
October 2025 Newsletter Eva Nansen Lodge 46 no

Lee Ann Bakros, Communications chair
<don.eva.nansen.lodge46@107948566.mailchimpapp.com>
Reply-To: don.eva.nansen.lodge46@gmail.com
To: Kirsten <dofnorway@gmail.com>

Sat, Oct 4, 2025 at 6:36
PM

October 2025 Lodge Newsletter



What's inside:

Scandinavian Fun Facts
program, Taste of
Norway & more!

Programming



October Meeting, Tuesday, Oct. 7, 2025

6:30 PM: Social time

7:00 PM: Program followed by business meeting

Where: Faith Lutheran Church, 10395 University Ave, Clive

Our program will be Scandinavian Fun Facts by Sheryl Farrand.

Upcoming Meeting Dates

- Dates: Meetings are the 1st Tuesday of the month except November which is on the 2nd Tuesday.
There are no meetings in June and July but June will have an activity.
- Times: 6:30 PM Social, 7:00 PM Program followed by a Business Meeting
- Location: Faith Lutheran Church, 10395 University Ave, Clive

All programs are on our Facebook page so you can share the events with interested friends.

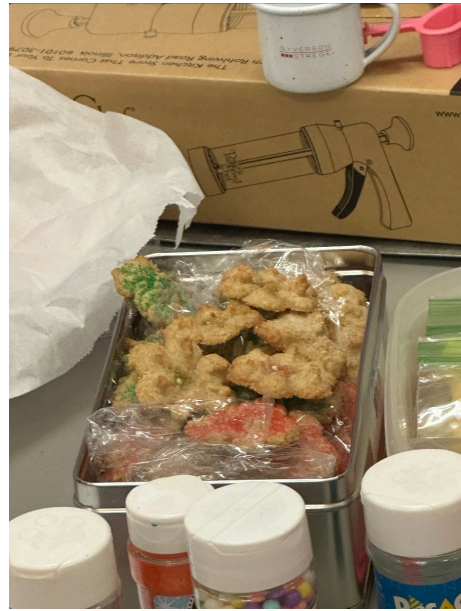
Upcoming 2025 Programs

- Oct. 7, 2025: Scandinavian Fun Facts by Sheryl Farrand
- NOTE CHANGE IN DATE – Nov. 11, 2025: Scandinavian Modern Design in Norway by Laurann Gilbertson, Vesterheim curator
- Dec. 2, 2025: Annual potluck

If you missed our August meeting, you missed sisters sharing recipes, tips, and tricks for baking popular Norwegian sweets.







Taste of Norway - 2 weeks from today!



Taste of Norway 2025

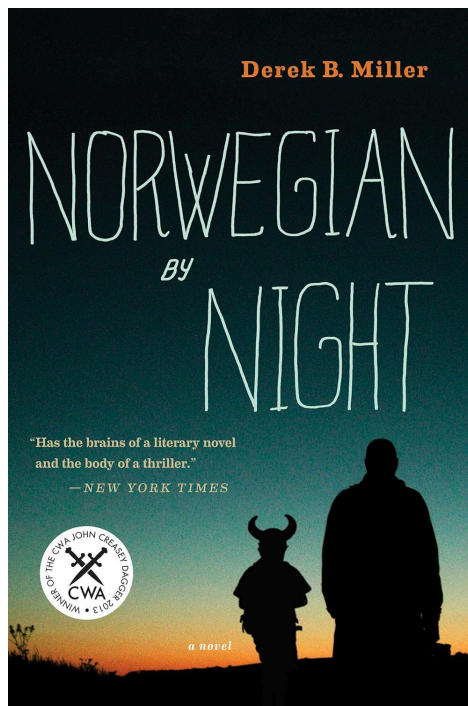
9:00 AM–3:00 PM
Saturday, Oct. 18

Valley High School

At Tuesday's meeting, we will have final details plus 8.5x11 fliers, quarter-sheet handouts, and labels.

Taste of Norway will feature goods baked by our sisters, live fiddle music by sisters, and vendors featuring rosemaling, hand-turned wood items, quilts, tote bags, coffee mugs, windspinners, soap, nisse ornaments, gnomes, jams & jellies, stained glass ornaments, wood flowers, crib sheets, and more!

Scandinavian Book Club



Our Scandinavian book club will meet at 2:00 PM, Sunday, Nov. 16, at Franklin Avenue Library, 5000 Franklin Ave, to discuss *Norwegian by Night* by Derek Miller.

