



EMBLA NYHETER

Embla Lodge #2, DAUGHTERS OF NORWAY
Tacoma, WA

March/April 2024 VOL. 37, No. 2

Chris Wittstock, Editor

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Julie Touchette, Lisa Carlstrom Yagen, Shan Rayray

PRESIDENT'S MESSAGE



Alle Sammen -

Velkommen Vår! (Welcome spring!) We've had a long cold (bitterly cold at times) winter and now look forward to the warmth of spring. We have already welcomed many new members to our lodge.

We will once again be having our cooking classes March 5, 13, and 23. If you've never experienced our cooking classes, I would encourage you to attend and think about becoming a demonstrator.

Our Norwegian Heritage Festival will be April 27th at Pacific Lutheran University (PLU). PLU was founded by Norwegian immigrants and this festival is one way honor those roots. This is a big event for our community and a very fun day. We need everyone's help to make this successful. If you are not already slated to help, please contact Diane Nelson or myself. There will be many vendors, live entertainment, and great Norwegian food.

Embla Lodge will be celebrating its 117th birthday this April! Hipp Hipp Hurra!!

This year Påske (Easter) is the last day of March. Norwegians celebrate this time of year by decorating in yellow and with lots of chicks instead of bunnies. It is also a great time to take a trip to the mountains and breathe in some fresh mountain air. Don't forget to bring a Kvikk Lunsj and an orange with you. Another tradition in Norway at Påske is to read crime fiction. It all started with Bergenstoget Plyndret I Natt, 1923. While this book is now hard to find, other crime fiction books and particularly Norwegian crime fiction books, are not. You can find many Norwegian-themed books on our book cart at our meetings. You can also come to Bokprat and join us in reading Nordic literature or stay tuned to the Nyheter where articles about the books we're reading are posted.

Our next meeting is March 2nd and I hope all of you will come to our social at 9:00 and stay for our program and meeting. Our March program will feature Maralise Hood Quan, last year's Greater Tacoma Peace Prize recipient.

Hilsen,
Shan

DATES TO REMEMBER

March 2nd: Embla General Meeting: 9 AM social, 10 AM program, 11 AM meeting, 12-1 PM social

March 5th: Cooking Class at SCC PLU

March 10th: Daylight Savings Time Begins

March 13th: Cooking Class, PLU, SCC

March 17th: St Patrick's Day

March 19th: 1st Day of Spring

March 23rd: Cooking Class, PLU, SCC

March 28th: Maundy Thursday (Norway)

March 29: Good Friday

March 31st: Easter

April 1st: Easter Monday (Norway)

April 6th: Embla General Meeting: 9 AM social, 10 AM program, 11 AM meeting, 12-1 PM social

April 22nd: Earth Day

April 24th: Embla's 117th Birthday! (celebrated at April 6th meeting)

April; 27th: Norwegian Heritage Festival, PLU



VICE PRESIDENT’S REPORT

Greetings sisters,

I first want to thank you for the opportunity to serve as your vice president. It is an honor to be of service to Embla #2 and You!

Shan recognized my need for assistance before I even approached the coffee pots. She mercifully arranged for Kate French to mentor me in the ways of Hostessing. Thank

you Kate for lending your invaluable experience and helping me learn my new tasks! Kate is an amazing lady and I am pleased to work with her. If you would like to meet Kate and view her fabulous skills firsthand, I invite you to sign up to be a hostess. Maybe you already have tremendous skill in this area and would like to show them off! Either way, please sign up to hostess.

Even though we are doing potluck style meals now, we still need our wonderful hostesses. Your hostesses set up before the meeting while I am preparing the coffee. They clean and arrange the tables and then decorate them beautifully. We all take care of the food as it comes in and get it ready to serve. Kate has a system for this! She makes sure that possible allergens are labelled as well as the gluten and dairy free items (You can’t be too safe these days!). After breakfast, the hostesses clean up the tables and take care of the decorations and all of the dishes. They make sure that leftovers are wrapped and ready for you to take home. If you bring your fancy serving dishes, they will be clean and ready for you to pick up in the fireside room. Let me tell you, that kitchen **sparkles** when they are done! As you can tell, there is plenty for two hostesses to take care of, but we do all work together and it goes VERY quickly. PLEASE sign up and join us! The sign of sheet is at the greeter’s table when you come in.

~Charlotte Sweet

CUTURAL DIRECTOR’S REPORT

Hei Alle sammen!

