet: rescue cats and dogs
- pie: Marionberry
- rock: Thunderegg
- seashell: Hairy triton
- soil: Jory soil
- song: "Oregon, My Oregon"
- steak: The T-bone
- tree: Douglas fir
- vegetable: Potatoes, all varieties

# Food and Recipes (Mat og oppskrifter)

## Movie Food

It's Movie Month so what do we do when we watch movies?

Eat!

### Classic Movie Theater Snacks

- **Popcorn:** The undisputed king, with variations like caramel or cheese-flavored. (See Check it Out on pg. 3)
- **Candy:** Reese's Pieces, M&Ms, gummy candies, and chocolate.
- **Nachos:** Often served with cheese sauce and jalapeños, great for sharing.
- **Hot Dogs & Pizza:** Heartier options found at many cinemas.
- **Drinks:** Soda, milkshakes, and even coffee drinks.



### Movie Night at Home Ideas

- **Dips:** Buffalo chicken, spinach-artichoke, or hummus for chips and veggies.
- **Wings:** Spicy or savory chicken wings.
- **Loaded Fries:** With cheese, bacon, or marinara.
- **Sweet Treats:** Homemade caramels, cookies, or decadent milkshakes.

What to eat while watching An Affair to Remember



To enhance the experience of watching *An Affair to Remember*, consider enjoying classic, elegant, and nostalgic foods that echo the sophisticated tone and key scenes of the film:

- Champagne & Strawberries
- Charcuterie Board
- French Pastries
- Chocolates, especially Truffles
- Ice Cream Sundae
- Warm, soft pretzel with cheese sauce
- Grapes, red wine & chocolates
- Pink Champagne cupcakes

## Judy's Recipe Corner

### Upplandskubben is a Swedish Bread From the 1920s

<https://matlubben.se/recept/upplandskubb-2/>



it was cooked on the stove; practical when not all households had their own oven.

It was created because people wanted to make bread that could be cooked when not everyone had access to an oven. Its characteristic shape comes from placing the dough in a cylindrical saucepan, like an old milk jug or enamel pot with handles, and then placing the whole thing in a water bath in a larger pot. The result was a stump, or rather a cube, which was divided into quarters to form triangles of bread. The recipe has now been updated so that Upplandskubben can be baked in the oven. The bread is moist and keeps well.

#### Ingredients

- 3 ½ Tablespoons (50 g) yeast
- 14 oz. (4 dl) water
- 2/3 teaspoon salt
- ¾ cup (2 dl) syrup (See note)
- 4 ¼ cup (1 l) fine rye flour
- About 1 ¼ cups (3 ½ dl) wheat flour



#### Directions

1. Crumble the yeast into a mixing bowl and stir it in with a few tablespoons of the water.
2. Warm the rest of the water and pour it over the yeast.
3. Stir in the salt, syrup and rye flour. Add the wheat flour in batches and knead the dough until it is smooth and elastic. It should not be too firm.
4. Place the dough in a greased and floured bowl. Cover and let it rise until it has almost doubled in size.
5. Cook the bread in a water bath in the oven (200 degrees) or in a jam kettle on the stove for about 4 hours. The water should be 2/3 of the way up the pan.
6. Turn the loaf out and let it cool wrapped in a baking cloth. Cut it crosswise into four pieces.

#### Note

When a Swedish recipe calls for sirap/syrup - these are the ones we are talking about. Lyle's Golden also works. All can be found on Amazon.



### Ingredients

- 3 eggs (not beaten)
- ½ cup sugar
- ¾ cup White Karo
- 1-½ tsp. Baking Powder
- 1 tsp. Baking Soda
- 1 cup buttermilk plus ¼ cup melted butter
- Pinch of salt
- 6-8 cups flour

### Filling

Put layer of filling to cover completely, then fold in two sides so they touch; put another layer of filling on the new parts, turn the other ends in a bit and put a little filling on, then fold in half lengthwise and cut into individual lefse. You get 4-6 pieces of lefse from one sheet. This filling mix is faster but I prefer to put butter on first then shake on the sugar/cinnamon.

