



Daughters of Norway

(Døtre Av Norge)

Hulda Garborg Lodge #49



April 2025
abril 2025

Founded August 29, 2009

My Dear Sisters From Lodge President
Sheryl Zinsli szinsli865@aol.com
949-436-0071

Dear Sisters,

Our February meeting was great! We learned about Sigrid Gurie, Siren of the Fjords and had some wonderful food at our potluck afterwards. In March we will be learning



about trolls.

There was a group of us that met at Diane Gavlin's home and made gnomes, which are called the nisse in Norway — creatures who live in barns or homes, protecting the countryside and the people who live there. Diane served a great lunch before we started. We will be selling them at the Scandinavian Heritage Fair in Mission Viejo on April 26th. A huge thank you to the ladies that showed up!! Look for future craft days. (See article on p. 3)



Also we are looking for ladies to make cookies for the

Scandinavian Heritage Fair. If you can help out by making 4-6 dozen Scandinavian cookies, please text me at (949) 436-0071

In May, we will learn how to make brown cheese known as Brunost, which translates to "Brown Cheese" in English, is a traditional Norwegian food product made from whey. It has a distinctive brown colour and a caramel-like flavour. Our Cultural Director, Danielle, will show us how easy it is to make at home. I know I'm really looking forward to learning and sampling.

REMEMBER ... 17 May: Norwegian National Day/Constitution Day is the date of our May meeting. Come and celebrate with us.

Jeg haper alle far en fantastisk paske.
(I hope everyone has a wonderful Easter.)
Sheryl

Hulda Garborg Lodge #49

Meets at Fallbrook Regional Health District
1636 E. Mission Road • Fallbrook, CA 92028

Correspondence:

Melissa Resnick, Secretary
P.O. Box 3006 • Fallbrook, CA 92028
maresnick@aol.com

3rd Saturday of each month

General Meeting 10:00 am

Program 11:00 am

Happy Birthday!

Gratulerer med dagen!

♥ Linda H. 7 Apr.

♥ Barbara J. 20 Apr.

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Cultural Program

Danielle Carlson, Cultural Director

Upcoming cultural programs

April: Trolls

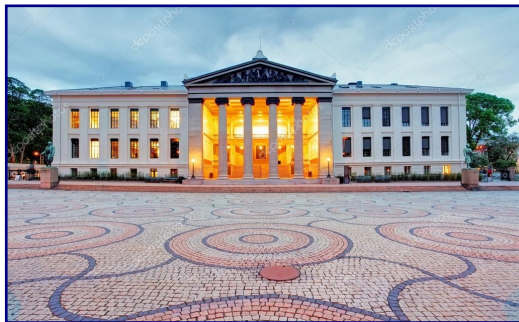
May: Norwegian brown cheese

August: The Scandinavian royal jewels... meaning items like crowns and necklaces!!

During our March meeting, I shared about the Norwegian language courses at the International Summer School offered by University of Oslo. I want to reiterate that information here for anyone who was unable to attend.

University of Oslo offers multiple 6-week summer courses in June and July for anyone who wants to learn Norwegian. They also offer 4-week courses for current UiO bachelors and masters students, but we would be looking at the 6-week summer Norwegian language courses.

The courses are offered in English, meaning English is the teaching language, so



the program is not immersion. You live on campus at the University of Oslo, which is on the outskirts of the city, for the entirety of the 6-week program. The cost of the program is around \$5700, which includes room and board (dorm room, meals, plus a transportation card for public transportation in Oslo).

You will also be able to participate in excursions off-campus to places like museums, movie screenings, and cultural events like traditional dancing (with bunads!). You can sign up for whatever Norwegian level you need, from beginner to advanced.

As for application requirements, they will ask for a high school diploma/GED, and they will ask to see proof that you have at

least one year of experience in college. They do not expect a degree, just want to see that you have experienced studying at the college level for at least a year, as this is an intensive, college-level course. If you do not have one year of college experience, it seems they have different forms of equivalency that are accepted.

As for the program itself, you should



learn enough to be ready for the next level (such as, start at beginning and be ready for intermediate at the end of your 6 weeks). There will be final exams at the end of the course, and, if you pass, you will be given an official certificate of proficiency recognized by the Norwegian government. This is a certificate that people use to prove they know enough Norwegian to be employed in Norway.

Applications for the summer program are accepted from January 1 - March 1 of the same year, meaning this year is already closed for applications, but you can apply January 1 - March 1 in 2026 for June - July 2026.

