

Daughters of Norway

(Døtre Av Norge)

Hulda Garborg Lodge #49



May 2025
mai 2025

Founded August 29, 2009

My Dear Sisters From Lodge President
Sheryl Zinsli szinsli865@aol.com
949-436-0071

Dear Sisters,

Our Troll presentation in April was informative and fun, there was so much about trolls I didn't know. Thank you Danielle.

April 26 we participated in the **Scandinavian Heritage Fair** hosted by our sister lodge Turid Jespersen Lodge #44 in Mission Viejo. It was a great success and I want to thank our sisters that showed up to work at our tables and the sisters that baked cookies for us to sell. Great job, ladies!!



Spring is here and **Norway's Constitution Day** is coming up. It is an official public holiday observed on 17 May each year in

Norway among Norwegians, the day is referred to as **Syttende mai** ("Seventeenth of May").

We are lucky that this year our lodge meets on that day, so to celebrate we will have our meeting and the celebrate with the traditional Norwegian food that you would find everyone eating.... Hot dogs and ice cream!! Please feel free to dress in your bunads or gákti (Sami traditional dress). Please text me if you plan on attending letting me know what you will bring for our celebration luncheon.

This will be our last meeting until August when we will meet for a brief meeting and picnic! You will receive information on our location later in an email, so watch for more information! In September we will meet at our regular time and place with lots of

(continued on page 2)

Hulda Garborg Lodge #49

Meets at Fallbrook Regional Health District
1636 E. Mission Road • Fallbrook, CA 92028

Correspondence:

Melissa Resnick, Secretary
P.O. Box 3006 • Fallbrook, CA 92028
maresnick@aol.com

3rd Saturday of each month

General Meeting 10:00 am
Program 11:00 am

Happy Birthday!
Gratulerer med dagen!

♥ Debbie C. 5 May ♥ Karen 10 May
♥ Cary 16 May ♥ Lynne B. 17 May
♥ Sinneva 27 May

What's Inside

Syttende Mai, SHF photos p. 2
Rhubarb Cake Recipe, Baby News p. 3
Mother's Day in Scandinavia, Book Club p. 4
Member Story Autumn R.; April's Inspirations,
Viking Cruise p. 5

Mine Kjaere Søstre Fra Lodge Prez *cont'd*
 stories about the 2025 Convention in Sioux Falls, South Dakota and the trips several of our sisters have gone on to Norway, Sweden, Iceland, and even France.

Until then have a wonderful summer or
 "Nyt lyset, omfavn de lange dagene!
 (Enjoy the light, embrace the long days!)"
 Sheryl

Thank you to TJ Lodge for front page photo.

May 17th

Norway declared Independence as a country on **May 17, 1815** (their constitution was signed.) This day is referred to as **Syttende mai** ("Seventeenth of May"), **Nasjonaldagen** ("National Day") The common greeting on this day is "Gratulerer med dagen", which translates to "happy birthday".

In 1864 when the Holiday became more established. It launched the first children's parade. The parade consisted of only boys and it wasn't until 1899 that girls were allowed to join the parade. Today all over Norway you will find school children marching in parades.

On **May 4, 1945** Denmark heard over the radio that they were liberated from Germany. Germany's occupation of Denmark began in April 1940.

So on May 5, Denmark's **Liberation Day**, you can see flags on buildings and on buses. The evening of May 4 many will light candles to place in their windows all across Denmark.

June 5 is Denmark's Constitution day (Grundlovsdag), A Danish holiday commemorating the signing of the first Danish constitution in 1849 and the current one again in 1953.

Scandinavian Heritage Fair: below
 Kay Samuelson (TJ and HG) and Joy Cook (HG); right; Karen Schulte of Turid Jespersen (TJ) Lodge and Barbara Judd, Hulda Garborg Lodge



Old-Fashioned Norwegian Rhubarb Cake

From Sheryl Zinsley, found online



This charming little cake is bursting with tart rhubarb and topped with a sweet, cinnamon crunch. A cozy treat that's perfect with a cup of coffee or tea – it's just the kind of recipe Grandma might've made on a spring afternoon.

Here's what you'll need:

- 2 cups chopped rhubarb
- 1 cup all-purpose flour
- 1 cup granulated sugar
- 1/2 cup unsalted butter, softened
- 2 large eggs
- 1 teaspoon vanilla extract
- 1 teaspoon baking powder
- 1/2 teaspoon baking soda
- 1/4 teaspoon salt
- 1/2 cup milk

For the topping:

- 1/2 cup brown sugar
- 1/2 teaspoon cinnamon

How to make it:

1. get things started

Preheat your oven to 350°F (175°C). Grease and flour a 9-inch round cake pan so your cake doesn't stick.

2. mix the base

In a large bowl, cream together the butter and sugar until the mixture is light and fluffy. Add the eggs one at a time, beating well after each one, then stir in the vanilla.

3. combine the dry ingredients

In another bowl, whisk together the flour, baking powder, baking soda, and salt. Slowly add this to your wet mixture, alternating with the milk. Mix just until everything is combined.

4. fold in the rhubarb

Gently stir the chopped rhubarb into the batter, making sure it's spread throughout.

5. pour and top

Pour the batter into your prepared pan and even it out with a spatula. In a small bowl, mix the brown sugar and cinnamon together, then sprinkle it over the top.

6. bake and enjoy

Place the cake in the oven and bake for 40–45 minutes, or until a toothpick comes out clean and the top is golden. Let it cool before slicing and serving.