## Bestemor Ellingsen's Hardanger Lefse

Submitted by Kae

### Directions

1. Mix eggs with sugar, add Karo, baking powder, soda, buttermilk & melted butter, salt, and about 5+ cups flour. \*(Dough should be pliable but not sticky so it can be rolled out easily.) Use remaining flour when rolling out. Bake about 1-½ mins at 475° in bottom of oven or use lefse griddle at 450° or 475° (some griddles don't go to 475).
2. \* Make batter the night before. Store in refrigerator overnight in flour-lined bowl. Dust with flour overall so batter doesn't dry out or stick to the bowl. Put wax paper on top of dough and then cover bowl with foil.
3. When you take the dough out the next day, make round balls from it about the size of a coffee cup bottom and about a fist size. You will be able to determine what the right size is when you start rolling it out, but it should easily fit your griddle pan. You can make them whatever size you want, of course. Make sure to roll out the dough ball thin!

### Notes:

Use plenty of flour on the board when rolling out. We usually use a stocking cover over the rolling pin, too. Not sure whether this really makes a difference. You do need a lefse stick to slide under the rolled-out dough to place it on the griddle. First, make rounded patties from the dough, then roll out round and thin, but not too thin – the size should end up being about the circumference of the lefse griddle. Also keep the dough cold; if it gets warm, it will stick. The lefse sheets will be very stiff after baking. For best results, keep the lefse for a week or more before adding the filling. (It also can be made months ahead of time.) When you're ready to add the filling (see below), first put several layers of dishtowels on a table and have others to put on top. Then, wet the lefse lightly under the tap (if it's wet too much it becomes sticky), lay out singly on the towels and cover with one towel. They should be ready for the filling application in about 30-45 minutes. The lefse has to be pliable enough to bend without breaking but not so soggy that you can't spread the filling!

## Upcoming Events (Kommande arrangementer)

a) Who plays Zoey Baker in Cheaper by the Dozen (2022)?



### Amey's Concert



an orchestra concert that includes Grieg's suite from *Peer Gynt*  
Sunday March 8, 3pm, Willamette HS in Eugene. More info:  
[escorchestra.org](http://escorchestra.org)

## Nordic Northwest Events for February

<https://www.nordicnorthwest.org/upcoming-events>



Go to website for more info, tickets, etc.

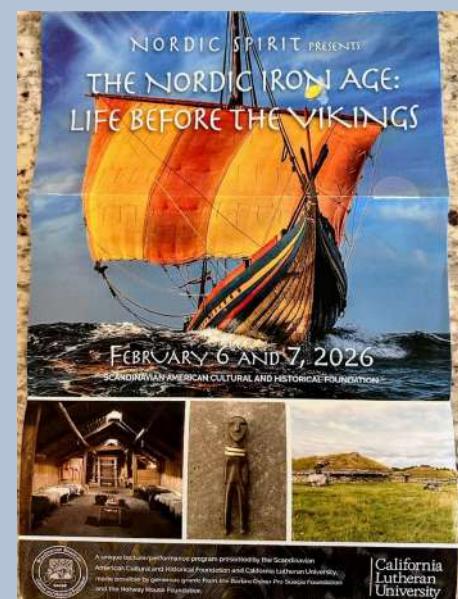
- Feb. 2- Scandinavians in New Netherland: with Author Sandra Freels
- Feb. 15-Fastelavn: Nordic Kid's Carnival
- Feb. 18 & 19-National Sauna Week Livestreams
- Feb. 20-The Teachers' Protest
- Feb. 21-Kids Winter Wonderland Using LEGO
- Feb. 22-The Fantastic Art of Paper Cutting

There are also multiple knitting, conversation, etc. events on a monthly basis

## Life Before the Vikings-Feb. 6 & 7

Submitted by Traci

<https://scandinaviancenter.org/nordic-spirit-symposium/>



b) What famous star produced Barbie? 11

# Brain Food Page (morsom side)

## Making Movies

### Word Search Puzzle



ACTORS	HOLLYWOOD	SCREENPLAY
CAMERA	LIGHTING	SCRIPT
CLOSE UP	LOCATION	SOUND STAGE
COSTUME	MAKE-UP	SPECIAL EFFECTS
IALOGUE	MUSIC	STORYBOARD
DIRECTOR	PRODUCTION	STUDIO
EDITING	PROPS	STUNTS
FILM CREW	SCENES	WARDROBE

## JOKES OF THE MONTH (Månedens Vits)

Ole, the Poet

I stole a kiss da udder night  
My conscience hurts, alack.  
I think I'll go again tonight,  
And put da blame thing back!