We started February off with a **bang** with a visit by Mathilde Magga about her experiences as a Sámi growing up in Tromso and her journey to a PhD at the University of Washington. She had a great story to tell and was a wonderful guest speaker!



For our March meeting we will have a visit from Maralise Hood Quan, the Greater Tacoma Peace Laureate for 2023. She will be sharing her story of how she came to be the Greater Tacoma Peace Laureate and her experiences at the Nobel Peace Ceremony as well as information about the Norwegian Peace Institute.

In April, we will have a visitor from Norway courtesy of the Scandinavian Center, Finn Brobakke. His program is called “ 10 Places You Didn’t Know to Visit in Norway.” If you have an idea for a cultural program, please email me. lisacarlstrom@gmail.com. I’d love to hear about your ideas and try to incorporate them in future programs.

As part of my Culture Hjørnet, I’d like to recommend some folks to follow on Instagram to learn more about modern Sámi culture and issues. Mathilde and I came up with a short list of people we follow.

Colourmypast – Per Ivar Somby colorizes old photos for indigenous people (mainly Sámi) from the late 1800 – 1930’s. The people in the colorized versions leap off the page.

Mariboine – The amazing Mari Boine, singer, songwriter and unofficial Sámi cultural ambassador tjaenieh – An artist by the name of Katerina Blind, she creates amazing illustrations often related to Sámi right and politics.

~Lisa Carlstrom Yagen

EMBLA MEMBER BIRTHDAYS – MARCH & APRIL

3/01	Diana Schooling	3/24	Carla Skog-Messman
3/04	Arlene McDonald	3/25	Alice Govig
3/06	Cary Schooling Campbell	3/30	Carolyn Benson
3/06	Aleah Sherrod Holtman	3/30	Mary Elstrom
3/10	Abigail Butterfield	4/02	Annette Dennis-DePuydt
3/11	Nadine Lewtas	4/04	Teresa Jackson
3/12	Barbara Erickson	4/06	Marlene Beggin
3/14	Esther Ellickson	4/12	Sharon Wilson
3/15	Wendi Neptun	4/15	Heidi Soule
3/16	Jan Runbeck	4/17	Torun Parker
3/20	Anika Alexander	4/18	Lisa Carlstrom Yagen
3/21	Diane Fatland	4/20	Katie Anderson

WELCOME NEW MEMBERS: KAREN & SHARON!!!!

<p>KAREN S. KILEN (No spouse listed)</p> <p>Karen was an EPIC reporting analyst and chemist.</p> <p>She was born in Centralia, WA on February 10th and enjoys quilting, baking, tax volunteer, travel and reading.</p> <p>Family: Lars Oscar Kilen – Grandfather from Telemark , Norway</p>	<p>2525 South 355th Place Federal Way, WA 98003-9143</p> <p>Cell: 253.797.2274</p> <p>Email: k.kilen@comcast.net</p> <p>Joined Embla 01/01/2024</p>
<p>SHARON WILSON (No spouse listed)</p> <p>Her HOME lodge is #36 Anna Kolbjornsdotter, so she will be a DUAL member of Embla #2. Sharon was born in San Rafael, CA on April 12th. She is retired and enjoys genealogy, gardening, travel, sewing, reading and art/graphic design.</p> <p>Family: Father- Leonard Wilson, Grandfather- Andrew Johnson from Ulefoss, Telemark, Norway and MN</p>	<p>19711 134th Avenue Court East Graham, WA 98338-9997</p> <p>Cell: 707.775.1289</p> <p>Email: slwilson4@comcast.net</p> <p>Joined Embla 02/06/2024</p>

ATTENTION NEW EMBLA MEMBERS - INITIATION:

Please contact either Shan Rayray or Marilyn Mahnke if you would like to be initiated or need more information on initiation into Embla Lodge #2.

STAYING CONNECTED

<p>New address for LISA EVERT</p> <p>1483 NW 185th Street Shoreline, W 98177</p>	<p>New address for JEANETTE OLSSON WIGGINS</p> <p>11579 West Windsor Avenue Avondale, AZ 85392</p>
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TRU EARTH LAUNDRY DETERGENT will be for sale with the proceeds going to our **Embla Scholarship Fund**.

Help save the earth and help a student that receives a scholarship for the first year of college. I will have the detergent sheets for sale at each meeting. An envelope for 32 washes is \$15. The product is made in Canada and they provide a fundraising program. This laundry detergent will help save the earth by keeping plastic bottles out of the landfill. The product is environmentally friendly, biodegradable and eco-friendly. They can be used with front load, top load and HE (high efficiency) machines.