The website is not user-friendly, so it can be easy to get into the bachelor or master programs webpages rather than finding information for the summer language sessions. If you want more information or specific links to the website, please send me an email, and I can help send you to the right place for that information:

daniellepearlcarlson@gmail.com

I fully intend to participate in this program either in 2026 or 2027, and I hope that some of you will come with me! (The pictures above are from the University of Oslo main campus where the summer courses take place.)

Recipe for Fellowship

Submitted by Judy Lucas

This recipe is guaranteed to bring participants together. It will become one of your favorite recipes. The recipe serves us all.

Prepare in Advance:

- A variety of gnome bodies that have been prepared in advance. Prepare an appropriate hat for each body.
- Then gather together the following embellishments and materials: beard material, wooden noses, rice to fill the body, quilt batting to fill the hats, flags of Scandinavian countries, flowers, etc.
- Bring together Hulda Garborg sisters who will create very individual gnomes and share the comradery in a creative environment.

Before you begin, have a delectable light lunch prepared by Diane Gravlin (*right*). Laughter and conversation are unrestrained and welcome here.

Assembly:

- Chose a body from the multitude of possibilities that have been sewed together by Melissa Resnick.
- Assemble your gnome.
- Bring out your gnome's personality by selecting goodies from the hundreds of things on the table and in boxes. Attach selected items to your masterpiece.
- Share your gnome with your sisters and receive sincere compliments. Put these on temporary display.

Repeat as often as time allows. These completed gnomes will each find just the right home when we take them to the Scandinavian Heritage Fair in Mission Viejo on April 26.

I wish to thank Diane for hosting this workshop in her sun filled hilltop home, and for preparing the delicious lunch.



Thank you to Bob for running the limousine service from the bottom of the hill and up the steep driveway.

Thank you to Jody, Julie, Sheryl, and others who brought boxes of embellishments. We sat at the beautiful dining room table where each of us created one of a kind little gnomes. Conversation flowed and laughter floated in the air. We filled so many little fabric bodies that Jody had to make a rice run for more rice!

We all left feeling good after spending the afternoon with our sisters cheering us on as we made our first gnomes!



We now have an inventory of little men. (Above: Julie Watts and Barbara Felder.)

You are welcome to join us and share the embracing experience at our next workshop. The date has not been set yet for that workshop. We will need more gnomes to take to the convention in July.

Come play with us!
Judy Lucas



Norway, Easter, and Crime

Submitted by Sheryl Zinsli

In Norway, reading crime stories during Easter is as normal as eating chocolate and going skiing. But to the outside world, the “Easter crime” phenomenon is – quite literally – a mystery.

A thirst for bloody murders.

The genre of dark crime stories with bleak Scandinavian settings – often referred to as Nordic noir – has a massive following around the world. But the obsession with crime at Easter is a solely Norwegian thing.

It’s February 1923. The two young and broke Norwegian authors Nordahl Grieg and Nils Lie suddenly come up with a steaming idea: To cash in big, they decide to write a bestselling crime novel.

The publisher Gyldendal is on board. The Sunday before Easter they launch a major advertising campaign, in which the book’s title “Bergen train looted in the night” gets the top spot on the front page of the Norwegian newspaper *Aftenposten*. The stunt turns heads. The ad is so believable that most people don’t realise that it is fiction – they believe the train has actually been robbed.

The drama gets massive attention, and the novel becomes a huge success.

Famous Norwegian crime writers

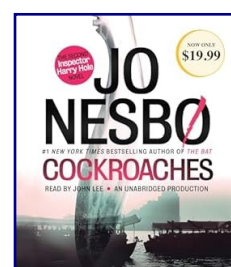
Jo Nesbø
Anne Holt
Jørn Lier Horst
Karin Fossum
Hans Olav Lahlum
Unni Lindell
John Kåre Raake
Gard Sveen
Ruth Lillegraven
Knut Nærum
Tom Egeland
Tor Edvin Dahl
Gunnar Staalesen
Arne Dahl

“Many consider this novel to be the first Easter crime and the very origin of the tradition,” Bjarne Buset, information manager at the Norwegian publishing house Gyldendal, says.

In the novel, we get acquainted with two young students who ski from cabin to cabin during Easter. And the fact that Easter is closely associated with the Norwegian cabin (“hytte”) is a part of the reason why the tradition has taken roots, Buset states.