This rhubarb cake is a lovely way to celebrate the season—simple, sweet, and full of nostalgic flavor. Let me know if you want a version using sour cream or yogurt for an extra-moist twist!



Baby News

Submitted by Joy Cook

Former member Kristine Ferstad Lane and new baby, Sigmund Espen Lane born 15th of April, 11am 7lb 11oz and 19 inches. Everything is fine with the family and William is so excited to be a big brother.

Mother's Day in the Scandinavian countries

Mother's Day originated in the United States in 1910 with the President declaring it a national holiday in 1914.

Finland has observed Mother's Day (*Äitienpäivä*) since 1918, it became a formal holiday in 1947. and is celebrated in the spring on the second Sunday of May. It is also an annual tradition for the president to honor about 30 mothers and mother figures with honorary medals of the White Rose Order. It is also considered a national flag day - meaning that flags are raised throughout the country in honor of the celebration. Children usually have a special gathering at school for mothers where they enjoy tea, coffee, and baked goods. Children will often make cards and pick wildflowers such as Wood Anemones for their mothers as well.

Sweden

Mother's Day (*Mors Dag*) was first celebrated in 1919 after Swedish author Cecilia Bååth-Holmberg proposed adopting the tradition from the U.S. Swedish flags are flown, many enjoy the day outdoors and some lucky moms may even be serenaded with a special song while enjoying breakfast in bed! They also have a special dinner. Mother's Day in Sweden is always celebrated on the last Sunday in May. The celebration includes flying the Swedish flag, making handmade cards, and picking wild daffodils - which are readily available during the last week of May.

Denmark

Mors Dag in Denmark was first observed in 1929. There are special Mors Dag cakes on this day and mom is served breakfast in bed, followed by a chore free day. Special commemorative plates have been released each year since 1969 by the two major Danish porcelain companies. In Denmark, Mother's Day is held on the second Sunday in May. Bakeries and florists are especially busy during this time making special Mors Day cakes and floral arrangements.

Norway

Unlike the majority of Nordic countries,

Mother's Day in Norway is always celebrated on the second Sunday in February. The first *Morsdag* celebration in Norway took place in Bergen on Feb. 19, 1919, and was originally a religious celebration. Gifts of chocolates, baked goods and flowers are typically gifted to moms on this special day.

Iceland

Mother's day or *Mæðradagurinn* in Iceland was first celebrated in 1934 and is always celebrated on the second Sunday in May.. Though it is not recognized as an official holiday, Mother's Day is widely celebrated across the country. Treats and flowers are exchanged, and the whole family takes the day to do something fun together!

Calendar of holidays

National Day of Denmark

5 June

National Day of Sweden

6 June

Midsummer's Eve & Day (Sweden/Finland)

Observed in June, on the Friday following the summer solstice

BOOK CLUB -

Tuesday, May 27th 7:00 on Zoom

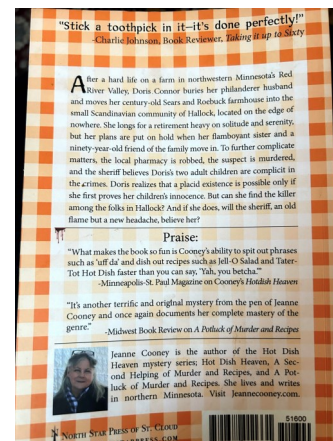
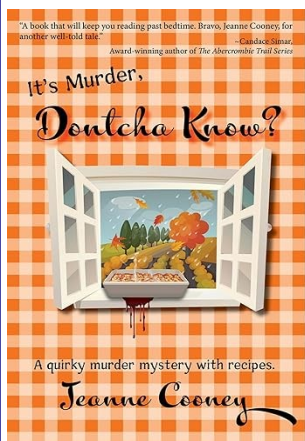
We are reading *It's Murder, Dontcha Know*, by Jeanne Cooney.

This is a fun and light murder mystery.

Email or text Margaret to be receive the

Zoom link!

Margaret Dewey Dwe3tmj@aol.com
951 217-9268



Member Story—Autumn Reberger

Hallo!

I am Autumn Reberger. I'm a newer member (3 years) of the Daughters of Norway, Hulda Garborg Lodge and I am excited to connect with others who share a love for our Scandinavian heritage. My Norwegian roots trace back to Høvik, Norway, where my great-great-grandmother was born (she immigrated to the US, alone, when she was just 16) and Jevnaker for several generations prior to her.

I live in East San Diego County with my husband, our two dogs, and a lively flock of 25 chickens. We have a beautifully blended family of six adult children and are thrilled to be grandparents to four wonderful grandchildren.

I hold a Master's Degree in Public Administration from San Diego State University and work in finance for a local government agency.

I'm looking forward to getting more involved in the lodge and learning more about Norwegian culture and traditions. Tusen takk!



Autumn and her granddaughter at the Scandinavian Heritage Festival

Inspiration for April's Meeting:

Danielle Carlson

"Fairy tales are more than true - not because they tell us that dragons exist, but because they tell us that dragons can be defeated." - G.K. Chesterton (often attributed to Neil Gaiman)

"When you enter the world of fairy tales, you walk in the footsteps of generations before you. You are never alone." - Unknown

Margaret's Viking Cruise

This is a picture of me at a Viking Festival that was happening in Rouen France on my Viking cruise on the Seine River this April with my niece. There was lots of music and dancing with a few crafts but not much traditional food like at our festivals. Rouen is the capital of the Normandy area of France. It was a wonderful trip with beautiful weather.