Please consider supporting our Embla Scholarship Fund. ~Carol Else



SCHOLARSHIP NEWS

EMBLA Scholarship applications will be available at our meeting on March 2th or by contacting Carol Else at l.else@comcast.net . You can also call Carol at 253-495-1599 to request an application.

To be eligible, one must:

- Be a member of Embla Lodge #2 or a direct descendent of a current member
 - Be entering an institution of higher education (two or four-year college, university, vocational /technical school or community college) directly after high school graduation
- ***

The Embla Scholarship Committee raffled off the beautiful Rosemaling Cupboard (painted by Dena Iverson and donated by Carol Else), pictured at the right. **Deb Collins** was the lucky winner!!

~Carol Else



HIGHLIGHTS FROM THE JANUARY/FEBRUARY "17TH OF MAY SEATTLE COMMITTEE" MEETINGS

- Norway's Crown Prince Haakon is coming to Seattle in April. More details to come.
- 2024 is the 200th anniversary of the first Norwegian immigrants coming to America, so a tall ship from Bergen will be sailing along the west coast. The dates aren't known yet.
- On February 16 the National Nordic Museum will have a Northern Lights Auction Kickoff. It's at the museum from 6:30 - 9:00 pm and admission is free. There will be a preview of fundraiser
- auction items. Get details at <https://www.nordicmuseum.org/calendar>.
- Received a Department of Neighborhood (Seattle) grant for \$50,000 to help with the parade, entertainment, etc. More grants are being applied for by the 17th of May co-president Jenny Iverson.
- Luncheon: The caterer On Safari has given their proposal. The committee will review last year's menu and decide whether to keep the same menu or make changes. Luncheon tickets will be raised to \$125 per person to cover costs. Tickets will be on sale at the beginning of April on the 17th of May website and in person at Mountain Pacific Bank in Ballard. The beer, wine, and aquavit will be donated again this year. Waiting to hear if Trident will donate the fish for the luncheon like they have done in past years. Note: The Department of Neighborhood grant can't be used toward food to lower the costs of the luncheon. However, the grant can be used for advertising and other non-food costs. Also, the National Nordic Museum provides the tables and chairs.
- A former prime minister has been asked to be the grand marshal of this year's parade. Waiting for this person to accept before the name is revealed.
- The parade application is now online, and Embla is registered. An area was added to the application for special requests and rules. Note: Groups that make a donation will get priority in the parade lineup.
- The special event application has been submitted for the parade and Bergen Place entertainment. Insurance has been paid, 20 police officers will be on duty, and Honeybuckets have been reserved.
- The winning commemorative pin design has been chosen. This is the 50th anniversary that this group has been putting on the parade and events in Ballard, and the pin design shows that. (Note: Other groups hosted events prior to this, but 50 years ago the groups merged into the 17th of May Seattle.) Pins will be sold for \$10 this year and will be on sale at the beginning of April.
- Advertising: The new 17th of May Seattle website design is in work but may not be finished by May 17, 2024.
- Help is needed for the entertainment and sponsorship committees. Let Julie Touchette know if you are interested in helping out in any capacity, and she will put you in touch with the chairperson.
- Next meeting will be March 21 at 6:00 pm at the National Nordic Museum and on Zoom.~Julie Touchette



COOKING CLASSES

March 5, 13, and 23
Place – SCC at PLU
Downstairs in the Kitchen
10:00 a.m.

Yes – Embla's famous cooking classes are back in full swing. At each class, participants receive a copy of the recipes that are being demonstrated that day and then are given a small sample of each dish. Many of our guests not only enjoy their tasting but stay to enjoy the conversations and the company around them.

Plan to attend one or more of our sessions. You will see several of your Embla sisters, as well as meeting new friends.

A heartfelt thank you to each of sisters who have offered to demonstrate. Together, we have a great time, and our guests so appreciate the return of this time-honored tradition.