Crime time: Norwegian Easter equals brutal murders

We have the titles below in the Hulda Garborg Lodge #49 Library. Contact Diane Teeter at Earlymist@pm.me to borrow a title.

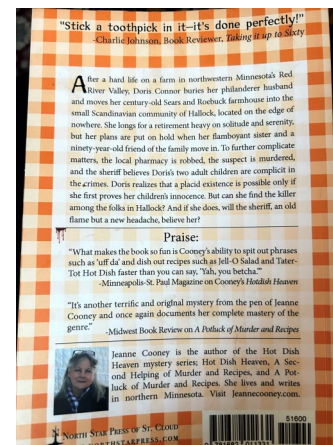
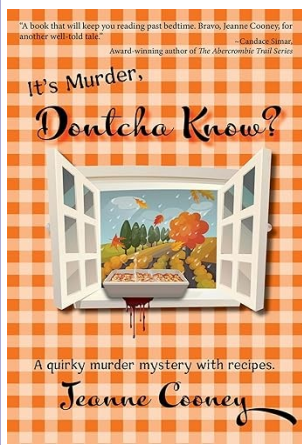


BOOK CLUB -

Tuesday, April 22nd 7:00 on Zoom

We are starting a new book, It's Murder, Dontcha Know, by Jeanne Cooney. We will be meeting by Zoom for a quick discussion of chapters 1-10. We hope you will join us for this fun book based in Minnesota and includes lots of Midwest recipes. Please contact me for the Zoom link with text or email.

Margaret Dewey Dwe3tmj@aol.com
951 217-9268



Member Story—Debbie Kosta

Hello,

My name is Debbie, I'm currently a member of the Daughters of Norway. (*Sheryl Z. is her sister-in-law.*)

According to Ancestry, I am Danish, Swedish and Norwegian. I'm not certain as to my family history completely at this time.

I am a retired business owner, I was born and raised in Oregon and my husband and I still reside in Central Oregon.



My hobbies are riding my bike, baking, taking care of my house, property and dogs (*including Riley at left*).

I enjoy reading the monthly newsletter and the magazine by the Daughters of Norway.

Sincerely,
Debbie Kosta



Basket Making Class

Submitted by Cary Sullivan

This was the second class they had at the Norge Lodge. The teacher may have more classes, we just aren't sure when. She might teach us how to weave Scandinavian hearts with reeds. She taught 2 sets of each of the baskets, circle basket and d- shape basket. Both were lots of fun. Really hope she comes

back and teaches more. She will be at the Viking festival in September so we hope we can get her to do more. If so, I will let you know for the newsletter.

Below left: Laurel making basket at the Norge Lodge basket class. Below right: info for February classes



Beginner Basket Weaving 1: Circle Basket



To sign up for waitlist, contact:
Schaudwen@gmail



. Those who take the first basket class are eligible to take the . 'D-Basket' class

Beginner Basket Weaving 2: D-Basket

Mary Ann of the Peddler's Pack teaches how to make a hanging basket!

You can choose several colors for the reeds of the basket. Please let us know any color preferences ASAP.

Class Info

- . Feb 9, 2025
- . 10 am- 2 pm
- . At Norge Lodge
- . \$35 For supplies and instruction
- . 10 slots per class! Must have completed Basket weaving 1—Circle Basket.
- . Bring snacks! There is no lunch break so grazing is suggested.



To sign up for waitlist, contact:
Schaudwen@gmail

SCANDINAVIAN HERITAGE FAIR

Daughters of Norway Turid Jespersen Lodge #44



Date: April 26, 2025

Time: 11am – 3pm

Place: Norman P. Murray Center
24932 Veterans Way
Mission Viejo, CA 92692

Preparation of Traditional Foods:

*Aebleskiver
Krumkake
Lefse and
Norwegian Waffles*

Displays of:

*Bunads
Knitted Sweaters
99th Infantry
Battalion (Separate)*

Demonstrations of:

*Rosemaling
Spinning
Weaving
Wood Carvers
Wood Burners*

FOR SALE
(SOME VENDORS ARE CASH ONLY)
*Kransekake, Soups,
Riskrem,
Open-faced Sandwiches,
Scandinavian Desserts*

Also featuring products from:

*Norrdesign T-Shirts
Joan Johnson Watercolor Cards
and Many More Scandinavian Vendors*



ADMISSION IS FREE!