### A Few Fun Facts About Movies

- The snow in *The Wizard of Oz* was actually asbestos
- Humphrey Bogart improvised *Casablanca*'s most famous line "Here's looking at you, kid."
- Alan Rickman's reaction to falling in *Die Hard* was real.
- Gene Kelly was ill when he filmed his famous *Singin' in the Rain* scene
- Pretty in Pink* was filmed at the same Los Angeles high school where they filmed *Grease*.



### Valentine Word Scramble

The following mixed-up words have something to do with Valentine's Day. Unscramble the letters to identify them all.

1. Evlo \_\_\_\_\_
2. Scelocatho \_\_\_\_\_
3. Swelfor \_\_\_\_\_
4. Essor \_\_\_\_\_
5. Eatd Thing \_\_\_\_\_
6. Theastrewe \_\_\_\_\_
7. Dynac \_\_\_\_\_
8. Reggiten Dracs \_\_\_\_\_
9. Figt \_\_\_\_\_
10. Meancro \_\_\_\_\_
11. Tinas Linnevate \_\_\_\_\_
12. Scarvenitoon \_\_\_\_\_
13. Nightcalled \_\_\_\_\_
14. Skieess \_\_\_\_\_
15. Nined Tou \_\_\_\_\_
16. Stinntem \_\_\_\_\_
17. Sugh \_\_\_\_\_
18. Tonicaffe \_\_\_\_\_
19. Ducip \_\_\_\_\_
20. Shippanes \_\_\_\_\_

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## DID YOU KNOW? (VISSTE DU?)

### Valentines

- In 1537, England's King Henry VII officially declared February 14 the holiday of St. Valentine's Day.
- About 1 billion Valentine's Day cards are exchanged each year.
- Valentine's Day and Mother's Day are the biggest holidays for giving flowers.
- 189 million stems of roses are sold in the U.S. on Valentine's Day.
- Richard Cadbury created the first known heart-shaped box of chocolates for Valentine's Day in 1868.
- Four states have a city named "Valentine". Arizona, Nebraska, Texas and Virginia.
- Red roses are considered the flower of love because the color red stands for strong romantic feelings.

# Answers & Extras (svar og tillegg)

## Making Movies

### Word Search Puzzle



ACTORS	HOLLYWOOD	SCREENPLAY
CAMERA	LIGHTING	SCRIPT
CLOSE UP	LOCATION	SOUND STAGE
COSTUME	MAKE-UP	SPECIAL EFFECTS
IALOGUE	MUSIC	STORYBOARD
DIRECTOR	PRODUCTION	STUDIO
EDITING	PROPS	STUNTS
FILM CREW	SCENES	WARDROBE

## Brain Teasers

page 1: Sweden

page 2: 1939

page 3: *It* (2017)

page 5: Steamboat Willie

page 6: pink

page 7: Dr. No

page 8: Louis B. Mayer, in 1927

page 9a: 27

page 9b: Arendelle

page 10: Benny Andersson and Björn Ulvaeus

page 11a: Gabrielle Union

page 11 b: Margot Robbie

page 12: The Kragle


**Valentine Word Scramble**

The following mixed-up words have something to do with Valentine's Day. Unscramble the letters to identify them all.

1. Evlo	Love
2. Scelocatho	Chocolates
3. Swelfor	Flowers
4. Essor	Roses
5. Eadt Thing	date night
6. Theastrewe	Sweetheart
7. Dynac	Candy
8. Reggiten Dracs	Greeting card
9. Figt	Gift
10. Meancro	Romance
11. Tinas Linnevate	Saint Valentine
12. Scarvenitoon	Converation
13. Nightcalled	Candlelight
14. Skieess	Kisses
15. Ninred Tou	Dinner out
16. Stinnteam	Sentiment
17. Sugh	Hugs
18. Tonicaffe	Affection
19. Ducip	Cupid
20. Shippanes	Happiness

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## Trivia: An Affair to Remember

1. Vic Damone
2. Leo McCarey
3. Love Affair
4. 4
5. SS Constitution



**A BIG THANK YOU TO ALL WHO HAVE  
HELPED WITH THE NEWSLETTER  
THIS MONTH...TUSEN TAKK**