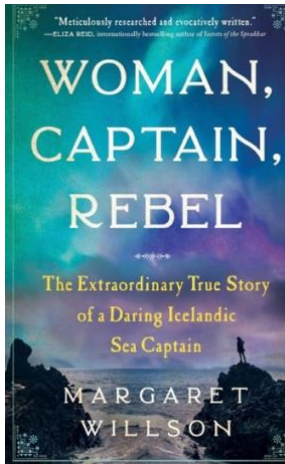
~Carlene Garner - Coordinator

LEIKARRING NEWS

Leikarring will meet on **MARCH 11th & 25th** and **APRIL 8th & 22nd** at **Bethlehem Lutheran Church from 2 – 3 pm every 2nd/4th MONDAYS of each month**

All Embla sisters welcome to join us for exercise, camaraderie & fun...!!! Contact Carol at 253.566.0405 or wynnjara8@q.com or caravoi82@gmail.com for more information.

~Carol Voigt



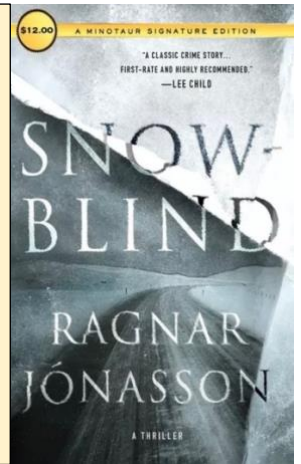
BOKPRAT

We had a wonderful Bokprat Social February 9th. Judy Scott was our guest. We've decided to include the Scandinavian Cultural Center into our Bokprat AND to expand it from just reading and discussing Norwegian Literature to all Nordic Literature.

Here are the books we are reading for March:

The first book we chose is *Woman, Captain, Rebel*. This book is nonfiction and explores the extraordinary story of an Icelandic sea captain, who happened to be a woman! The author, Margaret Willson, is a cultural anthropologist with University of Washington in the Scandinavian Studies Department.

The second book we chose is *Snowblind*, by Ragnar Jónasson. This book is a murder mystery, also set in Iceland. God Lesning!
Shan



Do Be Do Be DO Gentle Reminder: Dues DUE

Thanks to everyone who have paid their dues!!

We still have **21** members who need to pay. Please make your payment soon and thank you in advance. Appreciate it!!!! Please send your dues to me.
~Joanne Hurd

YOU CAN PAY DAUGHTERS OF NORWAY DUES ONLINE!!

You can now pay your dues online through the Grand Lodge website.

1. Go to daughtersofnorway.org
2. Click on 3rd from left LODGES at top of screen
3. Click on LIST OF LODGES AND SCROLL DOWN TO THE LIST
4. Click on Embla #2
5. The DONATE BUTTON IS THERE right below our Banner
6. Fill out the PayPal information DUES PAID THIS WAY ARE \$35

IN THE NOTES SECTION – WRITE EMBLA 2024 DUES



HAVE YOU MOVED? NEW PHONE NUMBER? CHANGES?

Send corrections for Directory to:

Chris Engstrom!!!!!!!!!!!!

swedechris@msn.com or call 253.752.5361



BROWN BEAR CAR WASH TICKETS

Spring is almost here so it's time to make that car shine once more and no one wants to drive around in a dirty car. We continue to sell Brown Bear Car Wash tickets as a fund raiser for Embla. The tickets are now **\$10** for a wash that costs **\$12** if purchased at Brown Bear so you are **saving \$2** and the great bonus is that you are supporting Embla.

Please mail me a check and I will mail the tickets to you. My address is 2317 126th Ave Ct. E. Edgewood WA 98372. I do have a locked mail box so your check will be safe. Or you can email me at dnelson25@comcast.net or call me at 253 370 0730 to order your tickets and send a check made out to Embla directly to Chris Engstrom at 2053 N Fremont Street, Tacoma WA 98406. Proceeds from the sale of the tickets go to help the delegates expenses to attend the Daughters of Norway Convention that is held every two years.
~Diane Nelson



PAST PRESIDENT'S BREAKFAST, Feb 12th

Karen Bell was the hostess with the mostest!



From left: Lisa Ottoson, Carlene Garner, Janet Ruud, Judy Willison, Shan Rayray, Marilyn Mahnke, Diane Nelson, Karen Bell

HOSTESSES are still needed for our Socials.

The clipboard to sign-up to be a hostess at one of our upcoming meetings is at the Greeter's Table. Please sign up as it takes several ladies to clean and set up the tables and then to help clean up after our Socials.

We need 4-5 ladies to sign up to be hostesses for our March meeting.

If you would like to volunteer, please message Charlotte Sweet (craftysweet@yahoo.com) or me.

