

# Daughters of Norway

(Døtre Av Norge)

## Hulda Garborg Lodge #49



September 2025  
september 2025

Founded August 29, 2009

### My Dear Sisters From Lodge President

Sheryl Zinsli [szinsli865@aol.com](mailto:szinsli865@aol.com)

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Hello sisters,

Well, it's been a busy summer this year for the sisters in our lodge, visiting Iceland, Norway, France, and then the Daughters of Norway convention in Sioux Falls, South Dakota.

We had six of our lodge members attend that convention. Everyone was very busy attending classes or lectures, going on excursions around the area, and just visiting the town of Sioux Falls. There were four of us that drove into town to explore the falls,



(below left, from left: Sheryl, Helen, Margaret D. and Sarah). We ended up eating at a small diner where the waiter, telling us about the town, had us in tears laughing. We found that people in town were very delightful, friendly, funny, and helpful.

Joy Cook stepped down from the National Board as President of the Daughters of Norway after two busy years (2023-2025). She will now fill the position of Judge for the next two years on the National Board. Thank you for all your hard work and time Joy!!

Laurel Beale is hosting a 16 year old Norwegian girl for this school year. Emma Reberger is from Kristiansand, Norway.

Are you ready to go on a troll hunt?

It was announced at the end of the convention that the 2027 convention location would be in Tacoma/Seattle, Washington.

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### Hulda Garborg Lodge #49

Meets at Fallbrook Regional Health District  
1636 E. Mission Road • Fallbrook, CA 92028

#### Correspondence:

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**3rd Saturday of each month**

General Meeting 10:00 am

**Program 11:00 am**

### Happy Birthday! Gratulerer med dagen!

- ♥ Gloria 2 Sept. ♥ Sarah 10 Sept.
- ♥ Andrea 26 Sept. ♥ Lucette 28 Sept.
- ♥ Nathalie 28 Sept. ♥ Ruth 28 Sept.
- ♥ Suzy 28 Sept.

### What's Inside

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### Mine Kjaere Søstre Fra Lodge Prez *cont'd*

We are all very excited about it. If you have not attended a convention, seriously consider attending the next one. You will leave the convention with an extended family of sisters and excited about what you have heard or



learned. *Above clockwise from bottom left: Karen Bartos (past GL President), Jody, Sheryl, Joy, Margaret D., Sarah, Helen and unknown.*

It was also announced that the Daughters of Norway will be putting together a cruise to Norway for the summer of 2026. Please watch your Dotre for further information or talk to Jody Winterstrom.

Our August meeting was held at Ikea. We had a great group of ladies and family members. We met in the cafeteria for a brief

meeting and then everyone ordered their lunch in the cafeteria. We had everything from Swedish meatballs to salmon, and salads. Then everyone was free to explore the store.



It seemed like every time I turned around I found one of our sisters checking out something. I still don't know how I made it through the kitchen gadgets without buying anything!

Everyone agreed that it was a good time spent and we need to have more trips exploring our area. Maybe Balboa Park and the Scandinavian houses?

Our September meeting will be a zoom meeting and held the second Saturday due to the Viking Festival which is being held the third weekend (Saturday through Sunday) of September. Look for an email a few days beforehand giving you the Zoom link.

We will be manning the genealogy table in the Heritage tent along with the Fiber and Rosemaling groups at the Viking Festival. Please stop by and visit us. If you can help out, we can always use more people in the heritage tent or at the MS booth helping take photos.

*Sincerely,  
Sheryl Zinsli*

### BOOK CLUB - Zoom September 15th

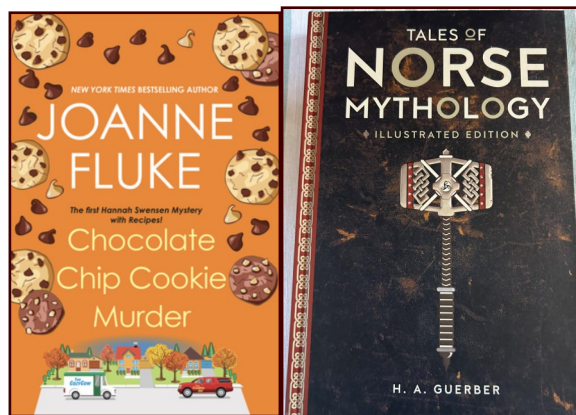
If you have read our summer book, *The Chocolate Chip Cookie Murder*, please join us for a chat about your favorite character, favorite part of plot, or your favorite recipe in book.

Please let me know & I will send you the Zoom link for Monday, September 15 at 6:30.

We will also pick our next book. Hope to hear from you!!!

On another note, I was at Barnes & Noble and they have several books on Norse folk legends. Happy Reading!

Margaret Dewey  
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951-217-9268





# Cultural Programs

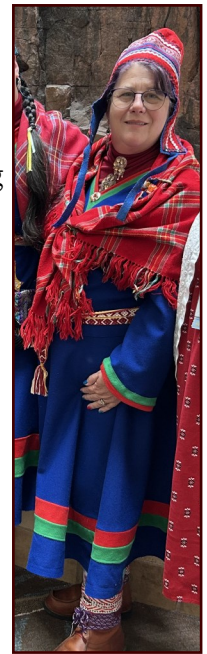
Danielle Carlson

Hello, sisters!