The book club is open to members and non-members, and meets every other month at 2:00 PM on the third Sunday of the month.

- Nov. 16, 2025: *Norwegian by Night* by Derek Miller NOTE this is a change of date from the original schedule
- Jan. 18, 2026: *A Frog in the Fjord* by Lorelou Desjardins
- Mar. 15, 2026: *Will and Testament* by Vigdis Hjorth - NOTE this is a change from *Berlin Poplars* due to the unavailability of that title
- May 17, 2026: *The Journey of Karoline Olsen* by Ann Hanigan Kotz NOTE this is a change of date from the original schedule
- July 19, 2026: *Giants in the Earth* by OE Rolvaag

- Sept. 20, 2026: *Kon Tiki* by Thor Heyerdahl
- Nov. 15, 2026: *What We Leave Behind* by Barb Solberg

[Click here for a list of researched titles.](#)

Direct questions and suggestions to
[Lee Ann Bakros.](#)

October Birthdays



**Happy birthday from
your lodge Sisters to
you!**

Oct. 11: Diana O'Leary
Oct. 26: Donna Ragner
Oct. 27: Carole Lunde
Oct. 27: Cynthia Prior
Oct. 31: Stacy Simonsen

*May your birthday and every
day be filled with the warmth
of sunshine, the happiness of
smiles, the sounds of
laughter, the feeling of love,
and the sharing of good
cheer.*

Norwegian Minute



Overtourism in Europe

A number of European countries are concerned about the increased number of tourists, especially via cruise ships, and have begun charging tourists to visit. Among those with charges are the Cinque Terre region of Italy; Venice, Italy; and Prague, Czech Republic.

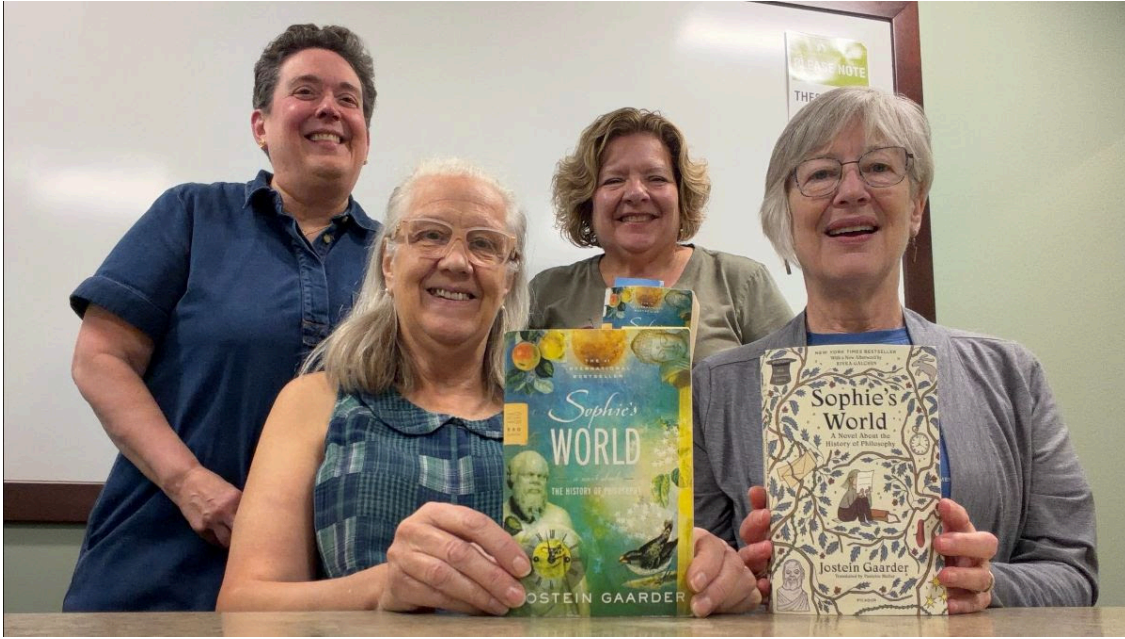
Norway has not yet started taxing visitors, but officials are concerned about overtourism in the popular Lofoten Islands, the "world's most beautiful islands." Lofoten Islands have long drawn visitors for the stunning landscape and the white nights that allow 24-hour golf tee times among other activities. The current monetary exchange and the European heat waves have also driven travelers further north.

In 2023, thanks to improved roads and ferry schedules, the islands welcomed one million visitors, which is more than 40 times the resident population. While residents welcome the new jobs created, they are concerned about the fragile ecosystem.