Tusen Takk!
Shan

AD PERSON WANTED FOR NYHETER Volunteer needed to get ads for the Nyheter – we are looking for someone to solicit contacts regarding classified ads for our Nyheter.

HELP WANTED: EMBLA ASSISTANT HISTORIAN POSITION OPEN

ALSO... Do you need to get rid of something?? Do you NEED something??? If you have something that you are LOOKING for or something you would like to LET GO – let us know – it doesn't HAVE to be Norwegian. **Put a no-cost want ad in the Nyheter.**

Contact Chris Engstrom or Chris Wittstock.



46th Annual
Norwegian Heritage Festival

Saturday, 27 April 2024, 11am – 4pm



**Anderson University Center
Pacific Lutheran University
12180 Park Ave. S, Tacoma, WA**

FREE Admission

**Musical Entertainment, Craft Demonstrations,
Information Booths, Vendors,
And featuring our Norwegian Café.**

Treat yourself to lefse, rømmegrøt, breads, cookies and more.

(The Scandinavian Cultural Center will be open downstairs for exhibits)

EMBLA'S 2024 OFFICERS

- President: Shan Rayray
- Vice President: Charlotte Sweet
- Judge: Carlene Garner
- Secretary: Carolyn Benson
- Assistant Secretary: Chris Wittstock
- Financial Secretary: Joanne Hurd
- Treasurer: Chris Engstrom
- Cultural Director: Lisa Yagen Carlstrom
& Karen Kunkle
- Marshal: Julie Touchette
- Assistant Marshal: Nadine Lewtas
- Head Trustee: Manoa Butterfield
- 2nd Year Trustee: Karin Maple
- 3rd Year Trustee: Mai Hartwell
- Greeters: Judy Lisher & Kathy Alvord
- Musician: Maren Johnson

EMBLA'S 2024 APPOINTED POSITIONS

- Service Project: Carolyn Benson
- Sunshine: Marilyn Mahnke & Carlene Garner
- Scribe: Stephanie Wood
- Nyheter: Chris Wittstock & Chris Engstrom
- Cooking Classes: Carlene Garner
- Historian: Melody Stepp
- Scholarships: Carol Else
- Librarian: Karen Chapman
- Facebook: Wendy Neptun & Mai Hartwell
- Tubfrim: Julie Touchette
- Membership: Marilyn Mahnke & Carlene Garner

EMBLA OFFICER INSTALLATION JANUARY 6TH



EMBLA BOARD 2024

Bottom row, left: Mai Hartwell, Carlene Garner, Shan Rayray, Charlotte Sweet, Lisa Carlstrom, Joanne Hurd.
 Top row: Manoa Butterfield, Karin Maple, Nadine Lewtas, Julie Touchette, Judy Lisher, Chris Engstrom, Carolyn Benson, Kathy Alford



Embla members, Deb Collins & Zia Rayray playing Hardingfele & Hardanger cello



RECIPE OF THE MONTH – NORWEGIAN RHUBARB PUDDING

This is a wonderful and easy recipe that was demonstrated during the October Cooking Classes. Enjoy!

Ingredients:

1 $\frac{3}{4}$ cups water	3 Tbs cornstarch
$\frac{3}{4}$ cup sugar	$\frac{1}{2}$ tsp pure vanilla extract
1 $\frac{1}{2}$ lbs fresh rhubarb, cut in $\frac{1}{2}$ inch pieces	1 cup chilled heavy whipping cream
$\frac{1}{4}$ cup cold water	2 Tbs powdered sugar

Directions:

In a 2-quart saucepan, heat the 1 $\frac{3}{4}$ cups water and the 3.4 cup sugar, stirring occasionally until it boils.

While boiling, stir in rhubarb, bring back to a boil and simmer, uncovered until rhubarb is tender, about 10 minutes.

Mix $\frac{1}{4}$ cup water and cornstarch. Stir into rhubarb. Heat to boiling, stirring constantly. Boil for one minute. Add vanilla extract. Pour into a bowl. Cover and refrigerate until chilled about 3 – 4 hours.

Before serving, in the bowl of an electric mixer fitted with a whisk attachment, beat whipping cream until stiff, then add 2 tbs powdered sugar and a dash of vanilla, if desired.

Serve in individual bowls with a dollop of whipped cream. Serves 6

~Carlene Garner



Embla Lodge #2 Daughters of Norway

4612 North 18th Street
Tacoma, WA 98406

ADDRESS SERVICE REQUIRED



Happy 117th Birthday Embla!!!!