I hope you have enjoyed our summer so far. I am looking forward to resuming our meetings and cultural programs! Here is a list of the rest of the programs for this year:

**September:** Helen Westerlund-Davis (*at right*) will teach us about Saami mythology and folklore.

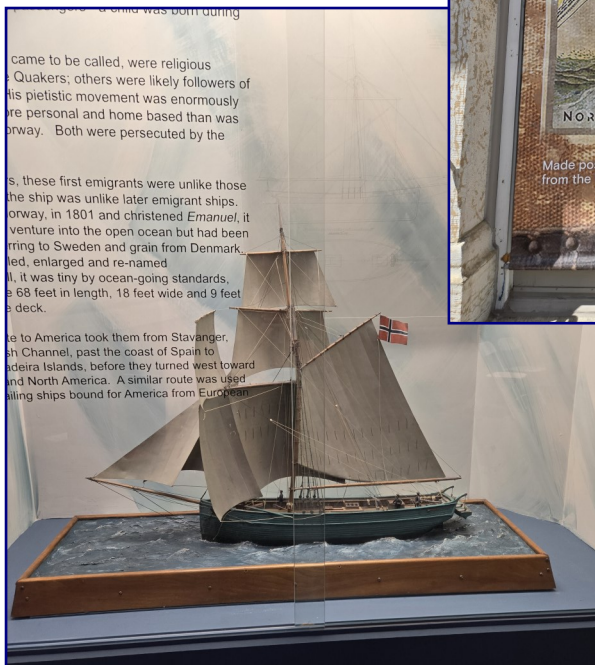
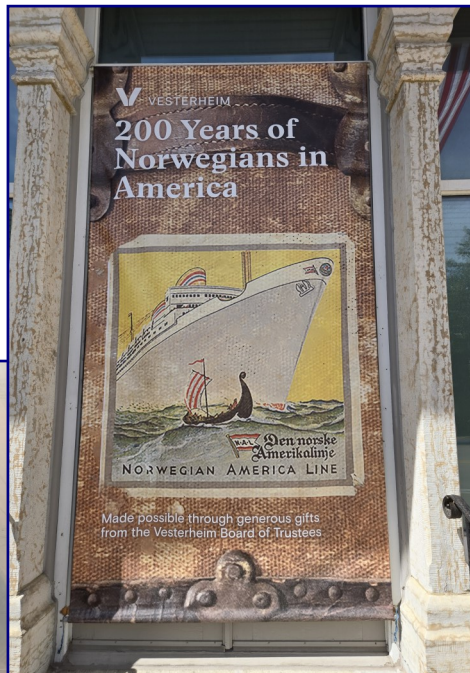
**October:** Barbara Felder will share about her trip to Norway and the interview she did in Norway about the 200th anniversary of the Restauration sailing.



**November:** I will show you a demo of how to make Norwegian brown cheese and will bring some to the meeting!

**December:** Christmas luncheon - no cultural program

I will be in contact with someone who teaches Hardanger embroidery, and hopefully we can get her in to teach us in the new year! I look forward to seeing you all again!



More photos from Joy's trip to Vesterheim this past summer:

Left: a model of the Restauration; above: various monuments.

## Fun Facts

- ♦ **NBC King Penguin:** Norway has a tradition of knighting a king penguin named Sir Olav, made both a mascot and an honorary member of the Norwegian King's Guard after the battalion visited the Edinburgh Zoo
- ♦ **Geothermically Heated Sidewalks:** Some sidewalks in the capital city of Reykjavík are heated geothermically in the winter
- ♦ Located far above the Arctic Circle in Finnmark, the **rock art of Alta** (at right) is the largest known collection of prehistoric carvings in Northern Europe. More than 6,000 individual figures have been discovered, some dating back as far as 4200 BC.
- ♦ **A French Army officer became a Scandinavian King.** Jean Baptiste Bernadotte began his life as the son of a French lawyer, rising through the ranks of Napoleon's army to become a general. he was offered the Swedish throne after the death of a crown prince and a series of dynastic complications. He accepted, converted to Lutheranism, learned Swedish (sort of), and ruled as King Karl XIV Johan. His descendants still sit on the Swedish throne today.



## Fun Facts—Iceland and Finland

Iceland is the only Nordic country without a McDonald's

Iceland has a population of about 380,000 people, but there are over 800,000 sheep!

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Finland has more saunas than cars. 3 million saunas.

Finland is one of the least corrupt countries in the world. 11 out of 12 lost wallets are returned.



# NORDIC COOKING FOLK ART COURSES

## THROUGH VESTERHEIM

For more information go to <https://store.vesterheim.org/collections/nordic-cooking-folk-art-courses>



2025-10-18 – Scandinavian Fall Baking Favorites: Apple Cake and Homemade Apple Donuts (Online)

Schedule: October 18 (10:30 am-Noon CT) Instructor: Kristi Bissell Location: This is an online class hosted on Zoom. Join Kristi Bissell, founder of True North Kitchen, for a morning of delicious fall-themed baking! We will begin with Swedish Apple Cake,...

from **\$30.00**



2025-10-24 – Viking-Inspired Cocktails: Myth, Mead, and Mixology (Online)

Schedule: October 24 (7:00-8:00 pm CT) Instructor: Malina Bickford Location: This is an online class hosted on Zoom. Raise a glass to the gods with this fun, history-infused class inspired by Norse mythology and Viking-era drinking traditions. We'll create...

from **\$30.00**



2025-11-01 – Cozy Up with a Bowl of Trøndelag's Iconic Regional Dish: Sodd! (Online)

Schedule: November 1 (10:00 am-Noon CT) Instructor: Nevada Berg Location: This is an online class hosted on Zoom. Join celebrated cook and author Nevada Berg in making Trøndelag's most beloved festive dish – sodd! A hearty soup made with lamb, small meatballs,...

from **\$30.00**