According to BBC News, "Earlier this year, the Norwegian government gave councils in high-tourism areas the right to introduce a visitor tax in 2026. The revenue will help fund overstretched infrastructure, from extra parking to trail signage urging hikers to stick to the path – in case the dizzying drop-offs weren't clear enough... Local tourism campaigns feature locals including schoolchildren asking visitors to drive responsibly, take their rubbish home and avoid disturbing local wildlife when hiking."

[Click here to see a commercial with schoolchildren on YouTube.](#)

Lodge Lending Library



Did you know your lodge has a lending library? We have more than 50 titles including fiction, mystery, mythology, children's books, history, rosemaling and hardanger designs, cookbooks, and travel booklets. We even have language and music CDs, a travel DVD, and a puzzle!

Each month, librarian Naomi Payer brings the items to the meeting so you can pick something out to take home.

[Click here to see our list of items.](#)

Want to check out an item or donate your item to the lending library? See [Naomi Payer](#) at one of our monthly meetings.

Bits and Pieces

1. Email October **newsletter articles** no later than Friday, Oct. 24 to [Lee Ann Bakros](#)
2. **If you know of a Sister who is ill, having surgery, or experiencing other health issues**, inform Sunshine Chair [Alexa Mitchell](#).
3. [Look over the list of items](#) available in our lending library.

4. Take a moment to LIKE us on [Facebook](#) and see what is happening.
 5. View our [Daughters of Norway's Lodge webpage](#). Members can sign in through the Members Page. The username and password is in our monthly lodge minutes. Contact [Ann Hanigan Kotz](#) for access to our lodge's private, member-only website.
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Eva Nansen Lodge 46 2025 Officers

Officers

President: Ann Hanigan Kotz
Vice President: Kathy Roat
Judge: Lesia Smith
Secretary: Kay Sacquitne
Financial Secretary: Danette Kobolt
Treasurer: Ann Campbell
Cultural Director: Sheryl Farrand
Marshall: Carol Lunde
1-year Trustee: Elizabeth Thacker
2-year Trustee: Bev Rosenbeck
3-year Trustee: Irene Simonsen

Non-elected Positions

Communications: Lee Ann Bakros
Greeters: Cheryl Newsom, Lois Wergeland
Librarian: Naomi Payer
Musician: Lee Ann Bakros
Scribes: Lisa Hamilton
Sunshine: Alexa Mitchell

At the national level, Sharon Knudsen is a Grand Lodge four year trustee/scribe liaison.



Front row, left to right: Danette Kobolt, Kathy Roat, Ann Hanigan Kotz, Kay Sacquitne, Sheryl Farrand. Back row, left to right: Lee Ann Bakros, Lesia Smith, Carol Lunde, Elizabeth Thacker, Bev Rosenbeck, Lois Wergeland, Irene Simonsen.

About Eva Nansen



Lodge 46 was named in honor of famous Norwegian romance opera singer, Eva Helene Sars Nansen (born Dec. 17, 1859 in Christiania, Akershus, Norway, and died Dec. 9, 1907 in Lysaker, Bærum, Akershus, Norway).

Eva was the youngest of 21 children of Michael Sars and Maren Cathrine Welhaven. At age 28, she left for Berlin to study opera with a contemporary of Tchaikovsky. Eva knew Norwegian composer Edvard Grieg and she performed his music beautifully.

Eva was relatively short but very athletic and became a pioneer in mountain and cross-country skiing. She was a smart and practical woman and realized the need for women to stop wearing only

dresses while practicing the sport. Thus, she became the first woman in Norway to wear “trousers” while skiing!



Eva married ski pioneer, famous Norwegian explorer and scientist, Fridtjof Nansen on Sept. 6, 1889. They were a very “modern” couple, both continuing their individual vocations after their marriage. Eva not only continued to sing in operas at home and in other parts of Europe and Scandinavia, but she also gave lessons when at home.

At the age of 49 (1907), Eva sang a final concert in a well-received performance in London. Not long afterwards that same year, Eva died suddenly of pneumonia. That left her husband a widower with five relatively young children to raise: Liv (14), Kåre (10), Irmelin (7), Odd (6), and Åsmund (4).



Share



Share

This is your official Eva Nansen Lodge 46 Newsletter emailed the first of each month to all Sisters.

STAY SUBSCRIBED.

All Sisters are welcome to submit news articles and photos to editor [Lee Ann Bakros](#).

Our email address is: don.eva.nansen.lodge46@gmail.com

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